



St. Andrew's

Regional High School

ISLAND CATHOLIC SCHOOLS

880 McKenzie Ave
Victoria, BC V8X 3G5
Web: www.standrewshigh.ca
Email: sarhs@cisdv.bc.ca
Tel: 250-479-1414
Fax: 250-479-5356

Principal: Glen Palahicky
gpalahicky@cisdv.bc.ca

Vice Principal: Ciaran McLaverty
cmclaverty@cisdv.bc.ca

Mission Statement: St. Andrew's Regional High School strives to develop Catholic-Christian values in students by openly stating and celebrating our belief in the values Jesus taught. Our commitment to excellence in education of the whole person guides our decision-making. Our goal is to provide each student with opportunities to gain the knowledge, skills and values necessary to respond to personal challenges with faith, hope, and love.

Seeking Truth, Healing and Reconciliation



October 28, 2022

From Mr. Palahicky



It has again been a full few weeks of creativity and life at St. Andrews. We were so pleased to welcome students from France to experience both the Canadian and Sabre Spirit. They were so appreciative of our hospitality and friendliness. That they came at a time when students were dressing up creatively each day, engaged in different fun activities and having a blast at the dance and haunted house was perfect timing. Our students' behaviour and attitude during this spirit week was really impressive and commendable. They showed our French guests that schools can be places of serious learning yet, filled with community, friendship and creative fun! Well done Sabres!

With Gratitude,
Mr. Glen Palahicky, M. Ed.
Principal

From the Office

What. A. Week. I have to say these students really put the "spirit" into spirit week! Everyday a new costume theme walked these halls, from suave country club members to rowdy cowboys and girls it was a week filled with creativity and FUN! And it was all topped off with the Fright Night dance last night—which was a huge success. I have to say, our Student Council has gone above and beyond to make this week a fun bonding experience for the whole school. Even the teachers got sucked into the enthusiasm and got dressed up in some very interesting costumes this week! How blessed we are to belong to a community such as this. **Please note:** even though Monday is Halloween, there is no costume on that day. Students must be wearing uniform.

In office news, I want to thank everyone who has made the effort to call or email the office in the morning to inform us that your child is sick, absent or late. This is a HUGE time saver and makes our mornings run a little bit smoother. Gentle reminder that students do have to sign in and out in the office if they arrive late or leave early so please pass that on to your kids—an accurate attendance is a happy attendance.

Email: sarhs@cisdv.bc.ca if your child will not be in school that day.

GRADE 12 RETREAT

GRADE 12 RETREAT is almost here! **YIPPEE**

On Thursday, November 3rd the grade 12 students are heading out to Camp Pringle for their grad retreat day. BUSES will leave the school at 8:30am sharp and return at 7:30pm in the Sacred Heart Parking Lot. This is a **BRING a BIG LUNCH, TECH FREE and wear CIVVIES kind of Day.** Students BE sure to dress in layers, extra shoes and socks for a variety of FUN outdoor and bonding activities. Get ready for a Photo-booth, campfire, s'more roasting and Capture the Flag just to mention a few things!

PARENTS: Please, if you have NOT done so please sign the permission slip and send it to the office with the **INSURANCE FORMS** needed for Ms. Gilbert.

Additionally: PARENTS, please call the office today if your child is not attending, though be advised that a great deal of planning, organizing and work has gone into this special day and this is part of the Religious Ed programming at St. Andrews School.

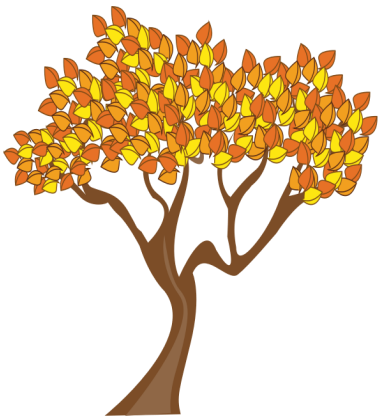
Please contact Ms. Gilbert at rgilbert@cisdv.bc.ca if any questions

It's going to be a GREAT DAY!



Mark Your Calendars:

October 31	Purdy's Fundraiser STARTS!!! Literacy 12 Exam
November 1	Literacy 12 Exam
November 3	Grade 12 retreat, Literacy 10 Exam
November 4	Term 1 ends / Gr 10 Literacy Exam
November 9	PSG Meeting 7pm in library
November 10	Remembrance day assembly; P/T Interview
	Scheduling portal opens; Report Cards published in MyEd
November 11	Remembrance Day—SCHOOL CLOSED
November 14	PSG Cheese Fundraiser Begins
November 16	P/T Interview scheduling portal closes
November 16	Coffee House 7pm
November 17	EARLY DISMISSAL 1:30pm—P/T Interviews via Zoom 2-5pm & 6-9pm



Did you know....? There is morning **Mass** celebrated by Fr. Alfredo **every Friday morning at 7:45am** in the school Chapel. All are welcome to join, parents, students or teachers.

From the SARHS Sports Dept.

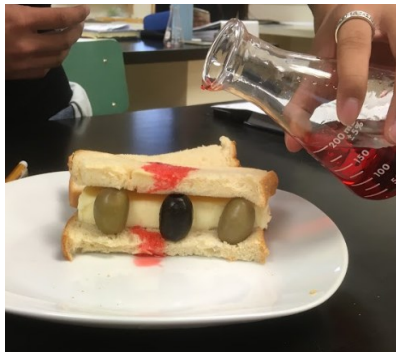
Congratulations to all our teams who are competing in various championships and games. Our senior boys soccer team is headed to provincials next week and we wish them the best of luck. Our aquatics team performed well at islands and many of our swimmers qualified for provincials. Our junior girls volleyball team finished fourth overall and head into the playoffs next week. Also our rowers finished their first regatta and are looking forward to their final one coming up!

Our grade 8 girls and boys basketball teams are now underway and our junior and senior basketball teams are about to start. **Well done to all of our Sabre athletes!**

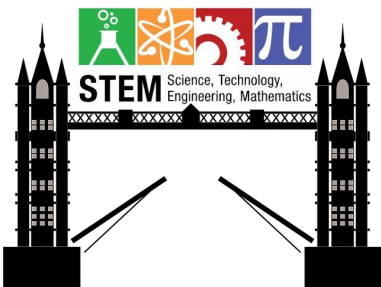


Science is life

This week it was all about Plasma Membranes and transportation... whatever that means.



Meanwhile in Earth Science ... understanding Newton's law of physics by building spaghetti bridges!



PARLEZ-VOUS FRANCAIS?

Enjoy some seasonal poetry by our SARHS core French students:

En Automne

Il y a
De la Dinde et
Des Bonbons et
De la Tarte `a la Citrouille!

(Samara Dharshi)

L'Automne

L'odeur de l'air frais
Les oiseaux dans le ciel
Il fait froid
Les feuilles changent de
couleur
Il y a des couleurs par-
tout!

(Drew Martin)

En Automne Je Suis...

C: CREATRICE
L: LOYALE
A: AMUSANTE
I: INTROVERTIE
R: REMARQUABLE
E: ENTHOUSIASTE

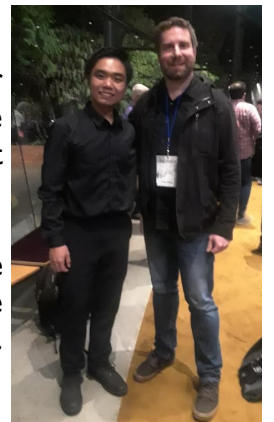
(Claire Lawson)



From the SARHS Music Dept.

Congrats to Gr.12 Music student John Cerna who was accepted into the BC Honour Band, made up of the top young musicians in the province. John performed with the Honour Band on Oct.21st at UBC's Chan Centre in a truly amazing concert that featured many challenging pieces.

It was very impressive to see how much work these students put into mastering the high-level pieces and the end result was incredible! The clear and resonant tone of the alto sax section was also a testament to John's valuable contribution to the ensemble. Fantastic work, John!! We are very proud of you!!



Drumroaster Coffee Fundraiser: Don't forget that our Drumroaster Coffee Fundraiser is on from now until our Sunday, Nov.13 - the week of our Coffee House Concert. To place your coffee order, please click on the link below and enter the following password:

Link: <https://www.drumroaster.com/standrews>

Password: fundraiser

All coffee orders can be picked up at the school on November 16th at 3 pm and again after 6 pm before our annual Coffee House performance happening at 7pm that evening.

St. Andrew's Singers, Concert Band, Jazz Band, and Mr. O'Reilly thank you for your support!

Also, a reminder to all Music students to please submit your vest & folder deposits to Mr. O'Reilly as soon as possible.

Upcoming Performance Dates

Nov.10 - Remembrance Assembly, 11am in the school gym - St. Andrew's Singers & Concert Band.

Nov.16 - Coffee House, 7pm in the school gym - St. Andrew's Singers, Concert Band, and Jazz Band

CHEERLEADING!



The cheerleading team is now in full swing, practicing on Mondays and Thursday at 7:30am.

We are always accepting new team members; please see Ms. Lambert if you are interested in joining!

Drama Dept.

Our scripts for our musical Oliver! have arrived! Theatre production and performance classes are back to their regular weekly schedule:

Theatre Production: Mondays 3:15pm-5:30pm

Theater Performance: Tuesdays 3:15pm-5:30pm



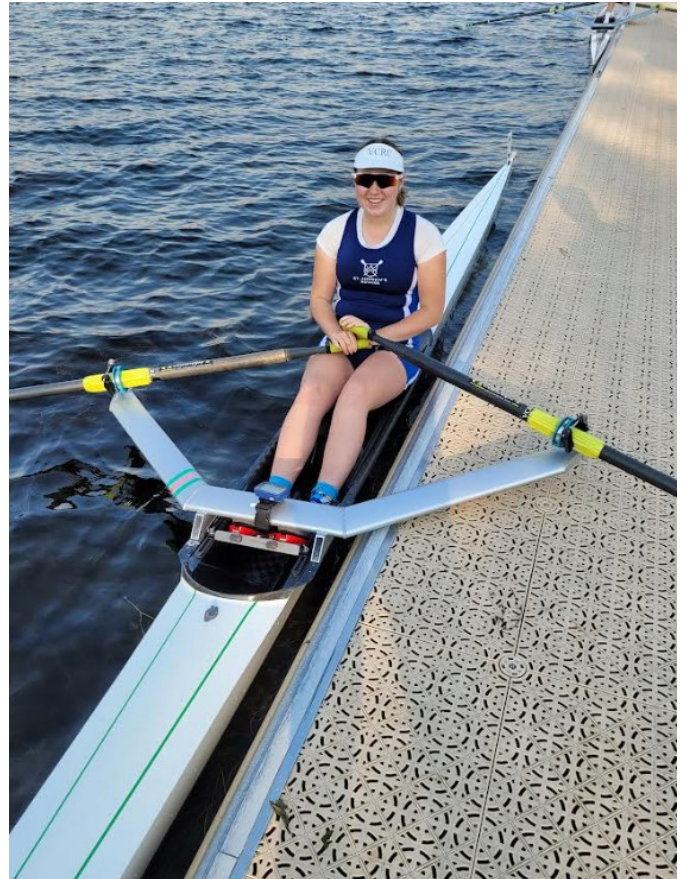
This year's first edition of the St. Andrew's student newspaper, The Circuit, has been published! Visit <https://sarhscircuit.wordpress.com> or check out @sarhscircuit on Instagram to read the latest content from student authors. Featured: Mr. Hudson dishes life advice, new students share thoughts, fashion tips, recipes, short stories, and more. All students are invited to join The Circuit team and contribute to future monthly editions. Talk to Mr. Van Dyk for details.

SARHS ROWING

Congratulations to all of the rowers who had their first regatta Oct 15/16. After six 1000m races , the rowers improved technically, learned many racing lessons and supported each other throughout the weekend. Many thanks to the staff, parents and students who came out to cheer us on..your support was really appreciated. Many thanks to Sam and Elly who helped coach, organize and cheer on the crews.

Our final championship regatta is on Nov 5,6 at Elk Lake. See you there!

Mrs Arthurs



Volunteer Corner

How do I volunteer? Great question! There are a few forms on our website that you need to fill out before you can get the Criminal Record Check done. These forms are:

[Volunteer Application Forms](#)

[Covenant of Care](#)

Once you have completed these forms please hand them in to the office and you will be given direction on how to apply for your Criminal Record Check online.

We are grateful for ALL of our volunteers! They make magic happen at our school! Thank you.

SPORTS PARENTS COMMITTEE

Great to see new faces at the Sports Parents Committee meeting in October, we meet again **November 30th 7pm Everyone welcome.**

We are actively planning our fundraisers for the year. We have our Hot Lunch on Thursdays, volunteers will be needed for pick up and distribution. We will also have our Purdy's Chocolate fundraiser launching today. Start planning your stocking stuffers now!! If you can volunteer for hot lunch please email angelagrohovac@gmail.com

[**Save the Date!!! The Jamieson Cup is April 13th**](#)

Community Garage Sale

Saturday, November 5th from 9:00 am – 1:00 pm

**Sacred Heart Church Hall
4040 Nelthorpe St.
Off McKenzie Ave and Saanich Road**

**FREE ADMISSION
Free Parking & Wheelchair Accessible**

**New and Used Treasures
PLUS
Original Artwork, Jewelry, and Crafts**

**Home Baked Goods
Tea and Coffee**



Yummy BBQ Food Truck on-site

Please bring bags!!!



FROM ISLAND CATHOLIC SCHOOLS



WE'RE HIRING!

Are you looking for a work environment that makes for a great day? Look no further

~ Island Catholic Schools is recruiting! We are in search of enthusiastic people who are certified, talented, love what they do and wish to work in vibrant school environments! We are currently searching for:

- After School Care Worker - St. Joseph's School
- After School Care Worker - St. Patrick's School
- Teachers on call
- Educational Assistants on call
- Casual Bus Drivers



If **YOU** are interested in joining one of our teams, please use this link:

<https://cisdv.bc.ca/employment-opportunities/>

Please help spread the word! Share this ad with your friends, acquaintances and even post it to your Facebook page!

St. Andrew's Regional High School
Music Department presents

COFFEE HOUSE

November 16, 2022 at 7 pm

Tickets \$10 at the door, includes
live music, beverages and snacks!



DRUMROASTER COFFEE BEAN SALE

Buy locally roasted Drumroaster Coffee
online until November 13th in support of
St. Andrew's Music Department.

Pick up orders at school on November 16th.

www.drumroaster.com/standrews
password: fundraiser

Local School Council

Thank you to Peter Rose and Victor Araujo for answering the Call to Serve on the Local School Council. Our members are Steve Pearse, Euan Skinner, Renee Derksen, Katherine Thiessen-Wale and Angela Grohovac welcome them on council.



SPORTS PARENTS PURDY'S CHOCOLATE FUNDRAISER

Christmas is not Christmas without Purdy's Chocolate!

The Annual Sabres Sports Purdy's Fundraiser starts **NOW**. Think about ordering for family, friends, teachers, coaches and work colleagues. This is the only Fall Fundraiser for Sabres Sports and 25% of the profits go directly to Sabres Athletics. Please support Sabres Sports!

Last day for ordering
TUESDAY, NOVEMBER 16TH, 2022

**Pick up is Thursday, December 1st between 2:30 - 4pm,
on the patio outside of the Commons area.**

On-line Ordering Go to <https://fundraising.purdys.com/1398158-99906>

a) NEW ONLINE CUSTOMERS - Click **Register** (top right hand side).

- ❖ Enter your information under New Member Registration (Name, email address, and a password. Click **REGISTER**
- ❖ It will tell you that you have signed up as a member – Click **Continue**.
- ❖ Now enter the Customer # - 16035 and click **Search**.
- ❖ Click **Join this group**
- ❖ Next choose **Go To Group Home page**
- ❖ Now you can shop online either through the Marketplace

b) RETURNING CUSTOMERS!!

Click at **Login** and enter your email address and password (if you forgot password you can reset one- it will prompt you) and you will be directed to start shopping

- ❖ Place your order. To make payment:
 - You can pay immediately on-line with a credit card. The website is completely secure and all information is confidential.

You can also share our customer #16035 with family and friends

Thank you so much for supporting Sabres athletes!

If you have any questions, do not hesitate to contact

Maria Weeks – mperri@telus.net

Order Deadline is Monday, November 7, 2022



Payments can be made by cash (exact), cheque, debit or credit card (phone orders accepted)

Student Name: _____






Home Phone # _____

[illegible]

November 2022

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3 Gr. 12 retreat Literacy 10 exam	4 Term 1 Ends Literacy 10 Exam	5
6 BADC	7 day 1 Term 2 Begins Purdy Fundraiser Begins	8 day 2	9 day 1 PSG Meeting 7pm	10 day 2 Remembrance Day Assembly P/T Interview Scheduling begins Report Cards Published in MyEd	11  REMEMBRANCE DAY <i>Lest We Forget</i> No School	12
13 CDAB	14 day 1	15 day 2	16 day 1 P/T Interview Scheduling closes	17 day 2 Students dismissed at 1:30pm P/T interviews via zoom 2-5 & 6-9pm	18 No School <i>Lieu day</i>	19
20 DCBA	21 day 1	22 day 2 Post secondary Info 6:30-8:30	23 day 1 Student Council \$2 civvies day LSC meeting 6L30pm	24 day 2  Cheese fundraiser ends	25 No School <i>Diocesan Faith Day</i> 	26
27 ABCD 1st Sunday in Advent	28 day 1	29 day 2	30 day 1 5 Block Day Advent Mass & Wreath & Feast of St. Andrew's Blue & White day			
Sock, mitt & toque Drive Nov. 28-Dec. 15						

December 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>Week ABCD</i> Sock, Mitt & Toque Drive Nov 28-Dec 15				<i>1</i> <i>Day 2</i> Poinsettia Pick Up Purdy's & Cheese pick up	<i>2</i> <i>Day 1</i> Gr. 7 Shadow Day 5 Block Day Celebration of the Arts	<i>3</i>
<i>4</i> <i>Week BADC</i> Sock, Mitt & Toque Drive	<i>5</i> <i>Day 2</i>	<i>6</i> <i>Day 1</i> Young Entrepreneur Show	<i>7</i> <i>Day 2</i> PSG Mtg 7pm	<i>8</i> <i>Day 1</i> Grade 8 Retreat	<i>9</i> <i>Day 2</i> Gr. 5 Activity Day with SJV & SPS	<i>10</i>
<i>11</i> <i>Week CDAB</i>	<i>12</i> <i>Day 1</i>  Tag Door Decorating Begins	<i>13</i> <i>Day 2</i> Gr. 9 Immunizations	<i>14</i> <i>Day 1</i> Advent Carol Service 	<i>15</i> <i>Day 2</i> Interim Reports Locker Clean Up	<i>16</i> <i>Day 1</i>  SVdP Assembly PA gingerbread house contest Staff/student challenge	<i>17</i>
<i>18</i>	<i>19</i> 	<i>20</i> 	<i>21</i> 	<i>22</i> 	<i>23</i> 	<i>24</i>
School Closed for Christmas Holidays Dec. 19-30th / School Re-opens January 3, 2023						
<i>25</i> Christmas Day 	<i>26</i> 	<i>27</i> 	<i>28</i> 	<i>29</i> 	<i>30</i> 	<i>31</i>
School Closed for Christmas Holidays Dec. 19-30th / School Re-opens January 3, 2023						