



# Daily Announcements



**Monday, September-11-23**

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## From the Office:

Some friendly reminders to all students

- Uniform: Students are expected to wear dark socks only, no white, as well as all black shoes with no coloured markings including white stripes around the base and no obvious logos.
- If you require a course change please email both Ms. Sanders and Ms. Fowlie; [msanders@cisdv.bc.ca](mailto:msanders@cisdv.bc.ca) [cfowlie@cisdv.bc.ca](mailto:cfowlie@cisdv.bc.ca)
- If you are late to school or are leaving early, please stop by the office to sign in or out. Please remind your parents to email the office at [sarhs@cisdv.bc.ca](mailto:sarhs@cisdv.bc.ca)
- Please return all forms to the Office in the basket located outside the Office.
- Students driving to school will need a parking pass 2023/24 school year can email Mr. McLaverty. Passes are required in order to use the upper lot by Sacred Heart. Please include your name, make and model of car, colour, and license plate number in your message. There is absolutely no student parking in any of the staff lots. Please be sure to drive carefully and slowly in the church lot or in the school driveway.

## From Mr. McLaverty

Students are reminded that:

- \* backpacks are to be kept in your locker and not taken to class
- \* all lockers are to be kept locked. Students run the risk of having items stolen from lockers that are not locked.

## From Mr. O'Reilly

A reminder to all those signed up for Concert Band and Jazz Band, classes begin today at lunch with Jazz Band and right after school with Concert Band. Please bring your instruments to the Music Room. For those that have signed up for Choir, we will begin tomorrow morning (Tuesday) at 7:30. See you soon!

## From Mr. Cristante - Boys Soccer

Boys soccer meeting today at lunch in room 223 for any boy interested in playing this year. Tryouts will be tomorrow and Thursday. Bus will leave the top of the hill at 3:15. Training will be at Reynolds Park and will end at 5:00. You will need to arrange your own transportation home.

## From the Athletic Dept.

- Jr and Sr boys volleyball tryouts start today Monday! Please be prompt!
- Please check the white board for all practices taking place this week!

## From Ms. Gilbert

All Grade 8 students get your RETREAT 'PINK' permission slip to Ms. Gilbert before next week. Ms. Gilbert can be found in Room 224. Great day to be a Sabre!

From Ms. Sanders

Any students interested in joining the Cross Country Team, please come to room 147 today at lunch.

**SPORTS THIS WEEK Sept 11th-15<sup>th</sup>**

**MONDAY**

JR and SR (gr 9-12) Boys VBall Tryouts 3:15-5:15

**TUESDAY**

Rowing- dryland 3:30 - 5:00

JR and SR (gr 9-12) Girls VBall Tryouts 3:15-5:15

Boys Soccer 3:15 on bus-5pm

**WEDNESDAY**

Rowing Practice @ Elk Lake -bus @ 1:30

JR and SR (gr 9-12) Boys VBall Tryouts 3:15-5:15

**THURSDAY**

JR and SR (gr 9-12) Girls VBall Tryouts 3:20-5:15

Gr. 8-12 Competitive Swimming @ Gordon Head Rec @ 6:30-7:30am

Boys Soccer 3:15 on bus-5pm

Xcountry Practice 3:15pm

**FRIDAY**

Rowing Practice @ Elk Lake 3:15 @ bus