



Daily Announcements



Friday, September-12-25

FRIDAY SCHEDULE – *September 12, 2025*

8:30 – 9:50 am Block B1

10:00 – 11:20 am Block A1

11:20 – 12:05 pm Lunch

12:15 – 1:35 pm Block D1

1:45 – 3:05 pm Block C1

From Mr. Ballam

Music Club meeting in Room 112 at lunch.

International Students!

All international students are asked to quietly leave their last class at 2:30 and quickly go to the commons to get the bus to Willows beach for our BBQ.

From Ms Sanders

Peer Counsellors, please meet in the library today at lunch time, but first eat your lunch! We start at 11:35.

From Mr. Nishi

Calling all swimmers! Anyone interested in joining the **Sabres Swim Team** please come to room 233 for a brief but very important meeting **today at lunch**. The swim team welcomes all levels of swimmers. Whether you are a recreational swimmer that is looking to get some exercise or you're a competitive swimmer that already swims with a local swim club. If you're not sure this is for you but have interest in joining the team, come to the meeting and talk to Mr. Nishi.

From Mrs. Donegan

Grad Hoodies need to get sorted! If you were in the discussions about this in the spring, please see Mrs. Donegan today, or email her.

Student Council

Group photo of ALL student council members at lunch by the front door to the school. Come right away please! A reminder of Open House next week as well!

IMPORTANT CHANGE FOR NEXT WEEK

Cross Country:

Practice is Tuesday, Sept 16 3:30 - 4:15. Meet outside of the gym

First race Thursday, Sept 18. Meet at Bus loop at 2:45.

Races start at 3:45pm (Junior Boys)

3:50 (Junior Girls)

4:00 (Senior Boys)

4:05 (Senior Girls)

Field Hockey:

Game Monday Sept 15 at UVic (meet at Bus loop 3:00)

Game Wednesday, Sept 17 at UVic (meet at bus loop 2:45)

Junior Boys Volleyball:

Reminder: Your first practice is tomorrow, Saturday Sept 13, 10:00am-11:45am.

Rowers:

Practice is at Elk Lake today from 4:00 to 6:00. The bus will leave at 3:35 sharp at the top of the hill. Please be changed and ready to go promptly.

Bowen, Rocco, Kia, Natalia G and Natalie S, please meet at the office at **2:45** today for the make up swim test.

From Ms Sanders and Mr. O'Reilly

Are you interested in health care or other helping professions? Do you care about others, especially senior citizens? Do you like music? If you answered "yes" to even one of these questions, come learn about the **Voices in Motion Choir today at lunchtime in the MUSIC ROOM**. This is an amazing opportunity to gain volunteer hours, get solid references for your resume and your scholarship[applications, and feel really great. Also, there will be free pizza. Come to the music room, munch, and learn more!

Lunch Today: We are excited to begin a soft launch with a new food provider for the next three Fridays (12th, 19th, and 26th) with Flourish School Lunch Society. This company provides fresh, nutritious, locally prepared foods with several schools in the Victoria area. There will be 40 portions for \$7 each. This will be a first-come, first-served basis.

From Mrs. G-Riggs

ATTENTION PERFORMANCE AND PRODUCTION STUDENTS!!

Theater forms need to be signed and returned to my mailbox in the office or to me personally by **Wednesday Sept. 17 to secure your spot in these classes.** **After this date, your spot may be given away and those on the waitlists will be contacted.** Monday, Sept 22: First

Production Meeting 3:15 - 4:30

Tuesday, Sept 23: First Performance meeting 3:15 - 4:30

From Ms. Gilbert

**Hey Grade 8's,
Your PINK retreat permission form and fee are due TODAY!.**

Takeru	Emma B	Triguna	Malachi
Brielle	Matilda	Nathan D	Sophia D
Jinuki	Gabrielle P	Elliott	Sorgha
Roberta	Clara	Oscar	Wesley
Brighton	Shiraz	Dastan	Jared L
Lucas L	Elsha M	Sloan	Giles
Chloe O	Sammi P	Violetta	Sebastian George MG
Makayla	Daniel S	Bowen W	

**Please bring those to Ms. Gilbert in room 224.
It's a great day...to be a Sabre!!**

From Mr. Gibbs

Attention International Students!

We will be starting an exciting new collaborative art project in the artroom during focus blocks on Monday, Tuesday, Thursday & Friday next week. Please sign up for focus any day next week and come and paint a small watercolor celebrating the national animal of your country. These will be assembled into a larger artwork on canvas similar to the one hanging outside the international office. Although we would like every international student to participate, we also encourage any student in our school community to participate.. Canada's national animal is the beaver, what's the national animal of your home country? Come ready to make some art, all skill levels and styles welcome..

Truth and Reconciliation

There are 94 Calls to Action in the final report of the Truth and Reconciliation Commission of Canada.
