



# St. Andrew's Regional High School ISLAND CATHOLIC SCHOOLS

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Victoria, BC V8X 3G5  
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[pniwa@cisdv.bc.ca](mailto:pniwa@cisdv.bc.ca)

**Vice Principal:** Ciaran McLaverty  
[cmclaverty@cisdv.bc.ca](mailto:cmclaverty@cisdv.bc.ca)

**Vice Principal:** Tiffany Evans  
[tievans@cisdv.bc.ca](mailto:tievans@cisdv.bc.ca)

**Mission Statement:** St. Andrew's Regional High School strives to develop Catholic-Christian values in students by openly stating and celebrating our belief in the values Jesus taught. Our commitment to excellence in education of the whole person guides our decision-making. Our goal is to provide each student with opportunities to gain the knowledge, skills and values necessary to respond to personal challenges with faith, hope, and love.

**Land Acknowledgement:** St. Andrew's Regional High School acknowledges with gratitude that we learn, play, and pray on the territories and traditional lands of the lək'wəjən (Songhees), Wyomilth (Esquimalt), and WSÁNEĆ (Saanich) peoples. In the light of this truth, and in humility, we commit ourselves to continue to work for reconciliation, and for respectful relationships with the Creator and all creation.

## Dear Students, Families, and Staff,

This week I'd like to take a moment to talk about traffic in and around our school:

### Traffic Safety Reminder for Morning Drop-Off

As our school continues to grow, so too does the number of families arriving each morning. With this increase, we've noticed a rise in traffic congestion during drop-off times — especially at the start of the day when everyone is trying to get their children to class on time.

In these moments, it can be tempting to bend the rules or take risks on the road. But safety must always come first.

We've received concerns from nearby residents about drivers heading east on McKenzie (towards UVic) making left turns into the school parking lot or onto the adjacent roadway. Please be aware: left turns in this area are more dangerous. Oncoming traffic poses a serious risk, and other eastbound drivers may not anticipate your turn, increasing the chance of an accident.

Instead, we encourage you to take a safer alternate route:  
Turn right on Rainbow (just after the pedestrian overpass)  
Then left on Sevenoaks  
Left again on Nelthorpe  
And finally left to rejoin McKenzie and enter the school with a right turn

This route is safer as it avoids that dangerous turn off McKenzie.

Let's also be mindful of our speed, especially on narrow residential streets where reaction time is limited. Please drive slowly and cautiously, respecting all traffic laws and the families who live nearby.

With your continued support, we can ensure safe arrivals and departures for everyone, and remain good neighbours to the community around us.

Blessings,

Patrick Niwa Principal



## RETREAT DAY NEWS!

Dear GRADE 9 parents,

Your child's retreat day is coming up on **Thursday, November 6, 2025**. BUSES leaving for CAMP PRINGLE from 8:30am and returning at 6:30pm.

There is a **BLUE** permission slip that is due back to Ms. Gilbert by now.

This day is in the organizing stages and is a FUN, FAITH FILLED Day for your child.

If you are keeping your child home for any reason, please let Ms. Gilbert/office know immediately.

It is a TECH FREE day, so please no phones, earbuds or technology for our interactive day together.

Your child will need a BIG LUNCH and a water bottle.

Have your child dressed in civvies and wear sturdy shoes, as we spend part of our day outside.

Please dress for the weather! We are outside rain or shine.

## Mark You Calendars:

October 24  
October 27-31  
October 29  
November 3-4  
November 5  
November 6-7  
November 6  
November 7  
November 10  
November 11

Provincial Pro-D—NO SCHOOL  
**Spirit week**, daily costume challenges! See **TAG** announcements  
Halloween Dance 6-9pm  
Grade 12 Literacy Assessment  
PSG meeting 7pm  
Grade 10 Literacy Assessment  
Grade 9 Retreat  
Last Day Term I  
Remembrance Day Assembly  
Remembrance Day—NO SCHOOL



## MUSIC DEPARTMENT

Thanks once again to all Music students and parents who helped with the running of the 'Kidzone' at St. Pat's Parish Bazaar back on Oct.4th. We received word this week that the 'Kidzone' made \$1000!! Fantastic news!! Any parents who helped with this event are invited to a volunteer appreciation party on Nov. 20th at St. Patrick's Parish Hall.

A reminder of our important **November performance dates** on the schedule:

**Nov. 8th** - UVic Choral Invitational, 1pm, Choir (UVic Phillip T. Young Recital Hall)

**Nov. 10th** - Remembrance Assembly, 11am (during school day) Choir & Concert Band.

**Nov. 19th** - Coffee House\*, 7pm (All groups) - school gym.

(\*Coordinator needed for Coffee House. Please email [poreilly@cisdv.bc.ca](mailto:poreilly@cisdv.bc.ca) if any parents can help!)

Choir parents & students, we have had a recent request from Our Lady of the Rosary parish to sing at a fundraising concert for their new church building. The concert will take place at Coastline Church (845 Caledonia Ave) at 1pm on Sat, Nov. 22nd. If Choir parents/students could please check their schedules to see if they are free at this date/time, so we can let the organizers know. Anyone who is not able to make this date, please let Mr. O'Reilly know.

If you are a male student in Gr. 8-12, St. Andrew's Singers needs you!! Any Gr. 8-12 boys that like to sing, it's not too late to join choir! Email [poreilly@cisdv.ca](mailto:poreilly@cisdv.ca) or drop by the Music Room Wednesdays at lunch. Thank you!

Hello St Andrew's Community!

Greetings from your 2026 Grad Committee.....we are excited to see you all at our **Bottle Drive on November the 1st!**

Thanks in advance for your kind participation! We are still looking for volunteers from our Graduating Class to help from 10am-2pm....all welcome. Please don't wait to sign up!

Every week we will continue to share our activities with you and our progress.

Once again, please join us to **thank these generous sponsors** who have donated to help the Graduation Winter Formal of 2026 be a great success!

Please support them when possible, please keep them in your prayers, and please help spread the word for their businesses....it's been an extraordinary experience to see the love poured out for our Graduates.

**The next Grad 2026 committee meeting will be held on November 17, 2025 at 7pm in the library. All Grad parents welcome!**

THE GRAD CLASS OF 2026  
*Thanks You!*

**Dr. Maico D. Melo, Inc.**  
3939 Quadra St, Suite 302  
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[adam.taft@monk.ca](mailto:adam.taft@monk.ca) **Monk Office**

PLEASE SUPPORT OUR GENEROUS SPONSORS!

# Religion Department

Thanks to Sudhakar Ganti at the local Hindu mandir, who recently gave our Grade 11 students a tour of the temple. Our students were respectful, curious, and thoughtful as they engaged in interfaith dialogue!



# Psychology 12

The grade 12 Psychology class went to Francis/King Park this week as part of their study of positive psychology and the impact of taking the time to experience nature.



## **Congratulations to our SABRES SWIM TEAM!**

Congratulations to our 13 swimmers who travelled to Nanaimo this past weekend to participate in the Vancouver Island Zone Championships. Special thanks to Mr. Nishi & Mrs. Gauthier-Riggs for coaching the athletes. The following athletes earned a Top 5 Finish at Islands and are off to represent St. Andrews at this year's BC High School Provincial Championships in November.

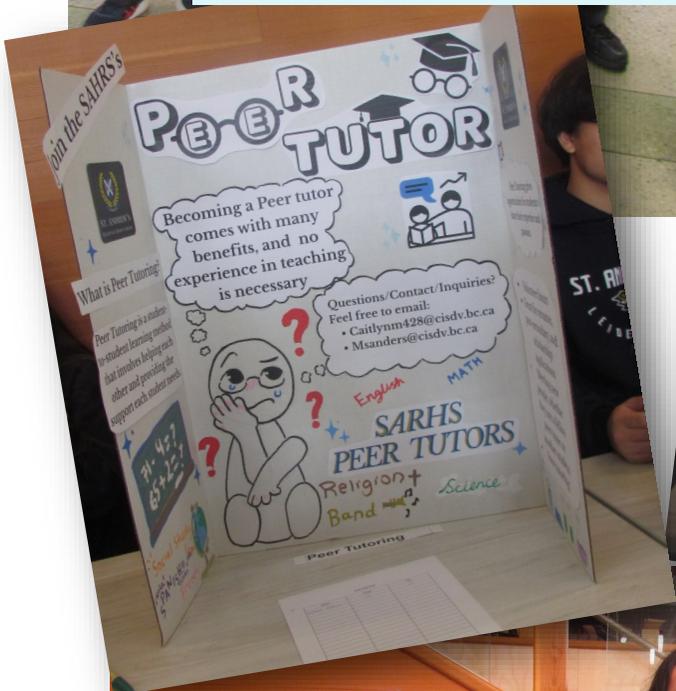
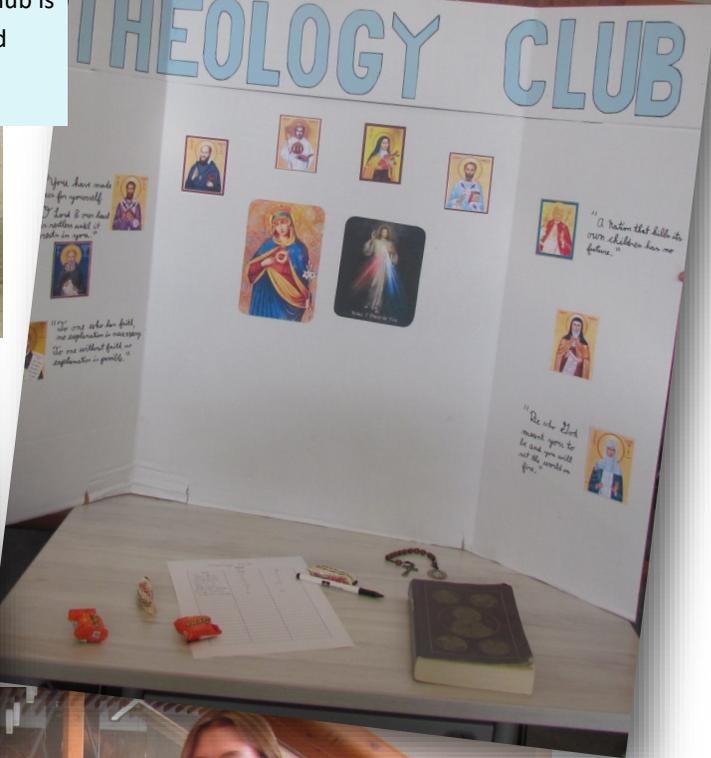
- Boys 50 SC Meter Freestyle Open (Alex)
- Boys 100 SC Meter Freestyle Open (Alex, Rubin)
- Boys 100 SC Meter Breaststroke Open (Eason)
- Boys 100 SC Meter Backstroke Open (Rubin, Eason)
- Boys 200 SC Meter Medley Relay (Rubin, Eason, Alex, Ethan)
- Mixed 200 SC Meter Medley Relay Open (Karina, Lam, Ethan, Liam)
- Mixed 200 SC Meter Freestyle Relay Open (Liam, Ana Sofia, Karina, Ethan)
- Boys 200 SC Meter Freestyle Relay Open (Rubin, Ethan, Eason, Alex)
- Boys 200 SC Meter Freestyle Relay B (Owen, Logan, Matthew, Kia)
- Boys 400 SC Meter Freestyle Relay B (Owen, Logan, Matthew, Kia)



# Clubs Days



Have an interest? Join a Club! St. Andrew's has a plethora of clubs to choose from. Joining a club is a great way to make new friends and expand interests. Sign up today!



# SABRES SPORTS

CONGRATULATIONS! To our Senior Cross Country and Swim Teams, who qualified individuals and relay athletes to upcoming Provincial Championships in November. Good Luck to our volleyball teams heading into playoffs next week. Go Sabres!

**Cross Country Provincials** - Saturday, November 1, 2025 in Nanaimo

**Swimming Provincials** - Friday November 14- Saturday November 15, 2025 in Richmond.

Sabres Athletics Gear: Sabres Athletics Clothing can be purchased through our Sabres Online Team Store. The deadline for orders is Saturday November 1st, 2025 at midnight, for delivery before the holidays. <https://st-andrews-athletics-2025-4.itemorder.com/shop/home/>

Parents Sports Group: Check out the information for our annual Purdy's Sports Parents Fundraiser! Please consider supporting Sabres Athletics this Winter./

Be sure to follow us on @SabresAthletics for photos and highlights on our Sabres in action.

## This Week in Sports: Oct 27 - Nov 2



Date	Team	Time	Early Dismissal	Bus Departure	Bus Return
<b>Monday</b> Oct 27	8G BBall HOME	3:45-5:00pm	N/A	N/A	N/A
	8B BBall HOME	5:00-6:15pm	N/A	N/A	N/A
	SB Soccer Game @ Queen Margaret's	3:00-4:30pm	1:20pm	1:30pm	5:30pm approx.
	JG VBall Playoffs @ Mt. Doug	5:00-7:00pm	N/A	4:00pm	N/A
<b>Tuesday</b> Oct 28	SG VBall Playoffs @ Home	6:00-7:30pm	N/A	N/A	N/A
<b>Wednesday</b> Oct 29	Rowing	2:00-4:00pm	1:10pm	1:20pm	No
	8B (3:45) & 8G (5:00) BBall @ SMUS	3:45-6:00pm	2:30pm	2:40pm	No
<b>Thursday</b> Oct 30	JB VBall @ Home	3:45-6:00pm	TBC		
<b>Friday</b> Oct 31	Rowing	4:00-6:00pm	3:00pm	3:10pm	No
<b>Saturday</b> Nov 1	XC Provincials @ Nanaimo	All Day	N/A	N/A	N/A
	Rowing Regatta	All Day	N/A	N/A	N/A
<b>Sunday</b> Nov 2	Rowing Regatta	All Day	N/A	N/A	N/A



## St. Andrew's Grad '26 Coffee Fundraiser



Hot Chocolate \* Coffee \* Baked Goods  
**\$3 Each**

or

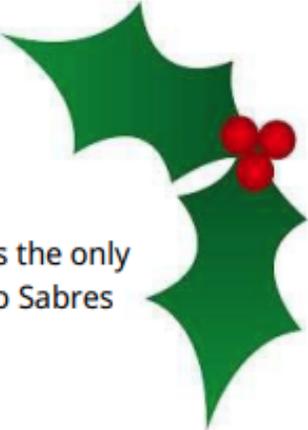
**Prepaid Card \$10 for 4**

**Thursdays Before School - Commons**





## SPORTS PARENTS PURDY'S CHOCOLATE FUNDRAISER



*Christmas is not Christmas without Purdy's Chocolate!*

The Annual Sabres Sports Purdy's Fundraiser starts on **NOW!** This is the only Fall Fundraiser for Sabres Sports and 25% of the profits go directly to Sabres Athletics.

Please support Sabres Sports!

Last day for ordering  
**MONDAY, NOVEMBER 30<sup>TH</sup>, 2025**

Pick up will be December 12<sup>th</sup> between 2:30 - 4pm, in the SARHS Library.

2) On-line <https://fundraising.purdys.com/1398157-130188>

To order on-line, begin by

- a) **NEW ONLINE CUSTOMERS** - Click **Register** (top right hand side).
  - ❖ Enter your information under New Member Registration (Name, email address, and a password. Click **REGISTER**
  - ❖ It will tell you that you have signed up as a member – Click **Continue**.
  - ❖ Now enter the Customer # - 16035 and click **Search**.
  - ❖ Click **Join this group**
  - ❖ Next choose **Go To Group Home page**
  - ❖ Now you can shop online either through the Marketplace
  
- b) **RETURNING CUSTOMERS!!** Click at **Login** and enter your email address and password (if you forgot password you can reset one- it will prompt you) and you will be directed to start shopping
  - ❖ **Place your order. To make payment:**
    - You can pay immediately on-line with a credit card. The website is completely secure and all information is confidential.

You can also share our customer #16035 with family and friends

***Thank you so much for supporting Sabres athletes!*** If you have any questions, do not

hesitate to contact Maria Weeks –

[mperry@telus.net](mailto:mperry@telus.net)

ST. ANDREWS REGIONAL HIGH SCHOOL

# BOTTLE DRIVE

FUNDRAISING FOR THE

## GRAD CLASS OF 2026



**SATURDAY, NOV 1ST, 2025**

10:00 AM to 2:00 PM

SCHOOL DROP-OFF ZONE

880 MCKENZIE AVE

Bottles can also be dropped off at any Bottle Depot location and donated to the St. Andrew's Grad 2026 account via the [www.return-it.ca](http://www.return-it.ca) app or in person



# St. Andrew's Regional High School Library

## Christmas Plant Sale



Proceeds are used to buy library resources for *all students, in all grades, in all subjects*



4" and 6.5" Poinsettias



10" Poinsettia



Order Form On Reverse

St. Andrew's Regional High School Library Fundraiser  
**Order Deadline is Monday, November 17th, 2025**



Plant Pick-up Date: **Thursday, December 4th, 2025 2:00 – 4:30 p.m.**

For more information please contact Mrs. Paul - [kpaul@cisdv.bc.ca](mailto:kpaul@cisdv.bc.ca) or Ms. Fowlie – [cfowlie@cisdv.bc.ca](mailto:cfowlie@cisdv.bc.ca)

*Payments can be made by cash (exact), cheque, debit or credit card (phone orders accepted)*

Student Name: \_\_\_\_\_ Home Phone # \_\_\_\_\_

	4" Pot	6.5" Pot	6.5" Pot	6.5" Pot	10" Pot	10" Pot	10" Pot	Total Amount \$\$\$	Paid Cash Chq Debit Credit
	\$6.50 Red	\$12.00 Red	\$12.00 White	\$12.00 Pink	\$30.00 Red	\$30.00 White	\$30.00 Tri Colour		
Customer Name/ Phone Number	Qty	Qty	Qty	Qty	Qty	Qty	Qty		

**Order forms also available in front of the school office!**



## Carols of Hope – Together We Build

A *Christmas Music Festival* in support of building our new parish church at Our Lady of the Rosary, Langford

**Date:** Saturday, November 22, 2025

**Time:** 1:00 PM – 3:30 PM

**Venue:** Coastline Church, 845 Caledonia Ave, Victoria, BC V8W 1S9

Join us for an afternoon of joyful *Christmas* music and community celebration, with all proceeds going directly toward the construction of our new church. By purchasing tickets, inviting friends, or helping spread the word, you are making a lasting contribution to the future of our parish family.

For details and tickets, visit [carolsofhope.com](http://carolsofhope.com).



# Christmas Concert

## *Carols of Hope*



November 22 ✨ 1:00 to 3:30 PM ✨ 845 Caledonia Ave



A fundraising concert brought to you by  
Our Lady of the Rosary Catholic Church



For tickets:  
[www.carolsofhope.com](http://www.carolsofhope.com)



ST. PATRICK'S CATHOLIC WOMEN'S LEAGUE

2025 FALL & WINTER

*A Simply Smashing*

# GOOD USED CLOTHING SALE

FRI NOV 14  
+ SAT NOV 15  
9:30 - 2pm

*The event  
of the year!*



## Special Kiosks

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CHRISTMAS DECORATIONS



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Offering a large  
selection of Men,  
Women, and  
Children's clothing  
and accessories  
(yes shoes too!)

SOME OF THE CHARITIES WE SUPPORT ARE: African Heritage Assoc., Anawim House, ANCOP (Answering the Cry of the Poor), Birthright, Development and Peace, Coady International, Missions in Canada and abroad, Mount St. Mary Hospital, Oak Bay Volunteer Service Society, St. Patrick's/St. Andrew's Schools and Student Bursaries, St. Vincent de Paul - Rosalie's Village, Sanctuary Youth Centre, Sandy Merriman House, The Soup Kitchen, Threshold Housing Society, as well as church needs.



St. Patrick's Parish Centre 2060 Haultain St. (Parking and Wheelchair Accessible)