



St. Andrew's

Regional High School

ISLAND CATHOLIC SCHOOLS

880 McKenzie Ave
Victoria, BC V8X 3G5
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Principal: Glen Palahicky
gpalahicky@cisdv.bc.ca

Vice Principal: Ciaran McLaverty
cmclaverty@cisdv.bc.ca

Mission Statement: St. Andrew's Regional High School strives to develop Catholic-Christian values in students by openly stating and celebrating our belief in the values Jesus taught. Our commitment to excellence in education of the whole person guides our decision-making. Our goal is to provide each student with opportunities to gain the knowledge, skills and values necessary to respond to personal challenges with faith, hope, and love.

May 25, 2022

***"To everything there is a season,...
A time to break down, And a time to build up"
Ecclesiastes.***



Now I'm not sure the author of this inspired text had St. Andrew's School in mind, but I think it is relevant to our time as we will finally celebrate, after all the building delays and Covid concerns, the completion of our new wings and school renovations. Anything worthwhile takes time and our construction is no exception with the beginning over 5 years in the making. Our Performing Arts wing is now completed with the new change rooms, fitness room and drama room in full operation. Over the next month Mr. O'Reilly will be strategically moving his equipment to his new Music room. Our next focus will be towards bettering our sports field. All of these improvements mean an enhanced, engaging, learning environment for our students to excel.

We hope you can come out on ***Friday, May 27th at 7 pm for our official opening.*** All are welcome.

There will be a ribbon cutting ceremony and a blessing by Bishop Gary to give thanks for all the generosity, faithfulness and dedication of so many good hearted people.

If it takes a village to raise a child, it definitely takes a large, caring and committed community to revitalize and renovate a school.



Thank you for all your continued support to St. Andrews.

St. Andrew's International Student Program

HOSTING INTERNATIONAL STUDENTS

The St. Andrew's International Student Program is once again planning for the arrival of new international students for the next school year. If you have room in your home and would be willing to support a young person on their international high school journey/experience, please consider welcoming one of our international students into your family.



Length of stay is either 5 or 10 months.

Students range in age from **Grade 8-12**.

*****Monthly homestay fees will be \$1100 per month.**

More info available at standrews.ca/International or email: homestay@cisdv.bc.ca.



New Members needed on St. Andrew's Local School Council for the 2022-23 School Year

The [Local School Council](#) is part of the governance structure for the School. We are looking for new members for the 2022-23 school year. The meetings are just once per month, typically on the fourth Wednesday of the month from 6:30 pm to about 7:30 pm, with no meetings in July or December.

We currently have nine members on the council but will have six vacancies opening at the end of this school year. The term is for 3 years to a maximum of two (2) consecutive terms. Two thirds of the council members must be Catholic and participating members of a Catholic parish community. Given that the remaining three members are all Catholic, there is plenty of room for non-Catholic nominees to join the council.

Nominees would attend the Annual General Meeting (APM) scheduled for May 25th at 6:00 pm. Each nominee would need to submit a nomination form, ideally at least two weeks before the APM, to James Wale (Thiessen-wale@shaw.ca).

The nomination form can be found via this link on pages 14 and 15: https://www.cisdv.bc.ca/media/user/docs/2020_Website_Updates/LSC_ELECTION_PKG_2020.pdf

Being on the Local School Council is a great way to feel connected to the school and make a positive contribution to the educational environment of the students. If you have any questions about the Local School Council, please ask James Wale, any other council member or the school administration.



From the SARHS Music Dept.

It has been a fantastic month for the SARHS Music program and we are very proud of and grateful for the wonderful recent achievements of our students.

A huge congratulations to our **Choir, Concert Band, and Jazz Band** students who participated in the Con Brio Whistler Music Festival from April 28-May 1. **All groups were awarded Gold at the festival - a first in St. Andrew's history!!** Other highlights included Gr.12 student Amy Li being chosen to sing a solo out of 130 other students from 6 different schools in the massed choir performance and our band students getting to play in a massed band with over 300 young people - a truly awesome sound! Our students were excellent ambassadors for our school and everywhere they went, people commented on their courteousness, hard work, and dedication.



A display featuring the students' Gold awards has been displayed in the main foyer of the school.

In other exciting news, **St. Andrew's Singers** participated in the Greater Victoria Performing Arts Festival and were awarded the **Most Outstanding Choral Performance of an Independent School** along with \$300! Our singers were also invited to perform in the festival honours concert on May 10 (top choirs only) where they literally 'wowed the crowd' and were recommended for Provincials! One of the most amazing features of this group is that there are only 13 of them! They are

definitely small but mighty! Singers, thank you for all of your dedication and perseverance through the difficulties of the last 2 years. You are amazing!!

Spring Fling Concert

We are happy to announce that our Spring Fling concert will be returning for the first time since 2019! If you have not heard our award-winning Choir, Concert Band, or Jazz Band recently, they will all be performing at **Holy Cross Church** (4049 Gordon Head Rd.) on **Wed, June 1st at 7pm**, so mark your calendars! Tickets will be \$10 and can be purchased at the door. Refreshments to follow. Come and celebrate the great work that our Music students have done this year!

Other Important Dates: **May 27 - 7pm in the school gym - Jazz Band performs for new wing opening.**

Track and Field News!

A huge day at the track on May 11th for our track athletes!! Maya V. placed 1st in all her 5 events 100,200,400 and picked up the top junior aggregate award!! Our junior girls finished 3rd in the city! Our junior girls relay team made up of gr 8 and 9's (Elyse, Mariana, Svenya and Maya) placed first in the 4 by 100 and 4 by 400!! More first place ribbons were given to Drake in the 400m, Lheimarc M. in the discus and shot put, Tyler F in the triple jump and Julia G in shot put. Many athletes earned ribbons but there are too many to mention. Congrats to all gr 8's who competed at the junior level and helped our team shine. Way to go Sabres!!

UPDATE: Our junior girls 4x100 m relay team set a new meet record (47.74 seconds) at the Island Championships!!! It was a great day to be a Sabre!!



French Exchange 2022...2023?

St. Andrew's Regional High School was fortunate enough to have hosted six French students for a month this year. Four students from Avignon and two students from Montauban attended school, lived with St. Andrew's host families and experienced the Canadian way of life.

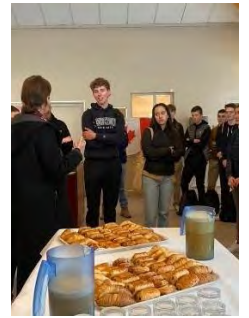


Over Spring Break this year and for the duration of a month, St. Andrew's students, Keira C., Dacian S., Elisabetta R.-C. and Paul E. went on exchange. They attended French high school in Avignon and Montauban, lived with a French host family and were able to learn, firsthand, about French culture.

If your child is in Gr. 10 or 11 next year and is interested in traveling to France during Spring Break 2023, please have your child pick up an application form from Mme Ballam at school or click on the following link to access information regarding the exchange:

<https://docs.google.com/document/d/13qxj2KM52Z8w1RUztrbm-KfHRoy3jSaD/edit?usp=sharing&oid=105667727706062669468&rtpof=true&sd=true>

If you have any questions regarding the exchange, please contact Mme Ballam at cballam@cisdv.bc.ca



Experiencing Education in the Great Outdoors

The Outdoor Education 11/12 class recently took part in a 5 day Adventure Program at Strathcona Park Lodge. The students took part in many activities such as rock climbing, zip-lining, high ropes courses, bouldering, crate climbing and hiking. The class also went on a over night zero trace camping adventure that saw them head out on a 16 km canoe to a hike/canoe access only campsite. Students learned about different flora/fauna, tree identification and campfire building. The students were fantastic representative of St. Andrew's receiving multiple compliments from the staff at Strathcona Park Lodge.



And that's a wrap for Willy Wonka!

The theatre performance and theatre production classes put on a fabulous show last weekend at Spectrum Community School. We had a full house on Friday, followed by a lively audience on Saturday and Sunday. Thank you to all students, parents, friends and staff who attended and supported our show this year. It was a huge success and myself and the theatre students



JUNE 7TH | ST. ANDREW'S REGIONAL HIGH SCHOOL | COMMONS

YOUNG ENTREPRENEUR SHOW



ST. ANDREW'S
REGIONAL HIGH
SCHOOL



**MARKETING
11/12**

The **Young Entrepreneur Show (Y.E.S)** is back! Marketing students have created wonderful products for sale at a one day event. Looking forward to see you and your friends in the Commons for **June the 7th**.

Science 9

On May 10, 2022, 44 grade 9 science students and 4 chaperones set off on a rare sunny day, to Shawnigan Lake Ecovillage which is located on an extraordinary 25 acres near Shawnigan Lake, BC.

O.U.R. (One United Resource) ECOVILLAGE is a sustainable learning Centre and demonstration site which focuses on ecological ways of living involving Permaculture design. It is dedicated to researching and modeling ways that are rooted in social, cultural, spiritual, economic and ecological well-being. As well, it actively creates partnerships with groups and organizations that are interested in living in community and living lightly on the earth.

Students were invited to feed and milk the animals; were taught how to combine sand, straw, clay and soil to make Cob bricks; enjoyed a homemade pizza and salad made with all ingredients grown on the property; tasted stinging nettle tea; started and finished with a lesson on the First Nation's greetings; and lastly, learned about what is needed in a sustainable community.





Due to the war in Ukraine, over five million Ukrainian citizens have been forced to flee their homes, their loved ones, and their country, leaving everything behind.

Vancouver Island is welcoming Ukrainian refugees who are fleeing the violence and destruction. Thanks to the generosity of incredible hosts in our community, these families are able to find shelter and safety here in Victoria.

Help Ukraine Vancouver Island is a collaborative effort, encompassing several established charities and cultural organizations which are supporting Ukrainian refugees as they arrive.

To support this effort Help Ukraine Vancouver Island is asking for donations. Items for donation can include but are not limited to:

- Personal hygiene and infant care products;
- Basic household necessities;
- Non-perishable food items;
- Gift cards.

We are requesting St. Andrew's Regional High School students and their families to drop off donations to the school. Items can be brought to the student's TAG.

We thank you in advance for your generosity will make a huge difference in the lives of those affected by this war.



afterGRAD'22 Online Auction

Thank you to our amazing school community for their donations, their participation and their support to make our AfterGRAD '22 online auction a great success.

We sold 59 auction lots, some with many active bids throughout the week. Every bid helped us meet and then exceed our financial goal. The total raised was over \$3000.

We would especially like to acknowledge the time, energy and support of the office staff, Mrs. Hemmings and Rosa Stellino, who assisted us immensely.

We gratefully acknowledge the following businesses for their support of the afterGRAD online auction.

A La Mode Consignment Boutique
Alanda's Hair Design
DinoLab
Hide and Seek Coffee
GardenWorks
Ivy's Book Shop
Nicholas Randall
Orderly Affairs
Roger's Chocolates
Sahar Hair Studio
Sole Sisters
Save-On-Foods
Tupperware by Brenda
Twa Dogs Brewery
Village Butcher
Victoria Blow Dry Bar
Wild Birds Unlimited
White Heather Tea Room

We couldn't have achieved our goal(+) without you!

afterGRAD '22
Parent Organizing Committee



AfterGRAD '22 Cheese Fundraiser...

Proceeds from our Paradise Island Cheese Fundraiser generated \$800 for afterGRAD.

We are excited to report that these funds covered the cost of a SARHS grad 2022 t-shirt for each graduate to wear at afterGRAD and beyond as SARHS alumni. (We are so proud of all of our graduates!)



A BIG thank you to all of our parent volunteers and school staff who made these afterGRAD fundraising activities possible.

Consider making a financial contribution to afterGRAD.

Any additional financial support to afterGRAD '22 is greatly appreciated and will go a long way to help to cover this year's entertainment and food costs as well as help the 2022 graduating class make a school legacy gift to benefit current and future students of St. Andrew's Regional High School.

Contact Allen Lavoie, afterGRAD treasurer, at lavoie63@shaw.ca to make a donation and get a tax receipt.

afterGRAD '22

This year's afterGRAD celebration will be held on Wednesday, June 29 at the school from 11:30 p.m. to 5:30 a.m.

It is an all-night to early morning (drug and alcohol free) grad celebration for the grade 12 graduating class.

Every year the event is sponsored by the school but organized by the Grade 12 parents and guardians of our awesome graduates!

Traditionally, Grade 11 parent/guardians help with pre-event decorating, food prep and serving, event all-night chaperoning and next day event take-down.

Your volunteer help is truly appreciated!

In the process, you will see what is involved for your child's graduation festivities for 2023, and you will earn your parent volunteer hours for 2021/22.

Thank you!

**afterGRAD '22
Parent Organizing Committee**



Grade 11 Parents/Guardians

**Learn what afterGRAD is all about
so organizing it next year
will be easy peasy!**

[Click Here Now to Volunteer](#)

(or <https://bit.ly/3PtpWSv>)

No decorating experience required!!!
We will happily train and provide water
and a light snack for volunteers.

Questions? Contact afterGRAD coordinators:

Leslie Grundison
leslieg@shaw.ca

Linda Nicoll
lnicoll@telus.net



**Help us create an
earth-friendly
graduation celebration
for our grade 12
graduates!**



afterGRAD '22

The Grade 12 afterGRAD Parent Organizing Committee is looking to borrow the following items from the school community for our graduation event on June 29.

**ice buckets
Galaxy Projector
strings of warm white LED lights on white, green or black wire
artificial trees with lights
camping chairs or Adirondack chairs
patio lanterns and patio heaters
portable/camping fire bowls
nerf guns (with ammunition, hopefully)**

**If you have any of these items to lend us, please email
Mary Mateyko at mmateyko@shaw.ca**

All items should be labelled with your full name (first and last) and your contact information (email and phone) and dropped off and picked up from the school for us to use at afterGRAD on June 29.
It would be greatly appreciated if all items could be picked up from the school on June 30 no later than 12 noon.

Our planet (and all of us!) thank you in advance!

**afterGRAD '22
Parent Organizing Committee**

neatuniforms

A PROUD BC COMPANY SINCE 1987

St. Andrew Regional High School - Victoria



IN-SCHOOL FIT DAY

SATURDAY, JUNE 11TH 2022
11.00 AM TO 5.30 PM

10%

REBATE VOUCHERS AND FREE SHIPPING
DURING YOUR SCHOOL FITTING DAY

Shop in-school during your school fit day or
Place your order at www.neatuniforms.ca

neatuniforms

A PROUD BC COMPANY SINCE 1987

St. Andrew Regional High School - Victoria



FOCUS WEEK

Monday, June 6th 2022
To

Sunday, June 19th 2022

10%

REBATE VOUCHERS AND FREE SHIPPING
DURING YOUR SCHOOL FOCUS WEEK

Shop in-store or Place your order at www.neatuniforms.ca

Business Hours: Tuesday to Saturday 10.00am to 5.00pm

Phone: 604-205-7560 or 604-205-7556 Toll-Free: 1-800-668-8261


Email: info@neatuniforms.ca



St. Andrew's Regional High School

250-479-1414
www.standrewshigh.ca

May 2022

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday																																																																																	
1 <u>Week BADC</u>		2 <u>Day 1</u>		3 <u>Day 2</u>		4 <u>Day 1</u> Gr. 10 Retreat Day		5 <u>Day 2</u>		6 <u>Day 1</u>		7 Music Dept. Plant Pick Up																																																																																	
		PE 11/12 Strathcona Trip																																																																																											
		P/T Interview Scheduling Portal opens						Willy Wonka at Spectrum School May 6, 7 and 8		Sports Parents Shred & Car Wash																																																																																			
8 <u>Week CDAB</u> 		9 <u>Day 2</u> <i>AP Calculus Exam tentative</i>		10 <u>Day 1</u> Student Council \$2 Civvies Day <i>AP English Exam tentative</i>		11 <u>Day 2</u> P/T Interview Scheduling Portal Closes Staff Meeting 2:15 pm PSG AGM 7:00 pm		12 <u>Day 1</u> Parent/Teacher Interviews 2-5 pm & 6-9 pm		13 * NO SCHOOL Lieu Day		14																																																																																	
15 <u>Week DCBA</u>		16 <u>Day 2</u> 5 Block Day Student Council Speeches Extended Assembly		17 <u>Day 1</u> 5 Block Day Marian Mass		18 <u>Day 2</u> Spring Fling		19 <u>Day 1</u> Interim Reports		20 * NO SCHOOL Local School Retreat		21																																																																																	
22 <u>Week ABCD</u>		23 * NO SCHOOL Victoria Day		24 <u>Day 2</u> <div>Help Ukraine</div> <div>May 24-June 3</div>		25 <u>Day 1</u> Local School Council APM 6:00 Local School Council Meeting 6:30		26 <u>Day 2</u> Last Day for Field Trips		27 <u>Day 1</u> Turn Around Day DYC Begins		28 Diocesan Youth Conference																																																																																	
29 <u>Week BADC</u> Diocesan Youth Conference		30 <u>Day 2</u>		31 <u>Day 1</u>																																																																																									
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