

The
Season
of
Lent



Daily Announcements

Monday, March-13-23

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From Mr. McLaverty

Please note that the **course selection forms** are due to be handed in to the office by **Wednesday** this week. The **instructions for inputting** the course on MyEd will also be **available on Wednesday**.

From Mrs. Taft

The following students need to see Mrs. Taft either during Focus today or after school:

Aliya Alsheybah

Nicholas Gijzen

Claire Russell

Olivia Sinclair

Riley Steer

From Mrs. Blair

- ✓ Sr boys bball- Return all jerseys and practice tops asap!
- ✓ A reminder it is not too late to join **Track and Field**. Please meet on the bus by **3:15 today** to go to Uvic!
- ✓ Don't forget to order your athletic Sabres gear!! Deadline is next Friday. The QR code is posted throughout the school. Hoodie, crew neck, tees, bag, and mugs for sale! Outfit the family with Sabre support!!

From Mr. O'Reilly

- ✓ Would the following students please see Mr. O'Reilly **during Focus today**:

Aaron Bernarte	Abby Tam	Alexia Jomphe
Aga Biona	Andrew Yeulett	Angela Rajendram
Aria Mavrikos	Arya Dhaliwal	Bandandeep Johal
Caitlyn Ritchie	Chase Biickert	Chloe Huang
Matthia Patterson	Natalia Casados	Nick Gao
Sophie Bechard	Tadhg O'Connell	
- ✓ Attention any **Gr.8 students** that are interested in learning **guitar**, don't forget to sign up for Guitar 9 when you choose your courses for next year. No experience is needed and all are welcome! Don't miss your chance to learn how to play this super-fun instrument that you can take anywhere!

Over please...../2

From your Student Council

Sabres! **SPIRIT WEEK** is just over a week away! The **themes** are:

- **Mathlete vs Athlete Monday:** *Be ready for the battle between the Brains and the Brawns with a game of Tug of War at lunch.*
- **Young and Old Tuesday:** *Break out the bibs or wear your orthotics*
- **White Fib Wednesday:** *Get a white shirt and write a funny "Little White Fib" about yourself on it.*
- **Beach vs Blizzard Thursday:** *Get dressed like you're in the Ice Age or like the sun is 5 feet away. The Student Council will be running a photo booth and selling Freezies!*
- **Frat Friday:** *Time to test your cup pong skills Sabres! The Council will be hosting a tournament in the commons at lunch.*

Come out and show your Spirit Sabres!

Sports This Week

Mon

Track and Field Pract. 3:30-5
(leave at 3:15- Bus at top of hill)
Badminton (Singles and
dbl's) 3:30-5:30
Ultimate (back field) 3:15-4:30

Tues

Girls Soccer Game @ GNS (be on
bus by 2:40)

Wed

Ultimate gr. 10-12, 2-4pm back
field
Badminton 2-4 (Singles and
dbl's)
Track and Field Pract. 2:15-4
(leave at 2:15- Bus at top of hill)

Thur

Badminton 3:30-5:30(Singles and
dbl's)
Girls Soccer -Meet on bus at 3:15
at the top of hill-Small bus
Track and Field Pract. 3:30-5
(leave at 3:15- Bus at top of hill)

Fri

St. Patty's Day!
Last day of school before break...
no practices today.