

# Daily Announcements

Wednesday, November-19-25

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## From the Peer Counsellors:

Please enjoy some fresh and delicious mini tomatoes today in TAG, provided by BC farmers and delivered to your TAG by your friendly peer counsellors. These sweet veggies are rich in antioxidants like lycopene and vitamins A and C, which support heart health, skin health, and vision. They are also a good source of fiber, which promotes digestive and heart health.

## From the Music Dept.

Today is the day!! Our Coffee House evening is happening TONIGHT at 7pm. The gym will be alive with the fantastic sounds of St. Andrew's Jazz Band, Singers, and Concert Band! There will also be exciting performances by many talented St. Andrew's soloists, so make sure you don't miss it! Tickets can be bought at the door for \$10 and this includes food! See you TONIGHT at 7pm in the gym!!

Music students, don't forget to bring your full uniform for tonight (as today is civics) and please be in the gym by 6pm. If you're performing solo, please arrive by 5pm!

## From Mme Ballam

Would the following students please come to Room 234 at lunch today to rewrite/write a test: Sophia T., Matteo W., and Kyle R. Merci!

## From Ms. Gilbert

Grade 12's your YELLOW Retreat Permission form is DUE !!

Please bring it to Ms. Gilbert in RM 224 ☺☺

Go Sabres!

## From Ms. Manapat

Grade 11s in EFP 11 – PLEASE bring your signed permission slips and \$5 to Ms. Manapat today in room 241. Today is the last day to do so in order to join us on the field trip!

## Breakfast Sandwiches in the Commons at Lunch - \$4

Come support Sabres Athletics with Breakfast Sandwiches choice of Egg & Cheese, Sausage, Egg & Cheese, or Bacon, Egg & Cheese.

## From Mr. Ruffolo

Model UN club meets Monday in focus.

### **Grade 8 Girls Basketball –**

Early Dismissal 2:35pm

We have our final regular season game today, Wednesday at Monterey Middle. Please note: Early Dismissal 2:35pm please wait in the commons after classes have finished, bus leaves from the top of the hill at 2:45pm.

### **Grade 8 Boys Basketball –**

Check Google Classroom for Playoff Details

Monday, November 24th: 3:45pm Sweet 16 Playoff Game (East 6 vs. West 3) @ Pacific Christian

Early Dismissal: 2:45pm

Parent Pick Up at PCS: 4:45pm

### **Sr. Boys Soccer –**

Your Final deadline to return jerseys is TODAY Wednesday, November 19th, please return to Mr. McLaverty or, if you have not done so, please speak with him in person.

### **Senior Girls Volleyball –**

Final Deadline TODAY. Athletes please ensure you return your washed jersey, in a clear bag labelled with your name, to Mme. Ballam by Wednesday, November 19th.

### **Rowers -**

The following athletes have not yet returned their jerseys:

Ana Sophia, Sloan, Owen, Natalie, Lucas, Francesa, Giles, Christopher, Kia, Natalia, Maya, Joseph, Liam, Marcus, Elyse, Chase, and Everett.

There is a fee of 75\$ for lost uniforms so please bring this item in to Ms Sanders asap.

### **From Ms. Fowlie and Ms. Sanders**

All Grade 10-12 students are invited to our Post-Secondary BC Info Night next Wednesday, November 26, from 6-8 PM at St. Andrew's. Reps from 12 post-secondary institutions will be on campus, including UVic, UBC, Camosun, VIU, Royal Roads, Emily Carr, CapU, UNBC, North Island College, Langara College, Trinity Western, and Corpus Christi & St. Mark's Colleges (on the UBC campus).

You can attend two presentations from two institutions of your choice, followed by a Mini-Fair in the Commons where all representatives will be available to answer questions.

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