



Daily Announcements



Thursday, February-08-24

From Ms. Fowlie

The **last day** for course changes is **TODAY**, Friday, February 9. Please use the course change form, email, or pop-in to see Ms. Fowlie in 241.

From Mrs. Kearsey

Tomorrow, **Friday, February 9th** is a Civvies Day. To participate you need to contribute **two cans of food** (or a toonie) to **Help Ukraine Vancouver Island**. Remember to wear appropriate civvies (ladies, no bare midriff).

From the Religion Department

Father Jan says mass at **7:45 am every Friday morning** in our chapel. All students and staff are welcome.

From Mrs. Blair

Congrats to jr boys bball as they stay alive in the playoffs beating Parklands 51-41. Evan Stearns ripped down 9 boards and scored 13 pts, Austin had 17 and Emile Hogg was a force on defence leading the team with game changer 10 steals while chipping in 7 pts. Liam Grange had a great game with 8pts! Great team effort! go Sabres!!

From Ms. Gilbert

Here it comes **grade 11's...YOUR RETREAT DAY!** Your BLUE retreat permission slip and fee are due next week. Please get those into Ms. Gilbert ASAP for planning purposes. It's going to be a great day!

From Mr. McLaverty

Last night the Junior Girls basketball team hosted the Esquimalt Grade 10s in the first round of playoffs and came out on top in spectacular style. The Sabres' girls brought a ferocious defence to the game, keeping Esquimalt to only 4 points, that's right just 4 points in the first half!

The girls went on to post a 47-18 win. Mariana B led the defence with 12 rebounds and 4 blocks. Rosie S chipped in with 6 steals, of the good kind, and Sara O skillfully guided the offence.

The girls go on to a semi-final against Mt. Doug next Monday, February 12th as they shoot for the city championship.

From Your Student Council

Hey sabres! with Valentine's Day coming up, the student council invites you to participate in our annual heart game! Next Monday and Tuesday, February 12th and 13th, there will be an envelope for each TAG to be picked up from the office.

Rules:

- ✓ This game is only valid to play **in between classes, focus, and lunch**
- ✓ there will be 2 days to steal hearts: Monday (for the boys) and Tuesday (for the girls)
- ✓ On Monday, all boys will receive their sticker hearts from TAG and stick them on their shirts.

Goal:

- ✓ **The goal of the game is to keep your heart, and not lose it to the people on the other day.**
- ✓ You **keep** your heart by not talking to the opposite gender
 - ex: Monday, the boys must try not to talk to the girls during any of the **valid times**; between classes. If they do talk to them, the boys will lose their hearts and must give it to the girl that they talked to. The same goes for the girls on Tuesday, they try to keep their hearts while boys try to steal them.
- ✓ At the end of day Monday, the boy with the most hearts brings them to the office.
- ✓ At the end of day Tuesday, the girl with the most hearts brings them to the office.

We hope you enjoy the game and good luck, sabres!

From Mrs. Blair

- ✓ There is an important, junior and senior girls basketball meeting at lunch **TODAY** in the gym.
- ✓ **Calling all sports fans!** Do you like sports and want a **FREE SABRES SHIRT**? Better mark your calendars and sign up for Mrs. Blair's focus block for **next Tuesday**, February 13th, for a chance to win! A qualified coach both at the provincial and national level, along with the amazing Mrs. Blair, will be speaking about **women in sports**. They will be sharing their insights and advice for young athletes. Don't miss out on this opportunity to be inspired and spread some sabres spirit!!!!

Sports this Week

THURSDAY

Gr 8 volleyball pract. focus block

JG and SG bball pract. 3:15-4:45

Open House Night 6-9pm

FRIDAY

Gr. 8 girls Vball pract. 3:15-4:45