



St. Andrew's

Regional High School

ISLAND CATHOLIC SCHOOLS

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Vice Principal: Ciaran McLaverty
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Mission Statement: St. Andrew's Regional High School strives to develop Catholic-Christian values in students by openly stating and celebrating our belief in the values Jesus taught. Our commitment to excellence in education of the whole person guides our decision-making. Our goal is to provide each student with opportunities to gain the knowledge, skills and values necessary to respond to personal challenges with faith, hope, and love.

Seeking Truth, Healing and Reconciliation

June 16, 2023

Dear Families of St. Andrew's High School,



It has been a blessing to be part of your children's education and life.

Many thanks for entrusting them to our care. We will get another newsletter out to you before the summer so these are not my last words. Although, I do want to share with you my last message to our students yesterday at mass.

Good morning SABRES,

Beginnings and Endings; endings and beginning. They are very important to celebrate.

As this is my last time before you. Without being weird, I do want to pause and take a good look at your beautiful, unique faces.

Believe me when I say this: I do see the image and likeness of God in you. Thank you for being a reflection of that light and thank you for all the many different ways you have been a light in the school; by your smiles, thoughtful questions, mistakes, laughter and

tears, your friendships, and the 1001 ways you shared your gifts, talents and creativity-Yes, I have never seen so many tires in my parking spot or a couch on a roof before!

Thank you Sabres for the gift of your light and love. It is a lasting tattoo on my mind and heart that I will carry with gratitude.

I was asked to share a bit of departing advice:

Think for yourself but be humble enough to know your perspective isn't the whole picture. Trust your gut, respect your bodies and others. Always be ready to lend a hand to those in need. Be courageous, merciful and forgiving; there is a lot of meanness and stupidity in the world and in our hearts. Keep working and valuing your friendships- they will bring you joy!

Learn to trust more yet don't be gullible or cynical!

Above all know you are never alone because your Divine Author- revealed in Jesus- is co-creating and co-writing with you an amazing, adventurous, love story filled with joys and sorrows, with surprising twists and an ending that is literally out of this world.

Thank you Sabres for being an important part of my life!

With Gratitude,

Mr. Glen Palahicky, M. Ed

Principal



EXAM WEEK June 19-23, 2023

EXAM PROTOCOLS (for parents and students)

Students are only to enter school for your exam.

Students may enter the school and go directly to their exam room after 8:30 am for the morning sessions, then after 12:30 pm for the afternoon sessions.

Most exams will be written in the regular classroom, except for exams with larger student numbers from a cohort who will write in the gym.

Students must return their textbooks to the teacher on the day of the exam.

Once you have completed your exam, you will need to exit the building.

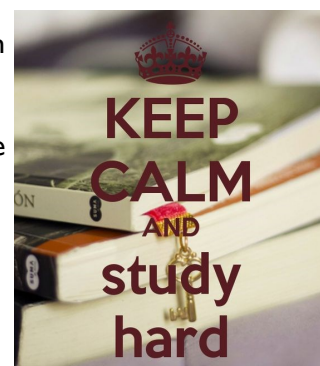
Students may not linger on school grounds or use the basketball court as exams will be in progress.

If you do not have an exam please do not come to the school that day.

If you have a potential conflict, please talk to your teacher and Mr. McLaverty to make alternate arrangements.

Students are permitted to wear civvies during exam week.

The June 2023 [exam schedule is posted here.](#)



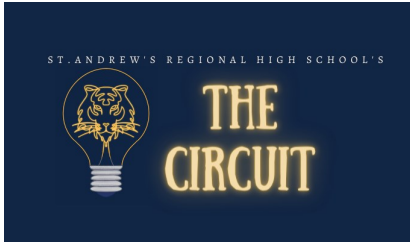
Mark Your Calendars:

June 16	Last day for classes—Noon Dismissal
June 19-23	EXAM WEEK
June 26	Awards Night—Sacred Heart Parish
June 27	Grad Commissioning
June 28	Grad Dinner Dance/After Grad
June 29	Year End Staff meeting
June 30	Report Cards Published in MyEd /Last admin Day for Staff

HAPPY SUMMER!!!!



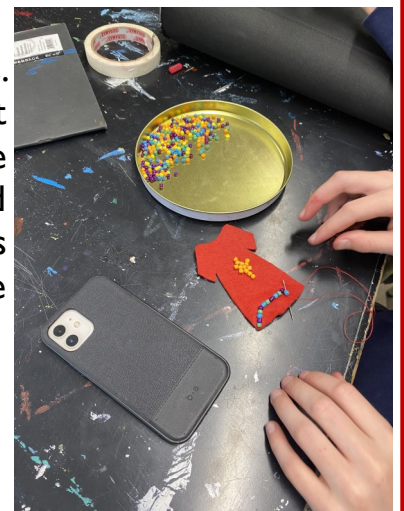
THE CIRCUIT: A School Newspaper



Sabres! In case you missed it, this year's final edition of The Circuit is now published! Read online today! Paul Eades reflects on Student Council! A tribute to Ms. Delude! Circuit writers break records! Tips from Bandanddeep! Plus, fashion advice, food and wellness suggestions, short stories, and more. This edition has something for everyone. Check out <https://sarhscircuit.wordpress.com/> or follow [@sarhscircuit](https://www.instagram.com/sarhscircuit) on Instagram.

RELIGION DEPARTMENT

Mrs. Kearsey's Grade 9 religion classes, under the tutelage of Mrs. Kearsey's Teacher Assistant, Grace J. created red dresses to support the REDress Project. After a thought-provoking lesson on the subject of Murdered and Missing Indigenous Women, Grace led them through an arts and crafts lesson that taught the students how to stitch and bead the red dresses they had cut out. These beautiful dresses were the result of the student's hard work.



From the SARHS Music Dept.

From the SARHS Music Dept.

Thanks to all Music students for putting on a fantastic Celebration of the Arts Assembly last Friday, June 9th and for singing at our closing Mass on June 15th. Thank you in advance for giving your time and talents right up until the end of the year by providing music for our Awards and Grad (see dates below). Please make sure all music folders and school instruments are returned by the end of next week and don't forget to come out to our Year End Party after Awards night in the school Music room. Congrats on all your awards and excellent achievements this year!!

June 26th - Awards Night (Jazz Band, Choir - Sacred Heart Church, 5pm arrival time.)

Year End Party (All students) - after Awards, approx. 8:30pm in the SARHS Music room.

June 27th - Grad Mass (Choir - St. Andrew's Cathedral, 5pm arrival time.)



BECOME A ST. ANDREW'S HOST FAMILY



- Currently seeking host family for Grade 9 female student arriving from China April 1st.
- New host families needed for September (accepting applications). From September 2023 families receive \$1200/mo.
- Summer homestay (July & August) \$1300/mo

LEARN MORE

homestay@cisdv.bc.ca

250-886-5596

SARHS HOMESTAY PROGRAM

“Enlarge the space of your tent, spread out your tent cloths unsparingly, lengthen your ropes and make firm your pegs” (Is 54:2). Pope Francis shared this passage in his latest synod message. He was talking about the Church as a whole, but here at St. Andrew's we can enlarge our tents by inviting our international students to have a heart-felt, home-felt experience during their time in Canada and as students at our Catholic High School.

Being the home away from home for our international students is a value-added experience but also a remunerated one. For more information please contact homestay@cisdv.bc.ca

Local School Council

Nomination to the council are being accepted! Please contact angelagrohovac@gmail.com if you are interested in serving our high school community. Our meetings are the 4th Wednesday of the month at 6:30pm.

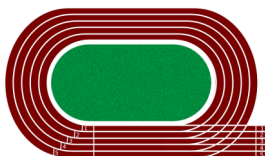
New volunteer software will be launched in September. Parents will need to have their Police Information report completed in order to volunteer (criminal record check). Reminding all families are responsible for 10ths of volunteer time or \$150. We will have lots of volunteer opportunities available.

SPORTS PARENTS COMMITTEE

Thank you to all families who supported our student athletes throughout this school year.

We have been able to raise enough money for sideline seating for our sports teams, safety mats for the stage, and much more. We are focused on raising funds for tents for our outdoor sports. Our online auction raised \$1450. A wonderful start to this venture.

We have been given the opportunity to work the kid zone at St Patrick's bazaar on Oct 15, 10am-2pm we will need 7 parents and 10-15 athletes for this event. Please consider this opportunity and email: angelagrohovac@gmail.com if interested.



SABRES SPORTS

It was a great night to be a Sabre! Congrats to all award winners and athletes this year at the Sports Gala! We wish all our graduating athletes all the best and please come back to coach or visit! Track and field was the last sport of our spring term.

We won two bronze medals at the Provincials! Anika Timm won bronze at the Provincials in the 200m hurdles. And Austin won bronze in javelin at the Provincials. A big congrats to all who competed and we look forward to another successful track and field season in 2024!

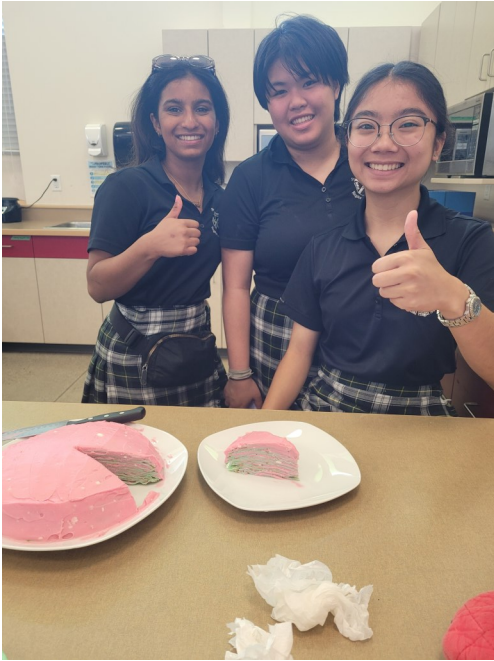
STUDENT SPOTLIGHT

Congratulations to **Emma Leong** and **Marianna Hinojosa Garcia**. Both students recently applied to the 2023 Xavier Pelletier High School Internship Program. Their outstanding applications allowed them to be short-listed and selected to attend and experience the second selection process which was a Cancer Research Day. This day included seminars and research activities that allowed both to receive a deeper understanding of the advancements in cancer treatments and research. Well done girls. For any interested graduate, please read below.

The Deeley Research center offers numerous opportunities to university students interested in pursuing a career in cancer research. Various programs they offer are: co-op education work terms, directed studies projects, honors thesis or graduate studies.



Sabres Gonna Do What Sabres Gonna do



June 2023

SUN	MON	TUE	WED	THU	FRI	SAT
<u>Week BADC</u>				1	2 5 Block Day Final SC Assembly	3 Neat Uniform Fitting 11am-6pm Grad car wash and bottle drive9:30-2:30
4 <u>Week CDBA</u>	5	6	7 Year End Dance	8	9 5 Block Day Celebration of the arts	10
11 <u>Week DCBA</u>	12	13	14	15 Year End Mass	16 Last Day of Classes, extend- ed TAG, locker clean out, grad ball game Noon Dismissal	17
18 	19	20	21	22	23	24
	SCHOOL BASED EXAMS					
25	26 Grad awards night 6:30 pm	27 Grad Com- missioning 6:30 pm	28 Grad dinner dance and after grad 7:00 pm	29 Year end staff mtg PSG staff appreciation lunch	30 Report cards published in MyEd Year End admin day for staff	