

The
Season
of
Lent



Daily Announcements

Wednesday, March-08-23

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From Miss. Davis

There will be **no homework club** on Thursday March 8, 2023

From Ms. Lambert

Tickets for our musical Oliver! are **now on sale** in the office! There will be 4 shows: Thursday, May 4, Friday, May 5 and two on Saturday, May 6. Presale tickets are only \$10.00 for students! Tickets at the door will be \$12.00, so make sure to **buy yours soon** to save some cash. Come on out and support the SARHS theatre program and fellow students.

From Miss Buchanan

Thursday's tryout is **CANCELLED** due to the grade 11 retreat. Please email Miss Buchanan if you have any questions or concerns.

From Mrs. Arthurs

Did you know that we have two swimmers in our school that swam in the **provincials** last week? Please congratulate Alex Camaraire and Rubin Lee. Alex competed in 9 events placing in the top 5 in all of his events **and he is the provincial champion in the 100m free and the 50 m butterfly** while Rubin competed in 8 events and **placed second in the 200 backstroke and third in the 100m backstroke**. Alex and Rubin's team placed **third overall in province**. Impressive results boys. Congratulations!!!!

From your Student Council

Sabres! **SPIRIT WEEK** is just over a week away! The **themes** are:

- **Mathlete vs Athlete Monday:** *Be ready for the battle between the Brains and the Brawns with a game of Tug of War at lunch.*
- **Senior Citizen Tuesday:** *Break out the shower caps and the canes and get hyped for a wheelchair relay race in the gym*
- **White Lie Wednesday:** *Get a white shirt and write a funny "White Lie" about yourself on it.*

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- **Beach vs Blizzard Thursday:** *Get dressed like you're in the Ice Age or like the sun is 5 feet away. The Student Council will be running a photo booth and selling Freezies!*
- **Frat Boy Friday:** *Time to test your cup pong skills Sabres! The Council will be hosting a tournament in the commons at lunch.*

Come out and show your Spirit Sabres!

Also, don't forget, this **Friday is a \$2 Civvies day**, make sure to **bring your money!**

From Ms. Sangeeta

Ms. Sangeeta's **TAG 16** please go to Ms. Taft's room **TODAY**.

From Ms. Gilbert

Grade 11 Students: Retreat day is TOMORROW!

Gentle reminders :)

- Bring a BIG LUNCH
- Bring EXTRA socks-footwear and inside shoes for the hall (it's wet at Camp Pringle)
- DO NOT bring technology
- Be at the Library DOORS at 8:30am...we are leaving promptly!
- It's going to be a GREAT DAY! YIPPEEEEEEE

From Ms. Tate

Are you interested in a **trip to Spain** during March break 2024? Barcelona, Madrid, Toledo, Sevilla and more...

This is not a free trip and spaces are limited. If you will be in grades 10-12 next year there will be a parent information session this Wednesday at 6:00 via Zoom. Please see Ms. Tate for more details.

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From Mr. McLaverty

This week **students from Grades 8-11** will be meeting with Mr. McLaverty in the **Commons in Focus** to preview **course selection**. Students should sign up for the Focus block of their choice as usual ahead of time, but on their designated course selection day they will come to the Commons for part of the block for the preview.

Grade 9s meet tomorrow - Start of Focus

Grade 8s meet tomorrow - Second half of Focus (students will be paged to come down)

Sports This Week

Wed

Ultimate gr. 10-12, 2-4pm back field

Badminton 2-4 (Doubles)

Track and Field Pract. 2:15-4 (leave at 2:15- Bus at top of hill)

Thur

Badminton 3:30-5:30 (singles)

Girls Soccer Tryouts- Meet on bus at 3:15 at the top of hill-Small bus

Track and Field Pract. 3:30-5 (leave at 3:15- Bus at top of hill)

Fri

Badminton 3:30-5:00 (doubles)

Ultimate (back field) 3:15-4:30