



St. Andrew's Regional High School ISLAND CATHOLIC SCHOOLS

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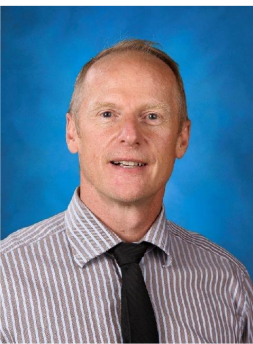
Vice Principal: Ciaran McLaverty
cmclaverty@cisdv.bc.ca

Mission Statement: St. Andrew's Regional High School strives to develop Catholic-Christian values in students by openly stating and celebrating our belief in the values Jesus taught. Our commitment to excellence in education of the whole person guides our decision-making. Our goal is to provide each student with opportunities to gain the knowledge, skills and values necessary to respond to personal challenges with faith, hope, and love.

Seeking Truth, Healing and Reconciliation



September 16, 2022



From Mr. Palahicky

Greetings,

With our first full week behind us, it's evident students have settled into their academic routines and have started to explore their choices for varied sports and arts opportunities. It is every educator's joy and grace to see students being respectful, attentive in class and doing their best. Thank you Sabres! There is a good sense of community and genuine friendships rekindled and starting anew. We appreciate your support in ensuring our kids get to school on time, equipped with their supplies and in

proper uniform.

I want to invite you out to our Meet the Staff evening on Thursday, September 22 at 6:30. Please note there is also the Sports Information evening in the gym at 7:30. We combined these into one evening in light of everyone's precious time.

Beginnings are important and we are grateful to God to be off to a great start!

From the Office

The first full week of school and we are full steam ahead! It has been an absolute joy meeting all the new students as they come through the office! Parents too! It makes me realize what a great blessing it is to be a part of this community.

Thank you to all the parents and students who have been dropping off our verification forms! If you have not yet returned your student verification forms, the medical information form and the earthquake/emergency direction sheet, please do so at your earliest convenience! Information from these forms is used to update the school database and in cases of emergency, so we/I really appreciate having them back promptly. Thank you!!

REMINDER: School Will be CLOSED on Monday, September 19th in observance of the national day of mourning to commemorate the funeral of Queen Elizabeth II.

Meet the Staff Night

On Thursday, September 22nd St. Andrew's Regional High School will be having their Meet The Staff evening. You are invited to come to the school at 6:30pm and take the opportunity to meet all the teachers, educational assistants, office staff and administrators new and old. This event will be followed by a Sports Information meeting so parents of those young athletes, you are invited to stay on for that.

TAKE A MOMENT TO BE WELL

Please check out the different sites that promote spiritual and mental wellness.:

<https://keltymentalhealth.ca/healthyliving>

<https://www.wellnesstogether.ca/en-CA>



Mark You Calendars:

- September 19 **SCHOOL CLOSED**—National day of mourning
- September 22 Meet the Staff Night 6:30pm
- September 22 Sports Information Night 7:30 pm
- September 23 Last Day of Course Changes!
- September 24 Music Parents Car Wash
- September 26 **5 Block Day**—School Mass I Iam at Sacred Heart Parish
- September 29 **5 Block Day** – Truth & Reconciliation Commemoration
Students are encouraged to replace their school shirt for an **orange shirt**
- September 30 **No School – National Day for Truth and Reconciliation**

From the SARHS Sports Dept.

It's that exciting time of year again! Fall sports have begun and we are starting to train hard to be the best we can. Volleyball (gr. 9-12), Boys Soccer, Rowing, Aquatics and X-Country started the second week back to school. Grade 8 basketball will start in a few weeks as well. Please note that if a student is planning to participate in any sport this year, they must return their athletic package with \$60 asap. There are copies outside the main office and it will be on the school website soon. Jace Dixon and Luka Crljenkovic are our sports rep this year and they have some wonderful new ideas and are keen to run our athletic council. We are also looking for parents to be on the Sports Parent Committee... PLEASE JOIN US!!! The commitment is low. The sports parents put on the Purdy's Chocolate fundraiser in November, Jamieson Cup in March/April, and the Car Wash/Bottle return event in May.

Meetings generally happen every couple of months and you receive volunteer hours for attending the meetings. The first meeting is TBA in October. **Go Sabres!!!**
Please see the Volunteer Corner as a new Sport Parent Committee is needed this year.



From the SARHS Music Dept.

Welcome back to all St. Andrew's Singers, Concert Band & Jazz Band students, and a warm welcome to all new students who have joined us this year!

Exciting news: We are fortunate to start the year off with some exciting news from St. Andrew's Singers. Last school year, our singers won Provincials in their category (School Choir Gr.12 & under) and their winning recording was entered in the virtual Canada West Performing Arts Festival that took place in Saskatoon over the summer. We recently received word that **our singers earned 2nd place in Western Canada!! Bravo & congrats to our 13 singers who accomplished this amazing feat, a first in St. Andrew's history!!**

Here at the school, we have just completed our first week of classes (please see attached class schedule) and we're off to a good start! Any students that missed the sign-up last week but would still like to get involved with Choir/Concert/Jazz Band, you are welcome to join us. More male singers are needed in the Choir as well as low brass players in the Bands, so come on down to our beautiful new music room! Please note that vest and folder deposits are now due (\$100 total). Cheques may be made out to SARHS Music Program.

Our first fundraiser is coming up on Saturday, Sept. 24th - our annual car wash! Come out and get your car washed in support of our Music program and the planned trip to Whistler. The car wash will happen from 10-2 in front of the school. (Student volunteers needed.)

This year, we have also been given the opportunity to help out at the St. Pat's CWL Bazaar on Oct. 1st. Student volunteers and donations are needed (see attached flyer). Thanks to Melissa Hogg for helping to coordinate our involvement in this!

Upcoming Important Dates

Sept. 24 - Car Wash (10-2pm @ school)

Oct. 1st - St. Pat's CWL Bazaar (time TBA - daytime @ St. Pat's Parish Hall)



SARHS MUSIC DEPARTMENT: CLASS SCHEDULE 2022-23

Monday	Tuesday	Wednesday	Thursday	Friday
	Morning 7:30-8:20am CHOIR	Morning 7:30-8:20am CONCERT BAND		
Lunchtime JAZZ BAND	Lunchtime CONCERT BAND	Lunchtime CHOIR	Lunchtime JAZZ BAND	Lunchtime Open for section- als/individual help
3:20-4:35 CONCERT BAND	3:20-4:35 JAZZ BAND		3:20-4:35pm CHOIR	



From the Drama Dept.

It's official - This year's musical has been announced....drum roll please... This year the production and performance classes will be putting on Oliver! Theatre classes will begin meeting after school next week. Details are in the TAG announcements.

CHEERLEADING!

Calling all Cheerleaders! Cheer is back again this year AND we have some exciting news...this year we have 4 big cheer mats which will arrive next week. That being said, we will be starting cheer practices the week of September 26th. Any grade is welcome and no prior experience is necessary. Practices, like last year, will be Monday and Thursday mornings in the gym. There will be a brief meeting next week at lunch for anyone interested in joining the cheerleading team. Please carefully listen to the announcements next week for more details.



RETREATS

GRADE 9 RETREAT is Coming OCTOBER 6th 2022

Get excited! The RETREATS are starting up for the 2022-2023 school year.

Grade 9 students will be the first grade to head to Camp Pringle on OCT. 9th for a FUN filled day of Play, Pray and Eat. We will leave St. Andrew's at 8:30am and return at 7:30pm. These grade specific days are filled with faith filled team building, friendship building and getting to understand ourselves better. ALL grade 9 students will need a signed permission form to attend this school wide faith enrichment day.

Please contact Ms. Gilbert if you have any questions or have not received a permission form. rgilbert@cisdv.bc.ca

Kairos Blanket Exercise

Dear Parents and Guardians of Grade 11 students,

On Tuesday, September 27, 2022, all Grade 11 students will have the opportunity to participate in the Kairos Blanket Project presented by Lillian Underwood and her husband Harvey. The Blanket Exercise is an opportunity for students to hear the story of the colonization of Canada from an Indigenous point of view. There will be a morning (9-11) and afternoon (1-3) session. Light snacks will be provided for the students but they will need to bring a lunch to school. If you have any questions or concerns, please contact Mrs. Mary Kearsy at mkearsey@cisdv.bc.ca.

<https://www.kairosblanketexercise.org>

Volunteer Corner

Volunteers Needed!

We are still looking for a whole new **Sports Parents Committee!** We need a Chair or Co-Chairs, Treasurer, Secretary and committee members. Please contact Christina Crljenkovic (hellohansandchris@gmail.com) as soon as possible if you are interested.

Our Parent Support Group has openings for Volunteers! Assistance with the **Hot Lunch Program** on Fridays from 11:30am-12:30pm—A Great Opportunity to not only give back to the School but Embarrass your Children at the same time! (I recommend calling their name Loudly and Repeatedly) Please email the Parent Support Group with your availability. sarhs-psg@cisdv.bc.ca

How do I volunteer? Great question! There are a few forms on our website that you need to fill out before you can get the Criminal Record Check done that will complete your application. These forms are:

[Volunteer Application Forms](#)

[Covenant of Care](#)

Once you have completed these forms please hand them in to the office and you will be given direction on how to apply for your Criminal Record Check online.

We are grateful for ALL of our volunteers! They make magic happen at our school! Thank you ❤️

LOCAL SCHOOL COUNCIL

St. Andrew's High School Local School Council

We are looking for parents to join our council. We meet once per month except December and your time spent serving on the council counts towards your PIP hours.

We meet in the school library at 6:30pm on the 4th Wednesday of each Month.

If you are interested you can find more information about our LSC here <https://standrewshigh.ca/parents/>

We would love to have you join us. If you intend to let your name stand for nomination please forward a short introduction of yourself to angelagrohovac@gmail.com.

ST. PATRICK'S CATHOLIC WOMEN'S LEAGUE

The event of the year!

GOOD USED CLOTHING SALE

Fri. Sep 30 & Sat. Oct 1
9:30 a.m. to 2:00 p.m.

+

FALL BAZAAR

Sat. Oct 1
9:30 a.m. to 2:00 p.m.

NOW!!
Accepting
Debit & Credit
Cards

Large Variety of Kiosks + Quality Silent Auction
Tombola - Grand Prize **\$300**

DONATION PICK UP
↓
Isabel Harding
250-592-7776
Lorrie Van Somer
250-595-5981

The Local charities we support are:
African Eloquence Society, Anawim House, Birthright, Compassionate Warehouse, Development and Peace, Missions in Canada and abroad, 9/10 Club (Soup Kitchen) Oak Bay Volunteers Service Society, Sandy Merriman House, Single Parent Resource Centre, St. Vincent de Paul (Rosalie's Village), Bursaries to St. Andrew's High School and St. Patrick's School

St. Patrick's Parish Centre 2060 Haultain St.

SEPTEMBER 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4 Week ABCD	5 <i>Labour Day</i> No School	6 No School Staff Retreat	7 <i>Day 1</i> Gr. 8 Orientation 8:15-10:15 New Int'l Students 10am Homestay orientation/new gr 9-12 11am PSG 7:00pm	8 <i>Day 2</i> Restart for all Students FULL DAY 8:25am-3:05pm *Begins with assembly	9 <i>Day 1</i> Individual Photo Day	10
11 Week BADC	12 <i>Day 2</i>	13 <i>Day 1</i> Music Parents Mtg 7:00pm	14 <i>Day 2</i>	15 <i>Day 1</i>	16 <i>Day 2</i> Student Council Retreat Int'l Students BBQ 5:30pm	17
18 Week CDAB	19 <i>Day 1</i> No School National Day of Mourning	20 <i>Day 2</i>	21 <i>Day 1</i>	22 <i>Day 2</i> Meet the Staff 6:30pm Sports Info Night 7:30pm	23 <i>Day 1</i> Last Day for Course Changes! \$2 Civvies Day	24 Music Parents Car Wash 
25 Week DCBA	26 <i>Day 2</i> 5 Block Day School Mass 11am	27 <i>Day 1</i> Gr 11 Blanket Exercise	28 <i>Day 2</i> Local School Council 6:30pm	29 <i>Day 1</i> Orange Shirt Day 5 block day Assembly	30 NO SCHOOL National Day for Truth and Reconciliation	

OCTOBER 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 Day 2	4 Day 1	5 Day 2	6 Day 1 Gr. 9 Retreat	7 Day 2 Student C assembly	8
Food Drive for St. Vincent de Paul Oct 3-14						
			PSG meeting		Civies Day \$2	
9	10 No School Thanksgiving 	11 Day 1	12 Day 2	13 Day 1	14 Day 2 World Food Day	15
Food Drive for St. Vincent de Paul Oct 3-14						
16	17 Day 1	18 Day 2 5 Block Day The rosary	19 Day 1	20 Day 2 Great BC Shakeout	21 No School Provincial Pro-D Day	22
23	24 Day 1 Poinsettia Sales Begin	25 Day 2	26 Day 1	27 Day 2	28 Day 1	29
Student Spirit Week Oct 24-28						
	Parent Ed Night		Local School Council			
30	31 Day 2 Literacy Exam 					