



# St. Andrew's

## Regional High School

ISLAND CATHOLIC SCHOOLS

880 McKenzie Ave  
Victoria, BC V8X 3G5  
Web: [www.standrewshigh.ca](http://www.standrewshigh.ca)  
Email: [sarhs@cisdv.bc.ca](mailto:sarhs@cisdv.bc.ca)  
Tel: 250-479-1414  
Fax: 250-479-5356

**Principal:** Glen Palahicky  
[gpalahicky@cisdv.bc.ca](mailto:gpalahicky@cisdv.bc.ca)

**Vice Principal:** Ciaran McLaverty  
[cmclaverty@cisdv.bc.ca](mailto:cmclaverty@cisdv.bc.ca)

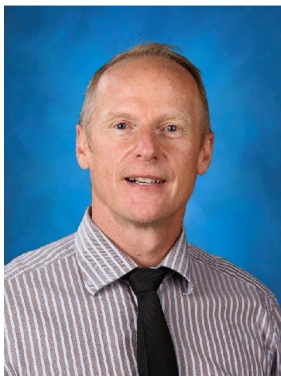
**Mission Statement:** St. Andrew's Regional High School strives to develop Catholic-Christian values in students by openly stating and celebrating our belief in the values Jesus taught. Our commitment to excellence in education of the whole person guides our decision-making. Our goal is to provide each student with opportunities to gain the knowledge, skills and values necessary to respond to personal challenges with faith, hope, and love.

## Seeking Truth, Healing and Reconciliation

**June 23, 2023**



Dear Families of St. Andrew's High School,



As we approach the final week of school with the excitement of awards night, grad commissioning, after grad and our year-end wrap up, we pause a moment to breathe and are grateful for all the generosity, goodness and love of so many who have contributed to our school community this year.

In school, like life, change is the norm, and it's with sadness and gratitude that we recognize some of the staffing changes that will take place at the end of this school year. We say a heartfelt goodbye and thank you to some of our educational assistants and our temporary teachers: Ms. Leah Buchanan, Ms. Maja Bauer, Ms. Sangeeta Parmar, Ms. Isabella Marsiglia, Ms. Sarah Katz, Ms. Nola Accili, Mr. Zach Mahoney, Ms. Hilary Parker

(Int'l homestay) We welcome Ms. Nina Timm.

We will also miss Mrs. Erin Delude, who has served St. Andrew's with integrity, energy and dedicated service for 7+ years. We will miss her laughter, love and deep respect for students and her profession.

We welcome two new staff members to the St. Andrew's Family. We congratulate Rachel Rosetti and Jose Mendez Campos to the St. Andrew's Staff for the 2023-24 school year. Both come with impressive backgrounds, education and experience who emulate deep joy and caring faith.

I also want to say a sincere thank you for the opportunity to have served at St. Andrew's for the last 3 years. I have learned a lot and it has been a real grace and blessing to have worked with such caring staff, supportive parents and amazing, creative, beautiful youth who give me a renewed hope for the world. I look forward to my sabbatical year, yet I'm so grateful for having your children be an important part of my life. Thank you.

Mr. Patrick Niwa has shared an introduction of himself on the next page.

With Gratitude,  
Mr. Glen Palahicky, M. Ed  
Principal

"How lucky I am to  
have something that  
makes saying  
goodbye so hard."

- Winnie the Pooh



### From your Peer Counsellors!

As a celebration of their great work, and to plan for the year to come, the Peer Counsellors, Peer Tutors and TAs gathered at Swan Lake. Our guest speaker was an inspiring young lady named Olivia Hahn. She has written a book about her journey through grief, and she offers some powerful insights to the members of this group. Thank you PCs, PTs and TAs! Your contributions have made this a wonderful year!



## Message from our NEW PRINCIPAL

Greetings St. Andrew's Families,

My name is Patrick Niwa and I currently live in Kamloops with my wife, Barb, a school educator, and our daughter, Katie. Our son, Bryan, will soon be graduating from Simon Fraser University. We're looking forward to moving to the island this summer. I'm also looking forward to joining and leading St. Andrew's Regional High School and to be part of such a vibrant Catholic community.



I grew up in northeast Alberta and graduated from the University of Alberta with a Bachelor's Degree in Education. I later studied at Simon Fraser University, earning a Teaching and Learning in an Information Technology Environment (TLITE) certificate, then I completed my master's degree (Master's Degree in Educational Leadership and Administration) from Royal Roads University. I've been an independent school teacher and administrator for 27 years in the lower mainland. I taught elementary, middle, and high school students then became principal of St. Ann's Academy, a Kindergarten to Grade 12 school, in Kamloops.

As a Director of Technology in Education, my background in education and knowledge of digital technologies provides a unique perspective on designing computer infrastructures focused on the needs of learners. I've been heavily involved in overseeing and expanding a dynamic professional development program that unified teachers, administration, and staff. I also shaped a growing international travel program. As principal, I led the school through the challenges of COVID, while restructuring special education programming, and expanding the arts.

I've served on numerous independent school and advisory committees, and I helped organize two national Canadian Association of Independent Schools (CAIS) conferences. While serving as the Director of Technology in Education, I accepted volunteer leadership positions as the Chair for provincial educational committees on technology in education, anti-bullying, professional development, and technology systems. I presented at national conferences on the topic of change management. While in Kamloops, I volunteered on several committees to support all schools within the CISKD.

I look forward to meeting you in the new school year.

Kindest Regards,

Patrick Niwa





**Mark Your Calendars:**

June 26	Awards Night—Sacred Heart Parish 6:30
June 27	Grad Commissioning 6:00pm (Livestreamed)
	<b>Livestream link:</b> <a href="https://www.youtube.com/c/RCDVictoriaLiveOne/about">https://www.youtube.com/c/RCDVictoriaLiveOne/about</a>
June 28	Grad Dinner Dance/After Grad
June 29	Year End Staff meeting
June 30	Report Cards Published in MyEd /Last admin Day for Staff



**SARHS ROWING**

**2023-2024 Rowing Season at St.Andrew's Regional High school**

Have you ever wanted to try rowing? Do you need to cross train, improve your cardiovascular fitness, and overall strength? The next season starts in the second week of September and lasts 10 weeks. There are two weekend regattas. The water practices are Wednesday from 2:00-4:00, Fridays 4:00-6:00, and Saturdays 12:30-2:30. Land training is Tuesday 3:30-5:00 and the bonus weight session is Monday from 4:00-5:30. The coaches will be Sam Shipley, Leonhard Braunizer, and Leo Prosalendis. This team is open for grades 8-12.

If this interests you, please check out the learn to row programs offered this summer at the Victoria City Rowing Club or the Gorge Rowing Club. These one week programs will give you a great introduction to the great sport of rowing and help prepare you for the high school program. Our two captains Julia Wale and Duncan McIntyre are excited to welcome you to our team. Be sure not to miss out.



**From the SARHS Music Dept.**

Thanks to all Music students who are providing music for our final school events next week: Awards Night and Grad Mass. Here are the important details:

**Awards Night** - Monday, June 26th@Sacred Heart Church. Choir & Jazz Band students, please arrive by 5pm in your school uniform. Music Year End Party to follow in the SARHS Music room around 8:30pm.

**Grad Mass** - Tuesday, June 27th@St. Andrew's Cathedral. Choir students, please arrive by 5pm in semi-formal but cool clothing as it may be warm. We will be singing in top choir loft.

Also, please make sure that all music and folders have been returned to Mr. O'Reilly.

**Thank you** again to all students for a fantastic year and congrats to all of our Music grads: Sophie Bechard, John Cerna, Patrick Nguyen, Matthia Patterson, Angela Rajendram, Magnus Thackray, Andrew Vining, Mark Cabuco, Preston Spratt. **We'll miss you!!**



# Local School Council

**Nomination to the council are being accepted!** Please contact [angelagrohovac@gmail.com](mailto:angelagrohovac@gmail.com) if you are interested in serving our high school community. Our meetings are the 4th Wednesday of the month at 6:30pm.

**New volunteer** software will be launched in September. Parents will need to have their Police Information report completed in order to volunteer (criminal record check). Reminding all families are responsible for 10ths of volunteer time or \$150. We will have lots of volunteer opportunities available.

## SPORTS PARENTS COMMITTEE

Thank you to all families who supported our student athletes throughout this school year.

We have been able to raise enough money for sideline seating for our sports teams, safety mats for the stage, and much more. We are focused on raising funds for tents for our outdoor sports. Our online auction raised \$1450. A wonderful start to this venture.

We have been given the opportunity to work the kid zone at St Patrick's bazaar on Oct 14, 10am-2pm we will need 7 parents and 10-15 athletes for this event. Please consider this opportunity and email: [angelagrohovac@gmail.com](mailto:angelagrohovac@gmail.com) if interested.

**Sabres Athletic Gear:** If you ordered any athletic clothing, your orders will be available from the office next week.

## JOB POSTING for Queen of Angels School, Duncan



Learning Support Teacher (0.6 FTE)

Start Date: September 2023

Application Deadline: June 26, 2023

Questions regarding this job posting may be directed to Kathy Korman, Principal, at [kkorman@cisdv.bc.ca](mailto:kkorman@cisdv.bc.ca)

## A COMMUNITY ENGAGEMENT OPPORTUNITY FROM SAANICH POLICE

Complimentary parent/caregiver session: Youth Gang-Associated Behaviour—Ensuring your child's safety

**Date:** Wednesday, June 28, 2023

**Time:** 6:30-9:30pm

**Location:** Cedar Hille Recreations Centre (GYM) - 3220 Cedar Hill Road, Victoria BC

### **Learning Outcomes:**

- Understanding current and gang-related activity
- Identifying early risk factors
- Awareness and education on social media/substances use trends
- Importance of accessing community-based supports
- Parent Resources & Guides
- Live Q+A

Safer Schools Together (SST), in collaboration with the Public Safety and Solicitor General, is implementing a comprehensive strategy called Gang Reduction through Informed Practice (GRIP). As part of this initiative, we are partnering with the Saanich, Central Saanich, Oak Bay and Victoria Police Departments to host a session on youth gang prevention and the current gang climate.

In this complimentary presentation, parents/caregivers will gain a deeper understanding of how youth become involved in gang-associated behavior, and strategies to navigate these complex situations.

**Please RSVP:** [communityengagement@saanichpolice.ca](mailto:communityengagement@saanichpolice.ca)



# St. Andrew's Homestay Program

## BECOME A ST. ANDREW'S HOST FAMILY



- Currently seeking host family for Grade 9 female student arriving from China April 1st.
- New host families needed for September (accepting applications). From September 2023 families receive \$1200/mo.
- Summer homestay (July & August) \$1300/mo

### LEARN MORE

[homestay@cisdv.bc.ca](mailto:homestay@cisdv.bc.ca)

250-886-5596

### SARHS HOMESTAY PROGRAM

**“Enlarge the space of your tent, spread out your tent cloths unsparingly, lengthen your ropes and make firm your pegs” (Is 54:2).** Pope Francis shared this passage in his latest synod message. He was talking about the Church as a whole, but here at St. Andrew's we can enlarge our tents by inviting our international students to have a heart-felt, home-felt experience during their time in Canada and as students at our Catholic High School.

Being the home away from home for our international students is a value-added experience but also a remunerated one. **For more information please contact [homestay@cisdv.bc.ca](mailto:homestay@cisdv.bc.ca)**





# June 2023

SUN	MON	TUE	WED	THU	FRI	SAT
<u>Week BADC</u>				1	2 <b>5 Block Day</b> Final SC Assembly	3 Neat Uniform Fitting 11am-6pm  Grad car wash and bottle drive9:30-2:30
4 <u>Week CDBA</u>	5	6	7  <b>Year End Dance</b>	8	9  <b>5 Block Day</b> Celebration of the arts	10
11 <u>Week DCBA</u>	12	13	14	15  Year End Mass	16 Last Day of Classes, extend- ed TAG, locker clean out, grad ball game  <b>Noon Dismissal</b>	17
18  	19	20	21	22	23	24
SCHOOL BASED EXAMS						
25	26  Grad awards night 6:30 pm	27  Grad Com- missioning 6:30 pm	28  Grad dinner dance and after grad 7:00 pm	29  Year end staff mtg PSG staff appreciation lunch	30  Report cards published in MyEd  Year End admin day for staff	

# September 2023

SUN	MON	TUE	WED	THU	FRI	SAT
					1 International Student Orientation	2
3 <u>Week ABCD</u>	4 Labour Day	5 <b>No School</b> Staff Retreat	6 Gr. 8 Breakfast & Orientation 8:15-10:15 New Intl Students 10:00 Homestay Orientation 11:00 New Gr. 9-12 11:00 Staff meeting	7  Return for all students 8:25-3:05  Begin with Assembly	8  <u>Individual Photo Day</u>	9
10 <u>Week BADC</u>	11	12	13  PLC for staff Music Parent Mtg 7pm	14	15  Student Council Retreat  International Student BBQ 5:30	16
17 <u>Week CDAB</u>	18	19  5 Block Day Opening Mass	20  Department meeting	21  Last day for course changes  Meet the Staff 6:30pm  Sport Info Night 7:30pm	22  <b>Pro-D Day</b> <b>NO SCHOOL</b>	23  Music Parents Car Wash
24 <u>Week DCBA</u>	25	26	27  Staff Prep  Local School Council 6:30pm	28	29  5 Block Day Assembly	30