



# St. Andrew's Regional High School ISLAND CATHOLIC SCHOOLS

880 McKenzie Ave  
Victoria, BC V8X 3G5  
Web: [www.standrewshigh.ca](http://www.standrewshigh.ca)  
Email: [sarhs@cisdv.bc.ca](mailto:sarhs@cisdv.bc.ca)  
Tel: 250-479-1414  
Fax: 250-479-5356

**Principal:** Patrick Niwa  
[pniwa@cisdv.bc.ca](mailto:pniwa@cisdv.bc.ca)

**Vice Principal:** Ciaran McLaverty  
[cmclaverty@cisdv.bc.ca](mailto:cmclaverty@cisdv.bc.ca)

**Mission Statement:** St. Andrew's Regional High School strives to develop Catholic-Christian values in students by openly stating and celebrating our belief in the values Jesus taught. Our commitment to excellence in education of the whole person guides our decision-making. Our goal is to provide each student with opportunities to gain the knowledge, skills and values necessary to respond to personal challenges with faith, hope, and love.

**November 10, 2023**

**From Mr. Niwa**

Tomorrow we have the opportunity to pause and ponder the sacrifices that countless men and women from the navy, air force, and army have made during times of war and conflict. We must also remember our members of the Canadian peacekeeping forces who have also lost their lives. Our Canadian Armed Forces have served, and continue to serve, by helping societies in innumerable ways not only in times of war, but also in times of crisis, such as natural disasters.

Remembrance Day is not just about honoring the past; it's about acknowledging and taking the time to intentionally show our appreciation for the courage and sacrifice that shapes our present and future. It's about the soldiers who left their homes and families, not for glory and recognition, but for a cause greater than themselves. They fought and continue to fight for our freedom, our values, and our way of life. As Canadians, we are fortunate to live in one of the best countries in the world. We are especially fortunate to live in Victoria which was recently ranked the best small city in the world.

We must remember that conflict impacts all. We often focus our attention on the fallen soldiers; however, conflict impacts those who have returned as well. Whether it is the trauma to their bodies or to their minds, they are forever changed by their experiences. We must also remember families who have lost their loved ones and the deep loss this causes. They have been impacted as well. In the preceding weeks to Remembrance Day, we wear the red poppy, a symbol to help us remember as well as commitment a pledging that we will always remember, in gratitude, those who given the greatest sacrifice so we can have the gift of peace.

I challenge you to keep this pledge by taking a few moments of your time on Remembrance Day to offer a prayer of gratitude for those who will never return home and for those who have. In your prayer, remember that their sacrifice is for the benefit of all.

God Bless, Patrick Niwa



## Parent Teach Interviews—Scheduling Portal

Parent Teacher interviews will be held virtually through Zoom on Thursday, November 16th, from 2-5 & 6-9 pm. On Tuesday, November 14, we will send you the Zoom links to the teachers you will have scheduled meetings with; along with clear instructions to ensure productive 10 minute interviews.

**The online system for scheduling Parent Teacher Interviews is the same as in the past and will be on Friday, November 10th, at 9:00 am and will close Wednesday, November 15th, at 10:00 pm .**

Please go to the following website <http://sarh.schoolappointments.com> Parents will need to create accounts, as each year we need to clear out previous information from the system. An instruction booklet is attached to this email to assist you with this.

You can then choose up to 6 interview times with your child's teachers. To ensure interviews don't get backed up, please avoid booking back to back interviews with different teachers. This will allow transition time between your different Zoom meetings. The Parent Instruction booklet is attached to this email for your convenience

Please contact Mr. McLaverty should you have any questions or concerns when registering for appointments. [cmclaverty@cisdv.bc.ca](mailto:cmclaverty@cisdv.bc.ca)

## Mark Your Calendars:

November 10	5 Block Day—Remembrance Day Service
<b>November 10</b>	P/T Interview scheduling portal opens / Report Cards published in MyEd
November 13	<b>NO SCHOOL</b> —In Lieu of Remembrance Day
November 14	Cheese Fundraiser begins
November 15	P/T interview scheduling portal closes
November 15	Coffee Hour 7pm in school gym
November 16	Noon Dismissal—P/T interviews via Zoom
November 17	<b>NO SCHOOL</b> —Lieu Day
November 19	Purdy's Orders due
November 21	Post Secondary Info Night 6:30-8:30
November 22	\$2 civvies day, LSC meeting 6:30pm



REMEMBRANCE DAY  
*Let Us Not Forget*

## Career Counselling Department

Please mark the evening of **TUESDAY, November 21** on your family calendar. St. Andrew's will be hosting the **Post Secondary Info night** from 6:30 to 8:30. There will be representatives from 10 institutions, including UVic, Camosun, VIU, North Island College, the Coast Guard, Corpus Christi at St. Mark's College (UBC), SFU and BCIT. All students grades 10 and up, and their families are encouraged to attend. You can choose to attend 2 different presentations in designated classrooms, and then mingle in Commons with all of the representatives in a 'mini-fair'. Coffee and desserts are on offer!

Also on the 21st of November -- Students interested in learning more about becoming MDs are invited to an in-person or zoom session, hosted by UVic.

**When:** Tuesday, November 21, 2023

**Time:** 5:30 to 7:30 p.m.

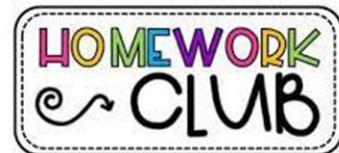
**Where:** UVic Medical Sciences Building I 50 & Zoom

**Cost/RSVP:** Free; register for either in-person seating or online viewing at [imp.med.ubc.ca/rzadInfoSession2023](http://imp.med.ubc.ca/rzadInfoSession2023)

## Religion Department

World Religions:

Thank you to Sudhakar Ganti and the Victoria Hindu Temple for welcoming our Religion 11 students for an opportunity to engage in interfaith dialogue!



Homework club (in room 222) will be starting up again on Tuesday, October 10, 2023! All are welcome to get some extra support and/or a quiet place to do work.

Days & times are: Monday, Tuesday, Thursday and Friday from 3:15 – 4:15 with one Education Assistant. Wednesdays are from 1:50 – 3:15 with five Educational Assistants!

## STUDENT NEWSPAPER — THE CIRCUIT



The first edition of our school's student newspaper, The Circuit, is now published! Visit <https://sarhscircuit.wordpress.com/> to see the latest from the world of SARHS students. Any student interested in joining The Circuit Writing Club can talk to Mr. Van Dyk or Maya in Grade 12. Meetings are every other Monday in Focus Block.

## Grade 12 Retreat!

Dear Parents of Grade 12 students,

GRAD RETREAT IS coming soon on **December 7th**.

Now is the time 'Insurance Papers' and green permission slips should be signed and into the school office or Ms Gilbert. Retreat for our GRADS is only three and half weeks away! Hard work is well underway preparing for this day.

Please contact Ms. Gilbert if you have any questions [rgilbert@cisdv.bc.ca](mailto:rgilbert@cisdv.bc.ca)



## Sports Parents Committee

**The Senior boys basketball team still needs a coach!** If you have the time, talent and inclination to support a great group of young athletes please consider volunteering your time for this position. Contact Lily Blair if you have any questions about the opportunity: [lblair@cisdv.bc.ca](mailto:lblair@cisdv.bc.ca)

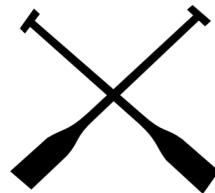


Also don't forget to support athletics by ordering Purdy's! Congrats to our jr and sr volleyball teams who now have completed their season.

Please return Jersey's asap! The sr and jr senior vball teams are in the playoffs this week and we wish them the very best. Our boys soccer team is up in Courtenay playing in the Island Championships! Go Sabres!! Also our Xcountry students Tadhg and Lindsey competed in the provincials championships this weekend so a big shout out to them as well!! Moreover, a big congrats to our rowing team and their successful regatta this past weekend. Lastly THANK YOU to all the coaches from all the teams for their time and hard work!! Also please have your athletic packages and payments in asap if your child plays on a team this year!

## Sabres Rowing

Congratulations to all the rowers who competed at the City Championships this weekend. Rowers experienced a highly competitive environment where athletes of all grades and experience levels are fielded into the same events. There were many close finishes from all crews, and several crews achieved podium placements in their categories. **Congratulations to Christo Farah and Charlie Lidstone who finished as the overall 3rd fastest double in the city.**



## PARENT SUPPORT GROUP: Volunteer Opportunities

**“Volunteering is at the very core of being a human. No one has made it through life without someone else’s help.” – Heather French Henry**

### Parent Support Group

The PSG is a volunteer group of parents who assists school administration, teachers, and students in building the amazing community that is St. Andrew’s High School!

PSG meetings are held once a month.

Attending a PSG meeting counts as one hour towards each parent’s school commitment of 10 hours of volunteer time.

*Join us for our next meeting!*

**Wednesday, December 6th, 7 p.m., in the school library**

Your contribution to the PSG will make a big difference at our school!



## From the SARHS Music Dept.

Our annual Coffee House is coming up next Wednesday November 15th at 7pm in the gym. This event will be a fantastic night of music featuring our own St. Andrew's Singers, Concert Band, Jazz Band and several talented solo artists, including a very special guest this year! Tickets can be purchased at the door for only \$10 and this includes refreshments! Don't miss this amazing evening next Wednesday night - 7pm in the gym!!

As mentioned previously, we will be selling delicious Drumroaster Coffee as part of a fundraiser tie-in with the Coffee House. Orders can be placed at <https://www.drumroaster.com/> (Select the 'Fundraising' tab on the site's main page and choose 'St. Andrew's School')

The final day for orders will be Nov. 13th and pick-up will be at the Coffee House on Nov. 15th.

Don't forget to order now!

A big congrats to the 8 St. Andrew's Singers who came out to represent our school at the UVic choral invitational this past Saturday. School choirs in attendance included Reynolds, Mt. Doug, Spectrum and Esquimalt. Despite some big numbers from the other schools, St. Andrew's maintained our 'small but mighty' reputation and impressed everyone in attendance with their performance. Way to go Choir students! It was a great day...to be a SINGER!!

### Hire-a-Choir - Dec. 8th/9th

Are you having a Christmas party this year? Looking to up your 'festive factor'? Why not hire St. Andrew's Singers to provide live music for your party! For a suggested donation of \$50, you can hire the choir to entertain your family and guests with fun, festive tunes that remind us of the reason for the season! Book now while there is still availability: [poreilly@cisdv.bc.ca](mailto:poreilly@cisdv.bc.ca)

### Important Dates:

Nov. 15th - Coffee House (7pm in the school gym - Concert Band, Choir, and Jazz Band)

Dec. 1st - Celebration of the Arts Assembly (11am in the gym - all groups)

Dec. 5th - Advent Mass (Choir - 11am at Sacred Heart Church)

Dec. 8th/9th - Hire-a-Choir

Dec. 20th - Advent Carol Concert (7pm in the gym - all groups)

St. Andrew's Regional High School  
Music Department

# COFFEE HOUSE



## LIVE PERFORMANCE

Music by St. Andrew's Singers, Concert & Jazz Bands plus many talented solo artists

Tickets \$10 at the door  
Wednesday November 15th at 7 PM

# St. Andrew's PSG Fundraiser (Nov 14-22, 2023)

## Paradise Island Cheese Variety Pack



880g of Paradise Island Cheese

- 220g – Monterey Jack Jalapeno
- 220g – Sharp Cheddar
- 220g – Gouda
- 220g – Applewood Smoked Old Cheddar

**Cost: \$25**-fundraiser for the St. Andrew's Parent Support Group (PSG)

**Order Pick-up will take place**

**on Thursday, Dec. 7th**

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**Did you know that Paradise Island's cheeses are made with 100% Canadian milk?** Their cheeses do not contain modified ingredients, antibiotics, growth hormones, artificial preservatives, fillers, gluten, or animal rennet. Paradise Island is environmentally conscious in their production and distribution methods, and is a family owned and operated business.

**Please collect orders from family & friends to support this community fundraiser.** Funds raised will assist in meeting the needs of the school community on three levels: financial, social, and educational.

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**PSG Paradise Island Cheese Fundraiser Order Form:** (Payment due at St. Andrew's Office by November 22, 2023.)

Name: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Student Name: \_\_\_\_\_

Total # of boxes: \_\_\_\_\_

Total payment due: \$ \_\_\_\_\_

Method of Payment: (circle) e-transfer/ Cheque/ Cash/ Credit Card

\*e-transfer to [sarhs-psg@cisdv.bc.ca](mailto:sarhs-psg@cisdv.bc.ca) or call the office at 250 479-1414 to pay by credit card



## SPORTS PARENTS PURDY'S CHOCOLATE FUNDRAISER

***Christmas is not Christmas without Purdy's Chocolate!***

The Annual Sabres Sports Purdy's Fundraiser starts on **NOW!**. Your child will be bringing home a Purdy's Chocolate catalogue filled with wonderful chocolatey ideas for Christmas. Think about ordering for family, friends, teachers, coaches and work colleagues. This is the only Fall Fundraiser for Sabres Sports and 25% of the profits go directly to Sabres Athletics. Please support Sabres Sports!

Last day for ordering  
**SUNDAY, NOVEMBER 19<sup>TH</sup>, 2023**

**Pick up will be December 8<sup>th</sup> between 2:30 -4pm, in the SARHS Library.**

2) On-line Ordering Going to <https://fundraising.purdys.com/1398157-110209>

To order on-line, begin by

**a) NEW ONLINE CUSTOMERS** - Click **Register** (top right hand side). Enter your information under New Member Registration (Name, email address, and a password. Click **REGISTER**  
It will tell you that you have signed up as a member – Click **Continue**.  
Now enter the Customer # - 16035 and click **Search**.  
Click **Join this group**  
Next choose **Go To Group Home page**  
Now you can shop online either through the Marketplace

**b) RETURNING CUSTOMERS!!** Click at **Login** and enter your email address and password (if you forgot password you can reset one- it will prompt you) and you will be directed to start shopping  
**Place your order. To make payment:**

You can pay immediately on-line with a credit card. The website is completely secure and all information is confidential.

You can also share our customer #16035 with family and friends

***Thank you so much for supporting Sabres athletes!***

If you have any questions, do not hesitate to contact

**Maria Weeks – mperri@telus.net**

## Around the Diocese and community

- **CISDV – AGM:** The Annual General Meeting (AGM) of the Catholic Independent Schools Diocese of Victoria (CISDV) Society will be held on **Wednesday, November 22**. There will be a private ballot election for two positions to the CISDV Board of Directors at this meeting. Each position is for a three-year term. Nomination forms may be requested from [schools@cisdv.bc.ca](mailto:schools@cisdv.bc.ca) and must be completed and sent to the Nomination Committee at [schools@cisdv.bc.ca](mailto:schools@cisdv.bc.ca) *no later than Friday, November 10*. Potential Board Members must meet the following requirements for nomination:
  1. Be a practicing Catholic and an active member of a Catholic Parish in the Diocese of Victoria.
  2. Not be an employee of the CISDV, an immediate relative of an employee of the CISDV, nor a student of a school under the jurisdiction of CISDV.
  3. Read and understand the constitution and bylaws, policies 200 and 201 and the method of election.
  4. Have a signed nomination form which includes two sponsors and Parish Priest.

**For further information, contact the Island Catholic Schools office at 250-727-6893.**

- All children and youth are invited to participate in the Secular Franciscans of Western Canada's Fine Arts & Poster Contest. The theme for this year's contest is "The Greccio Nativity Scene", to celebrate the story of St Francis of Assisi creating the first nativity scene 800 years ago in a cave near Greccio, Italy. Entries must be postmarked by Wednesday, November 15<sup>th</sup>. For more information and the contest entry form, please visit <https://drive.google.com/file/d/1PFMWIT3uUKV1yoGmOBPcGYx0JoCdmsPo>
- On Tuesday, November 14, Bishop Gary will celebrate a Mass of Remembrance for the clergy and religious who served in our Diocese who have died in the past year. The Mass will be held at noon; all are invited to participate, either in person at St. Andrew's Cathedral in Victoria (740 View St), or via the Diocesan livestream at <https://www.youtube.com/@RCDVictoriaLiveOne>
- The Bishop's Appeal, Tapestry of Faith, is still accepting 2023 donations. Please consider making a financial commitment to the Bishop's Annual Appeal. Not only are you helping our parish, but you are making a real difference to our greater Diocesan faith community, our religious leaders, and Local Mission Parishes. Donations may be made on-line at: <https://www.rcdvictoria.org/bishops-appeal>

## Island Catholic Schools Job Opportunity

### **JOB POSTING for St. John Paul II School, Port Alberni**

Temporary Learning Support Teacher (1.0 FTE) October 15, 2023 – March 1, 2024

Application Deadline: Until position is filled

Questions regarding this job posting may be directed to Rachelle Warman, Principal, at [rwarman@cisdv.bc.ca](mailto:rwarman@cisdv.bc.ca)

#### APPLICATION PROCESS

1. Create your Make a Future profile
2. Complete and add all required application documents to your profile (see below)
3. Apply to this job posting

Please note that while all applications will be reviewed, only short-listed candidates will be contacted for an interview.

Did you know? If you are currently an education student graduating this year, you can upload your documents as you receive them and still apply for this job posting.

#### REQUIRED APPLICATION DOCUMENTS :

- BC Teaching Certificate (<http://teacherregulation.gov.bc.ca>)
- Resume
- Cover Letter
- Proof of Eligibility to Work in Canada (Canadian Birth Certificate, Canadian Citizenship Card, Permanent Residence, etc.)
- Baptismal Certificate (if applicable)
- Marriage Certificate (if applicable)
- University Transcripts (photocopy accepted)
- Most Recent Teacher Evaluation (if applicable)
- Two Recent Reference Letters (Professional & Character)
- Employee Declaration Form (<https://cisdv.bc.ca/employment-opportunities/>)
- Pastoral Reference (if Catholic) (<https://cisdv.bc.ca/employment-opportunities/>)

**NOTE:** For the Pastoral Reference (for Catholic Applicants) please download the form, provide to your Pastor for signing, and have them submit directly to [info@cisdv.bc.ca](mailto:info@cisdv.bc.ca)

# November 2023

SUN	MON	TUE	WED	THU	FRI	SAT
<u>Week</u> <u>ABCD</u>			1 Day 2  Staff meeting	2 Day 1  <b>Gr. 9 retreat</b>  <b>Literacy 10</b>	3 Day 2 Student council Assembly  <b>Term 1 Ends</b>	4
5 <u>Week</u> <u>BADC</u>	6 Day 1 Term 2 Begins	7 Day 2	8 Day 1  PSG meeting 7pm	9 Day 2	10 Day 1 <b>5 block day</b> <b>Remembrance Day</b> P/T Interview scheduling portal opens <b>Report Cards pub in MyEd</b>	11
12 <u>Week</u> <u>CDAB</u>	13 <b>No School</b>	14 Day 2  Fukushima Seikei Visit	15 Day 1 <b>PLC for staff</b> P/T Interview scheduling portal closes <b>Coffee House 7pm</b>	16 Day 2  Students Dismissed at 1:30pm P/T interviews via zoom	17  <b>No School</b> <b>Lieu Day</b>	18
19 <u>Week</u> <u>DCBA</u>  Purdy Orders due	20 Day 1	21 Day 2  Post Secondary Info 6:30-8:30	22 Day 1  Student Council \$2 civvies day <b>Dept. Meetings</b> Local School	23  <b>No School</b> <b>Diocesan Faith Day</b>	24  <b>No School</b> <b>Diocesan Faith Day</b>	25
26 <u>Week</u> <u>ABCD</u>	27 Day 2	28 Day 1	29 Day 2  Staff prep	30 Day 1  Feast of St. Andrew Blue & White Day		



# December 2023

SUN	MON	TUE	WED	THU	FRI	SAT
					1 Day 2  Gr. 7 Shadow Day	2
3 <u>Week</u> <u>BADC</u> First Sunday in Advent	4 Day 1	5 Day 2 Young Entrepreneurs Show <b>5 Block Day</b>	6 Day 1  Staff Meeting 2:15pm	7 Day 2  <b>Grade 12 Retreat</b>	8 Day 1 Gr. 5 Activity Day with SJV and SPS <b>Hire-a-choir</b>	9  <b>Hire-a-choir</b>
10 <u>Week</u> <u>CDAB</u>	11 Day 2	12 Day 1	13 Day 2	14 Day 1	15 Day 2	16
17 <u>Week</u> <u>DCBA</u>	18 Day 1 Tag Door decorat- ing	19 Day 2	20 Day 1 Dept Mtg. Advent carol ser- vice 6:30pm	21 Day 2 Interim Reports	22 Day 1 SVdP Assembly PA Gingerbread House Contest / <b>school closes 12</b>	23
24	25	26	27	28	29	30
School Closed for Christmas Holidays December 23—January 8, 2024						
31						