



St. Andrew's

Regional High School

ISLAND CATHOLIC SCHOOLS

880 McKenzie Ave
Victoria, BC V8X 3G5
Web: www.standrewshigh.ca
Email: sarhs@cisdv.bc.ca
Tel: 250-479-1414
Fax: 250-479-5356

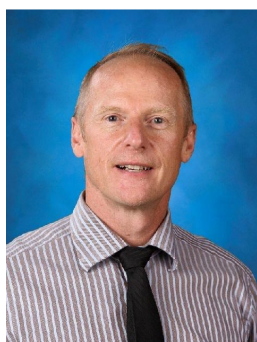
Principal: Glen Palahicky
gpalahicky@cisdv.bc.ca

Vice Principal: Ciaran McLaverty
cmclaverty@cisdv.bc.ca

Mission Statement: St. Andrew's Regional High School strives to develop Catholic-Christian values in students by openly stating and celebrating our belief in the values Jesus taught. Our commitment to excellence in education of the whole person guides our decision-making. Our goal is to provide each student with opportunities to gain the knowledge, skills and values necessary to respond to personal challenges with faith, hope, and love.

Seeking Truth, Healing and Reconciliation

February 24, 2023



Greetings,

School life is as full as ever! It is so good to see our Sabres working so hard on their studies, befriending students from France, competing in Island basketball tournaments, preparing for theatre and musical performances and taking seriously their call to be the best version of themselves. In a sense that is what the season of Lent is challenging all of us to do and be. In these 40 days before the great Feast of Easter we are challenged to let go of things that aren't lifegiving and form new habits that will help us become a better version of ourselves. The Scriptures use the term conversion; a returning to our better self that is made in the image and likeness of God. Jesus encourages us to spend more time with God (prayer), to say No to ourselves for a greater Yes! (fasting), and to share time, talent and treasure with all of those in need (almsgiving). In being more intentional with these practices we will become better versions of ourselves and the Divine Author, who is with us in every step, will surely be pleased with these needed edits. Happy Lent!

With Gratitude,
Mr. Glen Palahicky, M. Ed
Principal

FROM THE OFFICE:

The deadline for re-registration is Friday, February 24th.

All re-registrations received after this date are now subject to a \$50.00 re-registration fee. The fee can be paid in cash, cheque or debit/credit in the office.

Please remember that ALL absences or lates need to be parent approved in order to be excused. Parents and guardians can call or email the office to inform us if a student will be absent or late/leaving early.

Thank you for your support! All emails should be sent to: sarhs@cisdv.bc.ca

COURSE SELECTION NIGHT

Course Selection Night will be held on Monday, February 27th via Zoom.

Parents of students who will be starting Grade 10 in September 2023 the meeting will run from 6:00-7:00pm

Parents of students who will be starting Grade 11&12 in September 2023 the meeting will run from 7:15-8:15pm *please note this is a different start time from what was previously posted.

Zoom link: <https://cisdv.zoom.us/j/63206788197>

A note from the Counselling Office...

Please help boost morale and promote compassion by supporting the peer counsellors RANDOM ACTS OF KINDNESS CHALLENGE during Lent.

If you receive, witness, or do a kind act, please take a few seconds to acknowledge it by writing on a blank paper hand. Please do not use names, but write an "anonymous shout-out". For example, "Thanks for your kind words." or "Shared a snack." Then return the completed paper hands to the basket in the Wellness Room, to a peer counsellor, or to Mrs. Sanders' mailbox. The peer counsellors plan to make an Easter display with them.

There will be blank paper hands on the table in the wellness room all through lent.

THANK YOU ALL!

Mark Your Calendars:

February 24	Last day for re-registration (\$50 application fee applies hereafter)
February 27	Course Selection Information Night Gr. 10: 6-7pm Gr. 11&12: 7:15-8:15pm
March 3	Student Council Assembly
March 8	PSG Mtg 7:00pm
March 9	Grade 11 Retreat
March 10	Interim Reports / student civvies day \$2/ St. Pat's Gr. 5 visit
March 15	Local School Council Meeting 6:30pm
March 17th	Last day of school before Spring Break
March 20-March 31st	SPRING BREAK
April 3	School Re-Opens / Plant Sale begins
April 5	PSG meeting 7pm
April 6	NO SCHOOL—Pro D Day
April 7	Good Friday—School Closed
April 10	Easter Monday—School Closed
April 11	5 Block Day—Easter Mass



GRADE 11 RETREAT DAY!!!



The Grade 11 class retreat day is coming up on March 9th! The theme of this retreat is “On The Journey”. The class will be away at Camp Pringle all day—the bus leaves the school at 8:30am and will return to the school at 7:30pm.

If you haven’t signed the blue forms please do so and bring them back the office as soon as possible!

From the SARHS Music Dept.

Thanks to our St. Andrew's Singers for providing beautiful music for our Ash Wednesday liturgy this week!

Any current Gr.8 students who are interested in learning how to play the guitar next year, *please sign-up for the Guitar 9 elective during course selection time.* All are welcome - no experience is necessary!

Concert Band, Jazz Band, and Choir students, our *Whistler trip is a go!* All students have now been accepted into the Con Brio Whistler Music Festival in Whistler, B.C., taking place from April 20-23. Please stay tuned for more details.

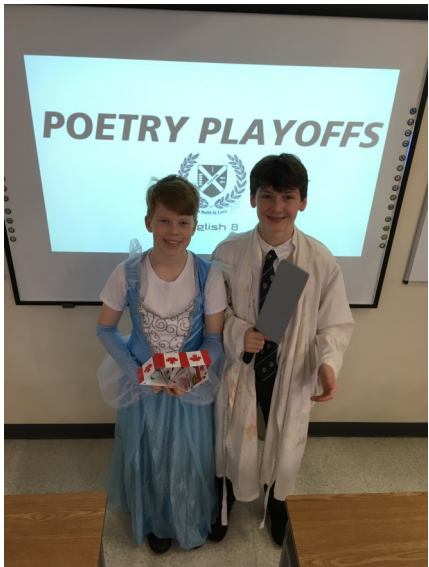
Finally, as mentioned in the previous newsletter, a reminder that Bandfest (originally on the school calendar for March 2/3) has been cancelled.

POETRY PLAYOFFS

Congratulations to Mateo who was recently crowned champion of the Poetry Playoffs in the first semester of English 8! Honourable mention to runners-up Jack and Drew. These poets performed memorized poems with power, passion, poise, and props!



← CHAMP! →
RUNNERS UP



The school library got a new book haul this week! Encourage your child to come check out these popular books and series from the library.... read, read, READ!

The Sabres Library on Instagram! Follow @sabreslibrarysahs for all the latest in new arrivals, book haul unboxings, book reviews, seasonal displays and book recs to add to your TBR (the ever growing To Be Read pile!)



Drama Dept.

St. Andrew's Community,

It's that time of year again!

Opening night of **Oliver!** is only 3 months away! That being said, the theatre performance and theatre production classes are trying to raise money for our show to help us pay for costumes and props so we don't have to go around picking a pocket or two. Like last year, to support our show we will be doing a Purdy's chocolate Fundraiser.

***Chocolate orders will be ready for pick-up on Monday, April 3rd, just in time for Easter weekend!
Order your chocolate today!***

Use the link below to register as an Oliver! supporter and order your chocolate:

<https://fundraising.purdys.com/1504616-105329>

Please pass on to help spread the chocolate word!

As Oliver says "please sir, I want some more."

Thanks for all of your ongoing support!



OLIVER

Thursday, May 4th - Friday, May 5th - Saturday, May 6th

All Evening Shows: <small>Thursday, Friday, Saturday</small> doors open @ 7:00 pm show starts @ 7:30 pm	Saturday Matinee: doors open @ 10:30 am show starts @ 11:00 am
Tickets adults \$18.00, students \$12.00 Spectrum Community School 957 Burnside Rd.	Assistant Choreographer: Sarah Katz Music Director: Phillip O'Reilly Director & Choreographer: Natalie Lambert Book, Music, & Lyrics by: Lionel Bart

ST. ANDREW'S STUDENTS MAKING A DIFFERENCE: MAYA ZIDEK



Hello there! My name is Maya Zidek, and I am a Grade 11 student at St. Andrew's Regional High School in Victoria, BC, Canada. Recently, I was deeply moved by the news of the devastating earthquakes in Syria and Turkey. Their devastation and hardships has touched my heart and has inspired me to take action in my community.

Please donate to the Syria and Turkey earthquake relief effort by clicking on this link: <https://gofund.me/ef276f84> Your contribution, no matter how small, can help provide aid to those affected by this disaster. The funds raised will go to the Canadian Red Cross Society, and every dollar raised will be matched by the government. Let's work together to make a positive difference in the world and help those in need. Please share this post and spread the word!



Volunteer Corner

How do I volunteer? Great question! There are a few forms on our website that you need to fill out before you can get the Criminal Record Check done. These forms are:

[Volunteer Application Forms](#)

[Covenant of Care](#)

Once you have completed these forms please hand them in to the office and you will be given direction on how to apply for your Criminal Record Check online.

PARENT PARTICIPATION PROGRAM

We are grateful for ALL of our volunteers! They make magic happen at our school! Thank you.

Parents Participation Hours:

Please submit your volunteer hours on the school website by using this form [St. Andrew's Parent Participation](#) Hours. Hours will be tracked monthly and once the required 10 hours of Parent Participation Hours have been completed, your post dated cheque will be securely discarded. Thanks for your support!

SPORTS PARENTS COMMITTEE

Congratulations to the Senior Girls Basketball team for earning a spot in the Provincial Championship tournament Mar 1-4 in Nanaimo.

Congratulations to the Senior Boys Basketball team for earning a spot to the Island Championships Feb 23-25 at SMUS.

So proud of our Sabres!

We are **meeting Feb 27th pm** in the Library to plan Jamieson cup. Looking forward to seeing you there. We are looking for donations for the raffle baskets that will be at the Jamieson Cup event. Please consider canvassing for our Athletic Department. No item too small as we can pair it up with others to make a great basket.

Bottle Drive March 4th 12-4 pm We will be set up in the angle parking of the drop off area at the front of the school. Please consider collecting from friends, family and neighbours in the morning and drop them off to us in the afternoon. If your student participates in a Sabres Sport please support this fundraiser we have a few items on our list to purchase to support Sabres Athletics.

Can't make the Bottle drive? No problem we have an account at the Glanford and Quadra bottle depot locations. Families just say please donate the funds to: St Andrews Regional High School - Sports.

ST.ANDREW'S ALUMNI CORNER

Voices in Motion is thrilled to partner with the Greater Victoria Placemaking Network as we launch a region-wide distribution of I Remember, a book by student author (and St. Andrew's Alumnus) Priscila Kumar that focuses on the power of singing and what it can do for those dealing with dementia. Through this collaboration, I Remember will be distributed to Little Free Libraries around Victoria.

You can order your own copy of I Remember at: http://voicesinmotion.deco-apparel.com/shop/view_product/I-Remember-Book?n=13942638

FEBRUARY 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Week CDAB			1 Day 1	2 Day 2	3 Day 1	4
Catholic Schools Week Jan 29-Feb 4, 2023						
				Gr. 7 Info Night 6-7pm Open House 7-8:30pm	Student Council Assembly	
					Camp Homewood	
5 Week DCBA	6 Day 2	7 Day 1	8 Day 2	9 Day 1	10 Day 2	11
			PSG mtg		Report Cards Published Last day of course changes	
12 Week ABCD	13 Day 1 Parent Educa- tion Night 6:30pm	14 Day 2 	15 Day 1 Local school council mtg 6:30pm	16 <i>No School ICS ProD Day</i>	17 <i>No School ICS ProD Day</i>	18
19 Week BADC	20 <i>No School Family Day</i>	21 Day 2 Grad Photo retakes	22 Day 1 5 Block Day Ash Wednesday National Anti Bullying Day <i>Pink Shirt Day</i>	23 Day 2	24 Day 1 Gr. 8 Application deadline	25
26 Week CDAB	27 Day 2 Course Selection Night Gr 10: 6-7pm Gr. 11&12: 7:30 -8:30pm	28 Day 1				

March 2023

SUN	MON	TUE	WED	THU	FRI	SAT
Week CDAB			1	2	3 Student Council Assembly	4 Athletic Bottle Drive 12-4pm
5 Week DCBA	6	7	8 PSG mtg 7pm	9	10 Interim Reports St. Pat's Gr. 5 visit Civvies Day \$2	11
12 Week ABCD	13	14	15 LSC mtg 6:30pm	16	17 Last Day of School! 	18
19	20	21	22	23	24	25
Spring Break March 20-March 31						
26	27	28	29	30	31	
Spring Break March 20-March 31						

NOW HIRING

PRINCIPAL POSITION FULL TIME PERMANENT St. Francis of Assisi Catholic Secondary in Yukon

DEADLINE: MARCH 19, 2023
(11:30pm YDT)

Visit applytoeducation.com
(use Yukon filter)
to view and apply on job postings

The Catholic Diocese of Whitehorse

has two Catholic churches and three public Catholic schools (Two K to Gr. 7 and one Gr. 8 to 12) in Whitehorse. The diocese has twenty-one other parishes and missions spread throughout an area of 723,515 km² in Yukon and Northern BC., serving several Indigenous communities and a rich and diverse population.

www.whitehorsediocese.ca

www.sfacss.ca

Whitehorse is a modern 'wilderness' city with all amenities and services, a multi-cultural Catholic community, a vibrant arts scene, and plenty of outdoor and indoor recreational opportunities for individuals and families. The city hosts an international airport and is within driving distance of the coast of Alaska.

www.whitehorse.ca

The Yukon is a vast territory showcasing God's beautiful creation of mountains peaks and passes, rivers and lakes. This is a unique opportunity to serve your Church while discovering a new part of Canada.

www.travel yukon.com

Information on how to apply is on the Yukon Government website:
<https://yukon.ca/en/employment/jobs-schools/apply-teaching-or-school-administrator-job#apply-for-a-job>