

Daily Announcements



Monday, May-05-25

From our Peer Counsellors

Today we acknowledge **Red Dress Day**, raising awareness for Missing and Murdered Indigenous Women, Girls, and Two-Spirit People (MMIWG2S). On this important day, we stand in solidarity to honor the lives of Indigenous women, girls, and two-spirit people who are missing or have been affected by violence. As a Catholic school community, we show our respect and support for the Indigenous communities who have faced the devastating impact of these ongoing issues. We pray for justice.

From Mr. Van Dyk

The **Circuit writing club meets today** in Focus Block in Room 110. Calling all writers!
Debate Club starts back up again tomorrow in Focus Block.

Hey fabulous Grade 10s!!

Your retreat is coming up FAST, and we need your BLUE/or white permission forms and retreat fee ASAP! They are no OVERDUE :)

Let's make this retreat an AMAZING day — GO SABRES!!!

From Mr. Casagrande

This Thursday is the March for life. On Tuesday, during focus, I will talk about some of the reasons why we take part in this important event and answer any questions you might have about being pro life.

From Mr. Omule - Sports

April was a packed month for athletics, and a huge congratulations goes out to all our teams and athletes—you did fantastic!

- The **Senior Girls Soccer Team** has qualified for the **Island Championships** and is currently in the **semi-final** of the Ryan Shield playoffs—well done, girls!
- **Riley** has made it to the **City Finals** in Grade 8 Badminton—best of luck this week!
- **Felix** is officially the **City Champion** in Junior Badminton—congrats, Felix!
- Our **Ultimate Team** has earned their place in the **Island Championships**.
- And a big shoutout to **Owen Beaulac**, who finished **tied for first** out of 127 golfers at the **Police Tournament**—an amazing performance!
- Also, not to brag... but Mr. Omule had the pleasure of **beating the golf team** in our friendly 9 holes at Mt. Doug. It was a good month all around!

Monday – May 5

- **Senior Girls Soccer Practice:** 3:30pm–5:00pm
- **Grade 8 Badminton City Finals** at SMU: 2:30pm
 - Riley, please meet Mr. Omule in the gym at 2:00pm
- **Track Practice at UVic:** 3:30pm–5:00pm (Bus leaves at 3:00pm)
- **Boys Tennis – Island Championships at Brentwood College:** 8:30am–4:00pm
 - Mr. Mahoney will accompany the team. Bus departs at 7:40am and returns at 4:30pm

Tuesday – May 6

- **Senior Girls Soccer Game** at EMCS (Sooke Turf): 3:30pm
 - Bus departs at 2:15pm and returns at 5:15pm
- **Ultimate – Island Championships at GNS (Windsor Park):** 9:00am
 - Mr. Omule will accompany the team. Bus departs at 7:55am
 - Students will need to arrange their own transportation home at 4:00pm

Wednesday – May 7

- **Badminton Practice:** 2:30pm–4:00pm
- **Track Meet at UVic Track:** 4:00pm (Bus departs at 2:45pm) - Relay teams posted and practice mandatory to work on passes

Thursday – May 8

- **Boys Night League Basketball Practice:** 3:30pm–5:00pm
- **Senior Girls Soccer Practice:** 3:30pm–5:00pm
- **Badminton Playoffs at Vic High:** 3:30pm (Bus departs at 2:45pm)

Friday – May 9

- **Track Practice at UVic:** 3:30pm–5:00pm (Bus leaves at 3:00pm) - Relay teams posted and practice mandatory to work on passes

Let's keep the momentum going—best of luck to all teams and athletes this week! Please remember to check the announcements daily for updates.

Attention Track Team Members:

A **sign-up sheet** has been posted **outside the gym**. This sheet is for you to indicate **which events you plan to run** at the upcoming **City and Island Championships**.

Please make sure to:

- **Print clearly**
- **Complete the entire sheet**
- This information is required to ensure you are **officially entered** into your events. If your writing is unclear or incomplete, you **may not be entered** and therefore **will not be able to compete**.

The **deadline to complete the sign-up is THURSDAY, MAY 8**.

Don't leave it to the last minute - get your name down and make it count!