



# St. Andrew's Regional High School ISLAND CATHOLIC SCHOOLS

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Victoria, BC V8X 3G5  
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**Principal:** Patrick Niwa  
[pniwa@cisdv.bc.ca](mailto:pniwa@cisdv.bc.ca)

**Vice Principal:** Ciaran McLaverty  
[cmclaverty@cisdv.bc.ca](mailto:cmclaverty@cisdv.bc.ca)

**Mission Statement:** St. Andrew's Regional High School strives to develop Catholic-Christian values in students by openly stating and celebrating our belief in the values Jesus taught. Our commitment to excellence in education of the whole person guides our decision-making. Our goal is to provide each student with opportunities to gain the knowledge, skills and values necessary to respond to personal challenges with faith, hope, and love.

**Friday, November 8th, 2024**

## High Flight

Oh! I have slipped the surly  
bonds of earth  
And danced the skies on laugh-  
ter-silvered wings;  
Sunward I've climbed, and  
joined the tumbling mirth  
Of sun-split clouds - and done  
a hundred things  
You have not dreamed of -  
wheeled and soared and swung  
High in the sunlit silence.  
Hov'ring there,  
I've chased the shouting wind  
along, and flung  
My eager craft through footless  
halls of air...  
Up, up the long, delirious,  
burning blue

I've topped the wind-swept  
heights with easy grace  
Where never lark, or even ea-  
gle flew -  
And, while with silent lifting  
mind I've trod  
The high untrespassed sanctity  
of space,  
Put out my hand and touched  
the face of God.

- Officer John G. Magee, Jr. - No-  
vember, 1941



## Parent Teach Interviews—Scheduling Portal

Parent Teacher interviews will be held virtually through **Zoom** on **Thursday, November 28th**, from 2-5 & 6-9 pm. On Tuesday, November 26th we will send you the Zoom links to the teachers you will have scheduled meetings with; along with clear instructions to ensure productive 10 minute interviews.

**The online system for scheduling Parent Teacher Interviews is the same as in the past and will open Friday, November 20th, at 7:00 am and close Wednesday, November 27th, at 10:00 pm .**

Please go to the following website <http://sarh.schoolappointments.com> Parents will need to create a NEW account, as each year we need to clear out previous information from the system.

You can then choose up to 6 interview times with your child's teachers. To ensure interviews don't get backed up, please avoid booking back to back interviews with different teachers. This will allow transition time between your different Zoom meetings. The Parent Instruction booklet is available on the school website.

Please contact Mr. McLaverty should you have any questions or concerns when registering for appointments. [cmclaverty@cisdv.bc.ca](mailto:cmclaverty@cisdv.bc.ca)

### Mark You Calendars:

|               |                                   |
|---------------|-----------------------------------|
| November 11   | Remembrance Day— <b>No School</b> |
| November 12   | Term 2 begins                     |
| November 13   | Coffee House 7pm                  |
| November 22   | ICS Faith Day— <b>NO SCHOOL</b>   |
| November 22   | Report Cards posted to MyEd       |
| November 27   | LSC meeting 6:30pm                |
| November 28   | Lockdown Drill 9:30am             |
| November 28   | Parent/Teacher Interviews         |
| November 29   | Day off in lieu— <b>NO SCHOOL</b> |
| December 1-13 | Socks, mittens & toques drive     |
| December 3    | Advent Mass 10:30am               |



## RETREAT DAY NEWS!

Dear Grade 12 Parents,

Your child's final retreat at St. Andrews High School is happening soon.

The **PURPLE** Permission slips are coming home for your signatures for GRAD Retreat Day on December 12th. This day is one of the final times the grad class is all together as a group. Please have your child return it to Ms. Gilbert with the fee for this important day. \*Please send in your **INSURANCE FORMS** to Ms. Stellino in the main office if you have not done so already.

Thank you for helping make this a memorable day for your child.

Please contact Ms. Gilbert if you have any questions.

[rgilbert@cisdv.bc.ca](mailto:rgilbert@cisdv.bc.ca)

*It's a Great Day to be a Sabre!*

## St. Andrew's Rowing

Last week, the rowing team hosted and led a Parent Regatta. It was a beautiful fall evening at Elk Lake with lots of laughter, instruction and lasting memories. After a brief introduction by their child, the parents jumped into the boat and raced—all to learn and appreciate the fine sport of rowing. A quote from a parent was "It was exhilarating!" Prizes were given out by the academy students and fun was had by all.





## MUSIC DEPARTMENT



### **Congrats to Rhys Adams and the BC Honour Choir!!**

Congratulations to our very own St. Andrew's Music student, Rhys Adams, who was accepted into the BC Honour Choir featuring the top choral students in the province. Rhys participated in an absolutely stunning performance with the BC Honour Choir on Oct. 25th in Vancouver. (See attached photos.) Excellent work, Rhys!! We are very proud of you!!

### **UVIC Choral Invitational**

St. Andrew's Singers participated in a city-wide choral singing event at UVic's School of Music on Sunday, Nov. 3rd, along with choirs from Mt. Doug, SMUS, Belmont, Reynolds, Spectrum, and Oak Bay. Students were also greatly inspired by a performance from the award-winning UVic Chamber Singers. Our singers were fantastic representatives for our school and they did us proud. Well done, St. Andrew's Singers!

### **Remembrance Assembly**

St. Andrew's Singers and Concert Band have been busy preparing for our Remembrance Assembly on Nov. 8th. Thank you for all of your hard work in honouring those who have fought for our freedom!

### **Coffee House - Next Wed!**

St. Andrew's Concert Band, Singers, and Jazz Band (along with other St. Andrew's soloists) will all be performing at our annual Coffee House evening, which will take place next Wed, Nov. 13th at 7pm in the gym. Refreshments will also be served. Please save the date and bring your friends and family for a fabulous night of music! Tickets can be purchased at the door for only \$10. (See attached poster.) All are welcome!

### **Important Dates**

Wednesday, Nov. 13th, 7pm - Coffee House (Choir, Concert Band, Jazz Band, school gym)

*(Students arrive by 6pm in FULL SCHOOL UNIFORM)*



St. Andrew's Regional High School  
Music Department

## COFFEE HOUSE



## LIVE PERFORMANCE

Music by St. Andrew's Singers, Concert & Jazz Bands plus many talented solo artists

Tickets \$10 at the door  
Wednesday November 13th at 7 PM

# Sports Parents

Lots going on in our fundraising department. Please consider supporting our Athletic Department in any way you can.

**Purdys Campaign** is set to go please see the attached flyer to sign in and place your order.

**Beer and Burger night-** Nov 28 We have 2 seatings available. 5:30pm and 7Pm Adult tickets \$25 and Childs ( under 12) \$20. There are vegetarian and non alcoholic options available as well as the kids can choose chicken strips or Mac and Cheese if they are not burger fans. We will have a 50/50 draw at each seating. Tickets on sale at All home games for our Basketball or email angelagrohovac@gmail.com and we will get you set up.

**Bottle Depot** - Have a bag of bottles to return? We have an account at both the Glandford and Quadra st locations of the Return It Bottle Depots, Just tell the staff member St Andrews Regional High School - Sports. Our athletic department will receive the donation.

**Hot Lunch Fridays-** Taco Salad in a Bag is a hit. If you have time to help serve on Fridays at 11:50 am Please join us.

## GRAD CORNER

Winter Formal Date is set January 25, 2024, we have booked the Royal Colwood Golf Course. Tickets will go on sale Dec 10 through to January 15th.

Our **Next Planning meeting** is January 7th 6:30pm at the school.

Our big fundraiser is a 50/50 draw in Jan and Feb where the winner could win \$10000.00 Stay tuned



**It's finally here!** The first edition of our school's student newspaper, The Circuit, is now published! Be sure to check out The Circuit for the latest in student content. Interviews with new teachers, Halloween inspiration and recipes, Grade 8 highlights, and more! Check out <https://sarhscircuit.wordpress.com/> and follow @sarhscircuit on Instagram. Way to go, student writers!

The Circuit writing club meets every other Monday during Mr. Van Dyk's Focus. New members are welcome to join!

# HOT LUNCH

Our Hot Lunch program is soft launching on Monday with Tacos in a bag for \$5!

We hope to have the full menu finalized by Monday, and it will be sent out to parents when it is, but in the meantime the current menu being served next week is:

**MONDAY: TBD**

**TUESDAY:** Quality Foods 'Chow Mein' \$8 a plate

**WEDNESDAY:** Perogies or Samosa's \$5 a plate

**THURSDAY:** Pizza \$4 a slice

**FRIDAY:** Tacos in a bag (crush nacho Doritos with taco toppings) \$5

\*Chocolate milk and cookies will be sold at every hot lunch for an added \$2.

*Hot lunch is served in the Commons on a first come first serve basis.*



**SAVE THE DATE**

**Tues., Nov. 19**

PSG Parent Education Night

**Addiction Awareness**



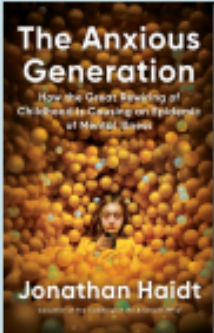
**St. Andrew's Regional High School  
School Library**

**7 p.m. to 8:30 p.m.**

Doors Open 6:30 p.m.

Light Refreshments

All School Families and Members Welcome!



**Door Prize  
Draw**  
Enter to win  
the book  
*The Anxious  
Generation*

**Speakers:**  
**Anne Nguyen**  
**Alex Omoding**  
**Michele Sanders**

Email the SARHS PSG at [sarhs-psg@cisdv.bc.ca](mailto:sarhs-psg@cisdv.bc.ca)  
with questions or to volunteer at this event.

**Helpful  
Links**

- [Volunteer Applications Forms](#)
- [Covenant of Care Form](#)
- [School Supply List](#)
- [TAG Announcements](#)
- [International Student Information](#)



# Local School Council

We would like to welcome 2 new members to our council, Peggy Farah and Angie Vinueza. We are very thankful that they have been called to serve on our council for the next three years. They join Steve Pearse, Victor Araujo, Andrea O' Higgins and Angela Grohovac. All parents of St Andrew's High School students are welcomed to join our Council, active partners in the school governance. The LSC helps to oversee the school's policies and operations. Our bylaws allow up to 9 members, we have 3 spots available. We meet on the 4th Wednesday of each month at 6:30pm in the school library. **Our Next meeting is November 27 6:30pm in the School Library.**

**CISDV – AGM:** The Annual General Meeting (AGM) of the Catholic Independent Schools Diocese of Victoria (CISDV) Society will be held on **Wednesday, November 13, 2024**. There will be a private ballot election for two positions to the CISDV Board of Directors at this meeting. Each position is for a three-year term. Nomination forms may be requested from [schools@cisdv.bc.ca](mailto:schools@cisdv.bc.ca) and must be completed and sent to the Nomination Committee at [schools@cisdv.bc.ca](mailto:schools@cisdv.bc.ca) no later than Wednesday, November 6th. Potential Board Members must meet the following requirements for nomination:

1. Be a practicing Catholic and an active member of a Catholic Parish in the Diocese of Victoria.
2. Not be an employee of the CISDV, an immediate relative of an employee of the CISDV, nor a student of a school under the jurisdiction of CISDV.
3. Read and understand the constitution and bylaws, policies 200 and 201 and the method of election.
4. Have a signed nomination form which includes two sponsors and Parish Priest.

For further information, contact the Island Catholic Schools office at 250-727-6893 ext 240.

## Stay Connected

**SARHS:** [Facebook](#)

**Student Council:** [Instagram](#)

**Athletics:** [Instagram](#)

**Art Dept:** [Instagram](#)

**Library:** [Instagram](#)

**The Circuit:** [Instagram](#)

**SARHS Alumni Association:** [Facebook](#)



# SPORTS PARENTS PURDY'S CHOCOLATE FUNDRAISER

*Christmas is not Christmas without Purdy's Chocolate!*

The Annual Sabres Sports Purdy's Fundraiser starts on **NOW!**. Your child will be bringing home a Purdy's Chocolate catalogue filled with wonderful chocolatey ideas for Christmas. Think about ordering for family, friends, teachers, coaches and work colleagues. This is the only Fall Fundraiser for Sabres Sports and 25% of the profits go directly to Sabres Athletics. Please support Sabres Sports!

Last day for ordering  
**MONDAY, NOVEMBER 25<sup>TH</sup>, 2024**

Pick up will be December 6<sup>th</sup> between 2:30 -4pm, in the SARHS Library.

2) On-line Ordering Going to <https://fundraising.purdys.com/1398157-123367>

To order on-line, begin by

- a) **NEW ONLINE CUSTOMERS** - Click **Register** (top right hand side).
  - ❖ Enter your information under New Member Registration (Name, email address, and a password. Click **REGISTER**
  - ❖ It will tell you that you have signed up as a member – Click **Continue**.
  - ❖ Now enter the Customer # - 16035 and click **Search**.
  - ❖ Click **Join this group**
  - ❖ Next choose **Go To Group Home page**
  - ❖ Now you can shop online either through the Marketplace
- b) **RETURNING CUSTOMERS!!** Click at **Login** and enter your email address and password (if you forgot password you can reset one- it will prompt you) and you will be directed to start shopping
- ❖ **Place your order. To make payment:**
  - You can pay immediately on-line with a credit card. The website is completely secure and all information is confidential.

You can also share our customer #16035 with family and friends

*Thank you so much for supporting Sabres athletes!*

If you have any questions, do not hesitate to contact  
Maria Weeks – mperri@telus.net

**Support: Sabres Athletics**

**BURGER & A BEER**

Thurs. Nov. 28, 2024  
The Rock Bistro - 1550 Cedar Hill X Rd.  
2 seatings @ 5:30pm & 7:00pm

**TICKETS**  
on sale!  
Look for  
them at all  
home games!

**Ticket prices: \$25 for adult  
\$20 for child  
(not including gratuity)**

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# St. Andrew's Regional High School Library

## Christmas Plant Sale



Proceeds are used to buy library resources for *all* students, in *all* grades, in *all* subjects



4" and 6.5" Poinsettias



10" Poinsettia



Order Form On Reverse



For more information please contact Mrs. Paul - kpaul@cisdv.bc.ca  
*Payments can be made by cash (exact), cheque, debit or credit card (phone orders accepted)*

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