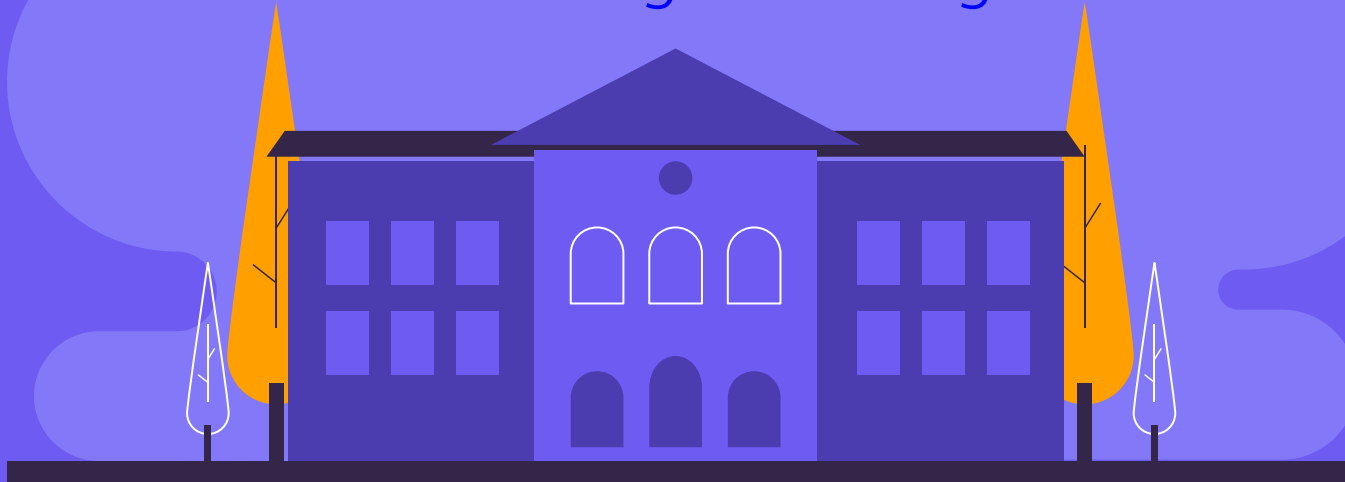




# Course Selection for Students Entering Grade 10

St. Andrew's Regional High School





- **In Grade 10, students enter the Graduation Program and begin earning credit towards their Dogwood Diploma following the 2023 Graduation Program.**
- **The 2023 Graduation Program consists of 52 required credits + 28 elective credits for a total of 80 from grades 10 to 12. Religion 10-12 courses are required at St. Andrew's. Every religion class is 4.0 credits.**
- **In addition, students are required to take 3 BC Provincial Literacy and Numeracy Assessments in Grades 10 and 12.**



# Numeracy + Literacy Assessments

Click the links to go to online resources,  
including sample assessments,  
specifications, and videos:

[Grade 10 Literacy](#)

[Grade 10 Numeracy](#)

[Grade 12 Literacy](#)



# Grad Requirements At-a-Glance

Subject	Credits
Career Education (Career Life Education; Career Life Connections)	8
Physical and Health Education 10	4
Science 10	4
Science 11 or 12	4
Social Studies 10	4
Social Studies 11 or 12	4
Math 10	4
Math 11 or 12	4
English Language Arts 10, 11, 12	12
Arts Education 10, 11, or 12 and/or Applied Design, Skills, & Technology	4
Elective Credits	28
<b>TOTAL CREDITS</b> (16 must come from Grade 12 courses and 4 must be Indigenous-focused)	<b>52 + 28 = 80</b>

**NOTE:**  
At least 4  
credits from  
grade 10-12  
must have an  
Indigenous-  
focus.\*



# Typical Course Selection - Gr. 10

## Courses

Religion 10

Career Life Education 10

Social Studies 10

Math 10 (Foundations and Pre-Calculus or Workplace)

English 10 (one of the two options)

PHE 10

Science 10

Second Language (French or Spanish) 10 OR Other Elective



# Decision-Making in Grade 10

- **Second Language:** French or Spanish depending on what Grade 9 course, or discontinue with second language program (changes to psi requirement)
- **English 10:** Choose one of the combined English options (note you cannot change the combinations)
- **Math 10:** Foundations and Pre-Calculus 10 OR Workplace 10

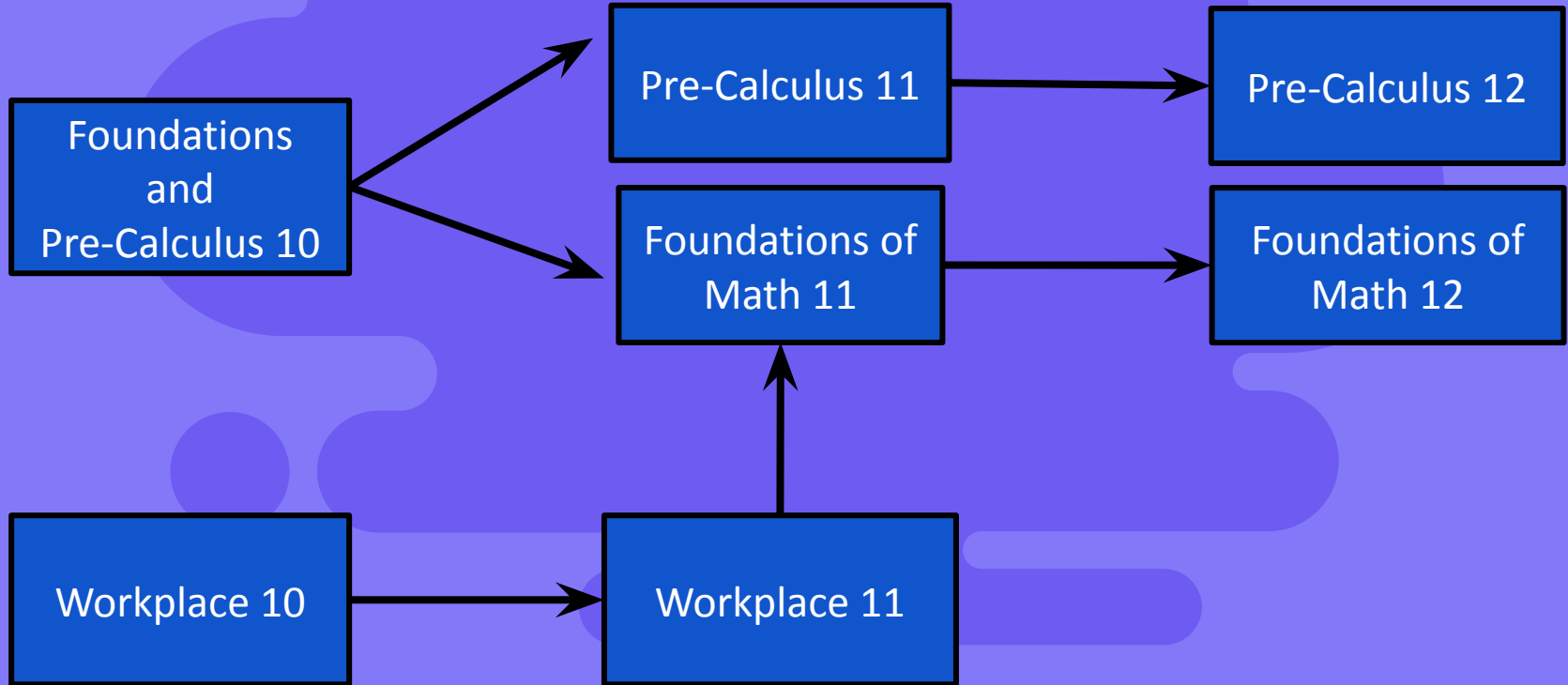


## English Language Arts 10

- Under the 2023 Graduation Plan, English Language Arts 10 is divided into 2 options.
- Students must complete four credits under the following two options:
  1. **Composition 10/New Media 10 (4 credits) OR**
  2. **Literary Studies 10/Spoken Language 10 (4 credits)**



# Math Paths







# Decision-Making in Grade 10

**If you are unsure about your options:**

- **Please see Ms. Fowlie (Academic Advisor) or Ms. Sanders (School Counsellor);**
- **If you have an IEP, see Ms. Davis or Ms. Donegan;**
- **If you want to learn more about what these courses are like, please chat with teachers who teach these courses.**



---

# Course Selection Process

---



# Course Selection Forms

- **On Paper:** Students will receive a paper copy of the course selection form. It must be signed by parents. Digital copies will be found on our website: <https://standrewshigh.ca/students/>
- **On MyEd:** Students will also enter their course selection through MyEd (please email Ms. C. Fowlie if a password reset is needed).
- **Alternative Selection:** Students are asked to provide an alternate choice in their Grade 10 course selection. Students should see an academic advisor / counsellor if they have questions about other credit courses they may wish to pursue during Grade 10.

# Website Navigation

## COURSE SELECTION AND FORMS

- [Course Selection Instructions - Grade 8 into Grade 9](#)
- [Course Selection Instructions - Grade 9 into Grade 10](#)
- [Course Selection Instructions - Grade 10 into Grade 11](#)
- [Course Selection Instructions - Grade 11 into Grade 12](#)
- [St. Andrew's Graduation "How to.."](#)
- [2024-2025 Course Selection Handbook](#)
- [Gr 9 - 2024-2025 Course Planning form](#)
- [Gr 10 - 2024-2025 Course Planning form](#)
- [Gr 11 - 2024-2025 Course Planning form](#)
- [Gr 12 - 2024-2025 Course Planning form](#)
- [Instructions for Online Course Selection](#)
- [Course Change Request Form](#)

The purpose of the **Course Selection Handbook** is to help you plan and choose courses for your years at St. Andrew's Regional High School. If you have any questions, please see the academic

## Table of Contents

- [Students](#)
  - [Bell and Block Schedule](#)
  - [Course Selection and Forms](#)
  - [Exams](#)
  - [Grad 2025 Dates at a Glance](#)
  - [Graduation Requirements: Grade 10-12](#)
  - [MyEd BC Student & Parent Portal](#)
  - [Post-Secondary Information](#)
  - [Scholarships & Bursaries](#)
  - [Student/Parent Handbook](#)
  - [Transcripts](#)



# St. Andrew's Regional High School

## 2025-2026 Grade 10 Course Selection

# 10

### Student Information

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

**Please refer to the course selection handbook for course descriptions, prerequisites, and course fees.**

**Required Courses:** Choose courses as noted from each section to meet the BC Graduation Requirements. Additional selections can be added as electives. Review selections carefully as changes will be restricted.  
**Students in Gr. 10 MUST take 8 courses inside the timetable.**

<b>Religion:</b>	<input checked="" type="checkbox"/> Religion 10 (4 credits)
<b>PHE:</b>	<input checked="" type="checkbox"/> Physical and Health Education (PHE) 10 (4)
<b>Social Studies:</b>	<input checked="" type="checkbox"/> Social Studies 10 (4)
<b>Science:</b>	<input checked="" type="checkbox"/> Science 10 (4)
<b>Career Education:</b>	<input checked="" type="checkbox"/> Career Life Education (CLE) (4)
<b>Language Arts:</b> Choose 1	<input type="checkbox"/> Composition 10 (2) & New Media 10 (2) - total 4 credits <input type="checkbox"/> Literary Studies 10 (2) & Spoken Language 10 (2) - total 4 credits

<b>Mathematics:</b> Choose 1 only	<input type="checkbox"/> Foundations of Mathematics and Pre-Calculus 10 (4) <input type="checkbox"/> Workplace Mathematics 10 (4)		
<b><u>Inside</u> the Timetable Electives:</b> Label your <b><u>top 2</u></b> elective choices - #1 being your top choice.	<table style="width: 100%; border: none;"> <tr> <td style="width: 50%; border: none;">           ___ French 10 (4)            ___ Spanish 10 (4)            ___ Art Studio 10 (4)            ___ Computer Studies 10 (4)         </td> <td style="width: 50%; border: none;">           ___ Food Studies 11 (4)            ___ Graphic Production / Yearbook 11(4)         </td> </tr> </table>	___ French 10 (4) ___ Spanish 10 (4) ___ Art Studio 10 (4) ___ Computer Studies 10 (4)	___ Food Studies 11 (4) ___ Graphic Production / Yearbook 11(4)
___ French 10 (4) ___ Spanish 10 (4) ___ Art Studio 10 (4) ___ Computer Studies 10 (4)	___ Food Studies 11 (4) ___ Graphic Production / Yearbook 11(4)		
<b>Learning Support:</b>	<input type="checkbox"/> Learning Support 10 (0) *You are only eligible if you are currently enrolled in Learning Support 9.		
<b><u>Outside</u> the Timetable Electives:</b> Optional	<table style="width: 100%; border: none;"> <tr> <td style="width: 50%; border: none;"> <input type="checkbox"/> Concert Choir 10 (4)  <input type="checkbox"/> Jazz Band 10 (4)  <input type="checkbox"/> Concert Band 10 (4)         </td> <td style="width: 50%; border: none;"> <input type="checkbox"/> Theatre Company 10 (4)  <input type="checkbox"/> Theatre Production 10 (4)         </td> </tr> </table>	<input type="checkbox"/> Concert Choir 10 (4) <input type="checkbox"/> Jazz Band 10 (4) <input type="checkbox"/> Concert Band 10 (4)	<input type="checkbox"/> Theatre Company 10 (4) <input type="checkbox"/> Theatre Production 10 (4)
<input type="checkbox"/> Concert Choir 10 (4) <input type="checkbox"/> Jazz Band 10 (4) <input type="checkbox"/> Concert Band 10 (4)	<input type="checkbox"/> Theatre Company 10 (4) <input type="checkbox"/> Theatre Production 10 (4)		
<b>Optional:</b>	<input type="checkbox"/> <b><u>Check box if you would like to speak with Academic Advisor. Add notes:</u></b> <hr style="border: 0; border-top: 1px solid black; margin: 5px 0;"/> <hr style="border: 0; border-top: 1px solid black; margin: 5px 0;"/>		

**Parent/Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

# Course Selection Timeline

- 1. Course Selection Night Gr. 10-12: February 12 - Zoom**
- 2. Course selection instruction with each grade during Focus: February 18 (Gr. 11); February 20 (Gr. 9, then 8); February 24 (Gr. 10)**
- 3. Paper copy of course selection AND MyEd course selection deadline: Monday, March 3, 2025**
- 4. Late forms will be date stamped.**



# Support

If students require advice, it is usually best to start with an email to the Academic Advisor, Ms. Cathy Fowlie and / or the Counsellor, Ms. Michele Sanders:

[cfowlie@cisdv.bc.ca](mailto:cfowlie@cisdv.bc.ca)

[msanders@cisdv.bc.ca](mailto:msanders@cisdv.bc.ca)



# THANK YOU!

CREDITS: This presentation template was created by Slidesgo, including icons by Flaticon, and infographics & images by Freepik

Please keep this slide for attribution

