



St. Andrew's

Regional High School

ISLAND CATHOLIC SCHOOLS

880 McKenzie Ave
Victoria, BC V8X 3G5
Web: www.standrewshigh.ca
Email: sarhs@cisdv.bc.ca
Tel: 250-479-1414
Fax: 250-479-5356

Principal: Patrick Niwa
pniwa@cisdv.bc.ca

Vice Principal: Ciaran McLaverty
cmclaverty@cisdv.bc.ca

Mission Statement: St. Andrew's Regional High School strives to develop Catholic-Christian values in students by openly stating and celebrating our belief in the values Jesus taught. Our commitment to excellence in education of the whole person guides our decision-making. Our goal is to provide each student with opportunities to gain the knowledge, skills and values necessary to respond to personal challenges with faith, hope, and love.

National Truth and Reconciliation Day

Survivor's Flag



Today, in honour of the **National Day of Truth and Reconciliation**, aka Orange Shirt Day, all students were encouraged to wear an orange shirt as a statement of solidarity with our First Nations.

The flag depicted above is the **Survivor's Flag**, a symbol meant to honour Survivors of residential schools and all the lives, generations and communities affected by the residential school system in Canada.

To learn more about the flag and its symbolism please visit the [following link](#).

As there is no school on Monday, all St. Andrew's students are invited to the South Island Powwow this **Monday, September 30**, starting at **10:00am** at **Royal Athletic Park**. The annual South Island Powwow is an opportunity to recognize survivors and their families in the spirit of reconciliation. Through song and dance, they will celebrate traditional Indigenous cultures and resiliency. **Admission is free.**

3RD ANNUAL
SOUTH ISLAND POWWOW
SEPTEMBER 30, 2024

HOST DRUMS
SMOKEY VALLEY & WILD RIVER

MC
FRANCIS JAMES

ROYAL ATHLETIC PARK
1014 CALEDONIA AVE, VICTORIA, BC

YOUTH	YOUTH	ADULT	DRUM
JUNIORS	TEENS	IRONMAN	GROUP
1ST \$500	1ST \$500	1ST \$3,000	1ST \$5,000
2ND \$300	2ND \$300	2ND \$1,500	2ND \$2,500
3RD \$200	3RD \$200	3RD \$750	3RD \$1,000

DRUM PRE-REGISTRATION:

DANCE REGISTRATION
ON-SITE GATES OPEN
10:00 AM

<https://www.songheesnation.ca/south-island-powwow>

Mark You Calendars:

September 30	Day for Truth and Reconciliation— NO SCHOOL
October 2	PSG meeting 7pm
October 3-16	WORLD FOOD DRIVE (bring canned goods to TAG)
October 10	Grade 8 retreat day
October 14	Thanksgiving—NO SCHOOL
October 15	Photo retakes (come in uniform if you want your photo taken)
October 16	World Food Walk—last day to bring canned goods
October 17	The Great BC Shakeout
October 23	LSC meeting 6:30pm
October 25	Pro-D day—NO SCHOOL
October 28 & 29	Grade 12 Literacy assessment
October 31	Costume Day
November 1	ICS pro-d Day—NO SCHOOL



Especially towards the end of the school day, families are anxious to pick up their child. League sports, appointments, dance practice often make the end of the school day hectic with little time to get from here to there. We would like to remind all our parents that parking lots are often congested with vehicles and pedestrians. Please be patient with each other. As school is dismissed at 3:05, arriving too early only adds to the congestion. To help reduce this congestion, consider using the upper parking lot at the church.

To help ensure smooth flowing traffic, do not stop on the roadway between the church and the school or using staff parking lots to pick up or turn around. Please ensure you do not park on the yellow curbs in the front driveway. This only increases the likelihood of an accident and students getting injured. Additionally, while driving to school and leaving the school, please follow the legal as well as courteous rules of the road. The school and our school neighbours appreciate your consideration as you drive through the neighbourhoods.

RETREAT DAY NEWS!

From St. Andrew’s Retreat Coordinator: Ms. Gilbert

"Pray-Play-EAT"

Dear Grade 8 Parents,

Your child's retreat day is fast approaching!

The grade 11 Leadership TEAM of St. Andrew’s are working hard to make this a FUN, Faith filled day for your child and all students at St. Andrew’s are required to attend.

On Thursday, October 10th all grade 8 students will meet at St. Andrew’s and head to Camp Pringle by bus at 8:30am.

Buses will return to the school at 7:30pm for you to pick up your child.

Please have your child dress weather appropriate with layers, sturdy runners, and outside gear as the day will be partly out in the fresh air!

Please pack a hearty lunch with a refillable water bottle. Snacks and dinner will be provided.

It is sure to be a great day!

You may contact Ms. Gilbert if you have any questions or for some reason you know your child will be away that day rgilbert@cisdv.bc.ca

Great Day to be a Sabre!

The following dates are the retreats to come: please Sabre
Families clear your childs schedule for their grade level retreats.

Grade 9 retreat: Thursday, November 7th, 2024
Grade 12 retreat: Thursday, December 12th, 2024
Grade 11 retreat: Thursday, March 6th 2025



St. Andrew's Rowing

The rowing team has had a great start to the season. With 28 athletes on the team this year and four practices a week, we are really busy and training hard. (Some athletes have added some swimming experiences as well). Our first regatta is fast approaching on Oct 5, 6 at the Elk Lake Boathouse. We would love for you to come out and cheer us on.

Coach Arthurs



Homework club (in room 222) All are welcome to get some extra support and/or a quiet place to do work.

Days & times are: Monday, Tuesday, Thursday and Friday from 3:15 – 4:15 with one Education Assistant. Wednesdays are from 1:50 – 3:15 with five Educational Assistants!

From The Office

Attendance: This week the verification, earthquake and medical forms went home. Thank you very much to all who have returned them to the office. If you have not yet done so, can you please fill out the information and return to the office. This is important, even if you have no changes to report. These forms are now overdue. Please return them asap.

Tuition withdrawals: There is now a new software being used by the Diocese for withdrawing tuition payments. Instead of seeing one lump sum payment withdrawn you will now see three withdrawals. One is the tuition, and there will be two smaller withdrawals which are the monthly payment for the yearbook, earthquake and transit fees. If you have any questions in this regard, please contact the Diocese for further support.

GRAD CORNER

Coming Soon! Tuesday, October 8th at 7:00 pm in the school library. All Grad Parents, please come down and help with the planning, decorating and organizing of your kid's Winter Formal and Dry Grad events. Possibly the last chance to control their lives!



St. Andrew's Parent Support Group

Thank you for helping us help our school!

PICTURES OF DEDICATION
2024-25 PSG Board Members



Linda
Fodchuk Nicoll
President



Mia
Curtis
Vice-President



Chrissy
Kendrick
Secretary



Stephanie
Kilner
Treasurer



Francis (Frank)
Camaraire
Member at Large



Alejandra
Trindade
Member at Large



Maria
Giorgi
Member at Large



Maria
Perri Weeks
Member at Large



Fausto
Giorgi
Member at Large



Lori
Angelini
Member at Large

Thank you to Mr. McLaverty, Rosa, Valentina, LSC, Student Council and Music, Sports, and After Grad reps., who keep us informed and help us make decisions.

The PSG
Supports...

- Grade 8 Orientation Breakfast
- Meet the Staff Night
- Hot Lunch
- Parent Education Events
- Student Council Activities
- Music and Sports
- Island Catholic Schools SARHS Open House
- Student Scholarships
- School Community Legacy Requests

★ Next
PSG Meeting
Wed. Oct. 2
7 pm in the library
All Welcome!

And the PSG June '24 Hot Lunch Survey said...

- offer a hot lunch at the school, 2 to 3 times a week
- pizza is the #1 menu food choice
- offer vegetarian, dairy free, egg free and gluten free food items
- prices are reasonable
- quality is good
- and add salad, soups, sandwiches, sushi, and fruit to the menu!

Hot Lunch
will start
3rd week
in October!

St. Andrew's Parent Support Group

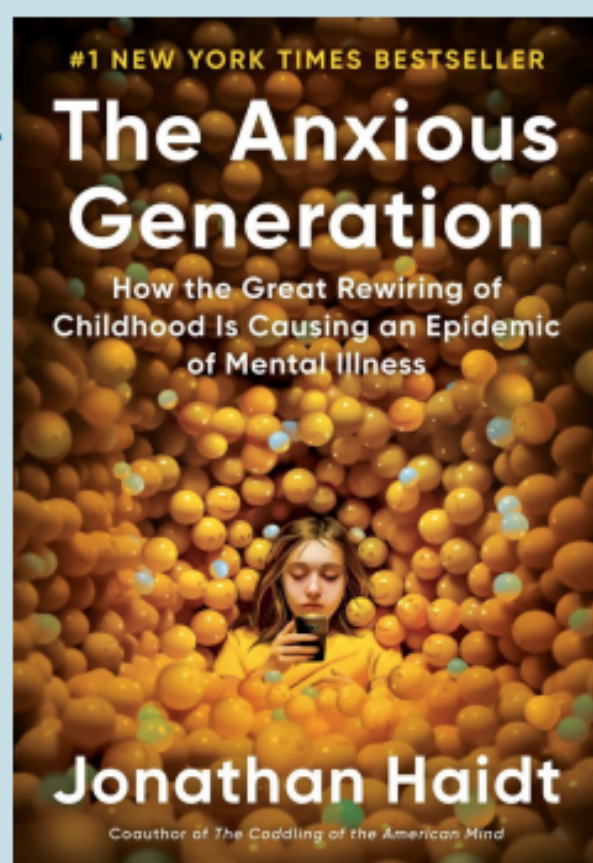
Thank you for helping us help our school!

sarhs-psg@cisdv.bc.ca

St. Andrew's High School

New

Parent Book Club



Do you like to read?
Do you have questions about parenting?

Well, look no further.
The PSG Parent Book Club is here to help.

Borrow a copy of our 1st book from the school library. Or purchase your own copy to pass on to another parent later.

PSG Book Club Night

Tue. Oct. 22, 7 pm to 8:30 pm, Library

Light Refreshments. Everyone welcome.
(even if you have yet to read the book!)

Please send your Parent Book Club questions to the PSG at:

sarhs-psg@cisdv.bc.ca

Five copies of *The Anxious Generation* have been purchased by the PSG.

Books will be available to be borrowed through the school library.

See the school librarian Mrs. Paul to sign out a book.

Please note school book copies will be available on a first-come, first-serve basis.

Books are also available at Bolen Books and available to purchase online.

Or free as an audio book through Spotify with a premium subscription and family account.

Sports Parents

Sports Parents Committee first meeting will be **Thursday, October 10th at 6pm.**

All those parents with students participating in sports throughout the year are welcome to attend.

GRADE 8 BASKETBALL COACH NEEDED

We are still in need of a Grade 8 basketball coach. If a coach cannot be found we may not be able to run the team. If you are interested or know someone who is please email our Athletic Director, **Isabella Marsiglia** at: imarsiglia@cisdv.bc.ca

Thank you!



BASKETBALL REFEREE ORIENTATION CLINICS



SPENCER MIDDLE SCHOOL: MONDAY SEPT
23, 6-8PM (DOORS OPEN AT 5:30)

OR

GORDON HEAD MIDDLE SCHOOL: SUNDAY SEPT
29, 6-8PM (DOORS OPEN AT 5:30)

WHO: EVERYONE INTERESTED IN A FIRST
EXPOSURE TO BASKETBALL REFEREEING

WHY: AN INTRO SESSION FOR THOSE WHO
WANT TO BE COMFORTABLE REFEREEING
ELEMENTARY SCHOOL, MIDDLE SCHOOL
AND YOUNGER NIGHT LEAGUE DIVISIONS.
PARENTS, STUDENTS, COACHES AND MORE!

COST: FREE!

ON-FLOOR DEMONSTRATION BY
WESTSHORE BASKETBALL PLAYERS

***NO PRE-REGISTRATION REQUIRED**



ST. PATRICK'S CATHOLIC WOMEN'S LEAGUE

Fantastic FALL BAZAAR

OCT 5, 2024 9:30 - 2pm

SUPER FUN
KIDS ZONE!
+
KNIGHTS OF
COLUMBUS DELISH
SNACK BAR



KIOSKS

- 1 BOOKS & PUZZLES
- 2 FAITH & CHRISTMAS
- 3 HARVEST/GARDEN
- 4 HOBBY GROUP
- 5 HOME BAKING
- 6 HOME DECOR & ESSENTIALS
- 7 JEWELLERY
- 8 KIDS' ZONE
- 9 KNIGHTS OF COLUMBUS SNACK BAR
- 10 LUCKY 7 GAME OF CHANCE
- 11 SILENT AUCTION
- 12 TEA ROOM
- 13 TOMBOLA RAFFLE

Large Variety of Kiosks + Quality Silent Auction
Tombola - Grand Prize \$300

St. Patrick's Church [Lady of Lourdes Hall]
2060 Haultain Street
Ample Parking + Wheelchair Accessible



SOME OF THE CHARITIES WE SUPPORT ARE: African Heritage Assoc., Anawim House, ANCOP (Answering the Cry of the Poor), Birthright, Development and Peace, Canadian Foundation for the Children of Haiti, Coady International, Missions in Canada and abroad, Mount St. Mary Hospital, Oak Bay Volunteer Service Society, St. Patrick's/St. Andrew's Schools and Student Bursaries, St. Vincent de Paul - Rosalie's Village, Sanctuary Youth Centre, Sandy Merriman House, The Soup Kitchen, Threshold Housing Society, as well as church needs.