



# St. Andrew's Regional High School ISLAND CATHOLIC SCHOOLS

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[cmclaverty@cisdv.bc.ca](mailto:cmclaverty@cisdv.bc.ca)

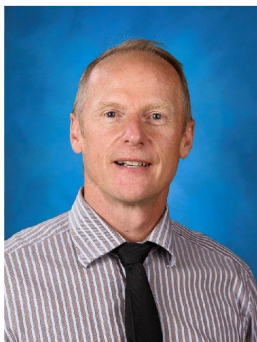
**Mission Statement:** St. Andrew's Regional High School strives to develop Catholic-Christian values in students by openly stating and celebrating our belief in the values Jesus taught. Our commitment to excellence in education of the whole person guides our decision-making. Our goal is to provide each student with opportunities to gain the knowledge, skills and values necessary to respond to personal challenges with faith, hope, and love.

## Seeking Truth, Healing and Reconciliation



**September 29, 2022**

### From Mr. Palahicky



*"I am deeply sorry — sorry for the ways in which, regrettably, many Christians supported the colonizing mentality of the powers that oppressed the Indigenous peoples," Pope Francis*

Dear Families ,

In continuity with Pope Francis' penitential trip to Canada this summer, St. Andrew's is committed to the work of reconciliation. On Thursday our students participated in Orange Shirt Day and gathered for an assembly in connection with the National Day for Truth and Reconciliation celebrated on Friday. Earlier in the week our grade 11's engaged in an important experience and teaching called the Blanket Exercise; an exercise that aims to bring deeper understanding of colonialism and the injustices inflicted on our

Indigenous communities. As a Catholic School we have special responsibility and duty to continue the work of seeking Truth, Healing and Reconciliation with our Indigenous communities. I encourage all families to do what they can to integrate, in their own way, this moral imperative.

With Gratitude,

Mr. Glen Palahicky, M. Ed.

Principal

### From the Office

You know the best part of working at St. Andrew's? There's never a dull moment! There is always something lively and exciting going on in these halls! This week alone we had volleyball games (and wins! Go Sabers), our first school Mass up at Sacred Heart Parish (who doesn't love Fr. Eduardo), and the Grade 11's took part in the Blanket Exercise which I am sure they came home and told you all about.

If you are ever curious about what's happening on a daily basis at your child's school I encourage you to check out our TAG announcements on our website. These announcements are posted daily on our school monitors to keep the students informed on that day's schedule and activities. They can be viewed [here](#) and are updated daily.

**REMINDER:** School will be CLOSED on Friday, September 30th in honour of the National Day for Truth & Reconciliation.

### RETREAT NEWS!

**PHEW.....GRADE 9 RETREAT is HERE!**

On October 6th ALL grade 9 students, the RETREAT TEAM of 16 Leaders from grade 11/12 and several staff will head to Camp Pringle at 8:30am and will return at 7:30pm. St. Andrew's school is excited to continue this foundational tradition of retreats as part of the faith building and community enhancing for all students. Many long hours have gone into preparing and planning these days and students can only be excused if written consent through email/or note is sent to the school office.

If you have any questions, please contact Ms. Gilbert at : [rgilbert@cisdv.bc.ca](mailto:rgilbert@cisdv.bc.ca)

### TAKE A MOMENT TO BE WELL

Please check out the different sites that promote spiritual and mental wellness.:

<https://hallow.com/affiliates/>  
<https://www.goodnews.ie/>

<https://gratefulness.org/>



**Mark Your Calendars:**

September 30	<b>No School – National Day for Truth and Reconciliation</b>
October 3-14	Food Drive for St. Vincent de Paul
October 5	PSG Meeting 7:00pm
October 6	Gr. 9 Retreat
October 7	Civvies Day \$2, Interim Reports
October 10	Thanksgiving—NO SCHOOL
October 14	Photo Retake Day, World Food Walk
October 18	5 Block Day—Rosary
October 21	Provincial Pro-D—NO SCHOOL
October 24-28	Student Council Spirit Week
October 24	Parent Education night 6:30, Poinsettia Sale begins
October 26	Local School Council Meeting 6:30pm
October 28	Fright Night
October 31	Literacy 12 exam

**From the SARHS Sports Dept.**

**Grade 8 basketball will be starting soon!** Sign ups will be going up shortly on the board outside the gym. We are looking for any parents who may be interested in coaching the boys or girls team. IF you have not yet handed in your athletic package please do so asap. Please email Mrs. Blair for more info: [lblair@cisdv.bc.ca](mailto:lblair@cisdv.bc.ca)

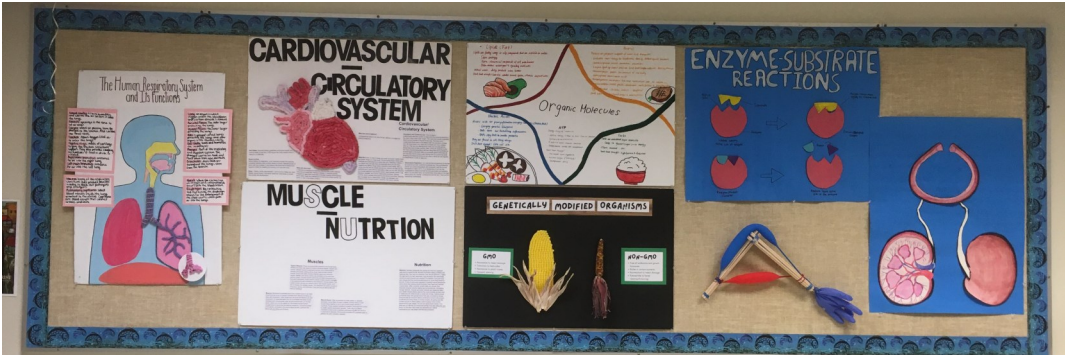


**Student Newspaper 'The Circuit' Welcomes New Members**

St. Andrew's student newspaper is looking for students who like to have fun and want to contribute to our school community! The Circuit team welcomes new members and meets weekly during Focus in Mr. Van Dyk's room, 110. New editions are published monthly. Students can talk to the editor Maya Z. or Mr. Van Dyk for more details. Thank you, Sabres!

**Science is life**

The young scientists among us have been busy in their science classes! The grade eights are learning about cells and the grade nines are learning about the amazing molecule of DNA, while older grades are studying all about the cardiovascular system. See the photographic evidence of their hard work below.



## From the SARHS Music Dept.

Thank you to all Music students who helped with our Car Wash on Sept. 24th. We raised over \$1100 - a new record!!

Proceeds will go towards offsetting the cost of our Whistler trip in the Spring.

We are also grateful to St. Andrew's Singers who provided music for our school's opening Mass on Sept. 26th. Thanks to all Choir students for preparing this music so quickly, especially considering most of the group is new!

Our next fundraising opportunity will be at the St. Pat's Parish CWL Bazaar this Sat, Oct. 1st (9-3). Student help is needed, so if you haven't signed up online yet, please contact Melissa Hogg at [mhogg38@gmail.com](mailto:mhogg38@gmail.com)

Next month, we will once again be featuring our popular Drumroaster Coffee fundraiser, so stay tuned for more details!

Finally, a reminder to all Music students to hand-in your vest/folder deposits (\$100 per ensemble). Please make cheques payable to SARHS Music Program and post-date them to June 23, 2022. Thank you!



### **SARHS MUSIC DEPARTMENT: CLASS SCHEDULE 2022-23**

Monday	Tuesday	Wednesday	Thursday	Friday
	Morning 7:30-8:20am CHOIR	Morning 7:30-8:20am CONCERT BAND		
Lunchtime JAZZ BAND	Lunchtime CONCERT BAND	Lunchtime CHOIR	Lunchtime JAZZ BAND	Lunchtime Open for section- als/individual help
3:20-4:35 CONCERT BAND	3:20-4:35 JAZZ BAND		3:20-4:35pm CHOIR	

## International Department

Dear Island Catholic School Family,

The St. Andrew's High School French Exchange Program is desperately in need of your help. 13 wonderful young men and women (grades 11/12) from Marie Pila High School in France are arriving on October 17th, staying for 11 nights and we are still a few host families short. If anyone is able to provide a room for one of these students, please email Mr. Durkan ([mdurkan@cisdv.bc.ca](mailto:mdurkan@cisdv.bc.ca)) at the high school as soon as possible. Remuneration of \$35/night will be provided.

Thank you in advance, Michael Durkan



## Volunteer Corner

### **Volunteers Needed!**

We are still looking for a whole new **Sports Parents Committee!** We need a Chair or Co-Chairs, Treasurer, Secretary and committee members. Please contact Christina Crljenkovic ([hellohansandchris@gmail.com](mailto:hellohansandchris@gmail.com)) as soon as possible if you are interested.

**Our Parent Support Group has openings for Volunteers!** Assistance with the **Hot Lunch Program** on Fridays from 11:30am-12:30pm—A Great Opportunity to not only give back to the School but Embarrass your Children at the same time! (I recommend calling their name Loudly and Repeatedly) Please email the Parent Support Group with your availability. [sarhs-psg@cisdv.bc.ca](mailto:sarhs-psg@cisdv.bc.ca)

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**How do I volunteer?** Great question! There are a few forms on our website that you need to fill out before you can get the Criminal Record Check done that will complete your application. These forms are:

[Volunteer Application Forms](#)

[Covenant of Care](#)

Once you have completed these forms please hand them in to the office and you will be given direction on how to apply for your Criminal Record Check online.

We are grateful for ALL of our volunteers! They make magic happen at our school! Thank you ❤️



## From the Art Dept.

Artists doing their thing in Mr. Gibbs' art room .



Everyone's an artist in Mr. Gibbs' class!

## SARHS ROWING TEAM

This season our rowing team has doubled in size. We welcome back Sam Shipley and welcome Elizabeth Relova - last year's single champion as our grade 12 coach. Our first regatta is on Oct 15 16 at Elk Lake. Be sure to drop by and cheer on this team.



## LOCAL SCHOOL COUNCIL (LSC)

### **St. Andrew's High School Local School Council**

We are looking for parents to join our council. We meet once per month except December and your time spent serving on the council counts towards your Parent Involvement Program (PIP) hours.

We meet in the school library at 6:30pm on the 4th Wednesday of each Month.

If you are interested you can find more information about our LSC here <https://standrewshigh.ca/parents/>

We would love to have you join us. If you intend to let your name stand for nomination please forward a short introduction of yourself to [angelagrohovac@gmail.com](mailto:angelagrohovac@gmail.com).



ST. PATRICK'S CATHOLIC WOMEN'S LEAGUE

*The event  
of the year!*

# GOOD USED CLOTHING SALE

Fri. Sep 30 & Sat. Oct 1  
9:30 a.m. to 2:00 p.m.



## FALL BAZAAR

Sat. Oct 1  
9:30 a.m. to 2:00 p.m.

**NOW!!**  
Accepting  
Debit & Credit  
Cards

**Large Variety of Kiosks + Quality Silent Auction**  
**Tombola - Grand Prize \$300**

The Local charities we support are:

African Elegance Society, Anselm House, Birthright, Compassionate Warehouse, Development and Peace,  
Missions in Canada and abroad, 9/10 Club (Soup Kitchen) Oak Bay Volunteers Service Society,  
Sandy Merriman House, Single Parent Resource Centre, St. Vincent de Paul (Rosalie's Village),  
Bursaries to St. Andrew's High School and St. Patrick's School

**DONATION  
PICK UP**



Isabel Harding  
250-592-7776

Lorrie Van Somer  
250-595-5981

**St. Patrick's Parish Centre 2060 Haultain St.**

# OCTOBER 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 <b>Day 2</b>	4 <b>Day 1</b>	5 <b>Day 2</b>	6 <b>Day 1</b> Gr. 9 Retreat	7 <b>Day 2</b> Student Council assembly	8
	Food Drive for St. Vincent de Paul Oct 3-14					
			PSG meeting		Civics Day \$2	
9	10 No School Thanksgiving 	11 <b>Day 1</b>	12 <b>Day 2</b>	13 <b>Day 1</b>	14 <b>Day 2</b> World Food Day	15
	Food Drive for St. Vincent de Paul Oct 3-14					
16	17 <b>Day 1</b>	18 <b>Day 2</b> 5 Block Day The Rosary	19 <b>Day 1</b>	20 <b>Day 2</b> Great BC Shakeout	21 <b>No School Provincial Pro-D Day</b>	22
23	24 <b>Day 1</b> Poinsettia Sales Begin	25 <b>Day 2</b>	26 <b>Day 1</b>	27 <b>Day 2</b>	28 <b>Day 1</b>	29
	Student Spirit Week Oct 24-28					
	Parent Ed Night		Local School Council			
30	31 <b>Day 2</b> Literacy Exam  HAPPY HALLOWEEN					

# November 2022

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3 Gr. 12 retreat Literacy 10 exam	4 <b>Term 1 Ends</b> Student council assembly Literacy 10 Ex- am	5
6 <b>BADC</b>	7            day 1 <b>Term 2 Begins</b>  Purdy Fundraiser Begins	8            day 2	9            day 1  PSG Meeting 7pm	10           day 2 Remembrance Day Assembly P/T Interview Scheduling begins Report Cards Pub-	11  <b>REMEMBRANCE DAY</b> <i>Lest We Forget</i> <b>No School</b>	12
13 <b>CDAB</b>	14           day 1	15           day 2	16           day 1  P/T Interview Scheduling closes	17           day 2 Students dismissed at 1:30pm  P/T interviews via zoom 2-5 & 6-9pm	18  <b>No School</b> <i>Lieu day</i>	19
20 <b>DCBA</b>	21           day 1	22           day 2	23           day 1 Student Council \$2 civvies day  LSC meeting 6L30pm	24           day 2  <i>Cheese fundraiser ends</i>	25  <b>No School</b> <i>Diocesan Faith Day</i>	26
27 <b>ABCD</b>  1st Sunday in Advent	28           day 1	29           day 2	30           day 1 5 Block Day Advent Mass & Wreath & Feast of St. Andrew's Blue & White day			
Sock, mitt & toque Drive Nov. 28-Dec. 15						