



St. Andrew's Regional High School ISLAND CATHOLIC SCHOOLS

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Victoria, BC V8X 3G5
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Principal: Patrick Niwa
pniwa@cisdv.bc.ca

Vice Principal: Ciaran McLaverty
cmclaverty@cisdv.bc.ca

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tievans@cisdv.bc.ca

Mission Statement: St. Andrew's Regional High School strives to develop Catholic-Christian values in students by openly stating and celebrating our belief in the values Jesus taught. Our commitment to excellence in education of the whole person guides our decision-making. Our goal is to provide each student with opportunities to gain the knowledge, skills and values necessary to respond to personal challenges with faith, hope, and love.

Land Acknowledgement: St. Andrew's Regional High School acknowledges with gratitude that we learn, play, and pray on the territories and traditional lands of the lək'wəjən (Songhees), Wyomilth (Esquimalt), and WSÁNEĆ (Saanich) peoples. In the light of this truth, and in humility, we commit ourselves to continue to work for reconciliation, and for respectful relationships with the Creator and all creation.

Dear St. Andrew's families,

As we flip that virtual calendar from 2025 to 2026, we step into a new year together. The new year is typically when we are invited to pause, breathe, and recognize the quiet grace of new beginnings and to set personal goals. As a school, this is a time for us to recommit to who we are and what we stand for as a Catholic community.

As a reminder, our theme this year is, "Living, Celebrating, and Proclaiming our Faith." To live our faith means allowing the Gospel to shape our choices, our relationships, and how we see one another. It challenges us to be people of compassion, integrity, and courage—especially when it is not easy. To celebrate our faith is to recognize God's presence in the ordinary and the extraordinary: in classrooms buzzing with curiosity, in friendships formed, in moments of prayer, and in the milestones that mark our journey. And to proclaim our faith is to share God's love through our words and actions, becoming signs of hope in a world that needs it.

As students, staff, parents, and families, we walk this path together. Each of us brings unique gifts that strengthen our community and help it flourish, grow, and live in our faith. I pray that this year be one of growth, joy, and deepened connection. I pray that we support one another generously, listen with open hearts and minds, and trust that God is at work in every step and decision we take.

I would like to wish all our community members blessings in 2026.

Blessings,

Patrick Niwa Principal



Coming Soon: MyEd Parent Portal

We are in the process of setting up access to the **MyEd Parent Portal**. Once it is ready, families will receive an email with further information and instruction. The portal will allow primary parents / guardians to view student information such as attendance and report cards.

Please note that access is not yet available. You will receive an email once setup is complete, and no action is required until then.

From The Office

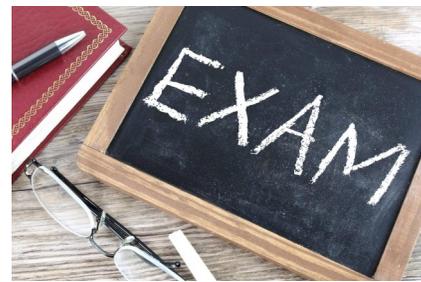
Please be advised of the following increases:

- ◆ As of **February 1st** replacement bus passes will cost \$45.
- ◆ **Tuition application fees** are going up to \$100. Please see the updated application forms on the web-site.

Mark You Calendars:

January 19-22
January 23
January 24
January 26
January 28-29
February 1– 7
February 4
February 5
February 13

Exam Week
School Closed—Marking Day
Grad Winter Formal
Start of Term 3
Grad Photo Retakes
Catholic Schools Weeks
OPEN HOUSE 6pm
Last Day to make course changes
ICS Pro-D



Reminder School Newsletter - Grade 9 (Non-MMC Schools)



Grade 9 Immunizations:

Recently immunization consent packages were sent home through the school for all grade 9 students. If you have not already done so, please return the completed consent form to the school in the sealed envelope provided as soon as possible.

Immunizations will be provided at the school for grade 9 students on January 27, 2026. Contact the local Health Unit at 250-519-5100 if you have any questions or did not receive a package.



Homework club (in room 222) All are welcome to get some extra support and/or a quiet place to do work.

Days & times are: Monday, Tuesday, Thursday and Friday from 3:15 – 4:15 with one Education Assistant. Wednesdays are from 1:50 – 3:15 with five Educational Assistants!

Health Education Grade 10

Grade 10 PHE students recently participated in CPR training as part of their Physical and Health Education program. The session was a highly informative, hands-on learning experience that gave students practical, life-saving skills and increased their confidence in emergency response situations.



Announcements from the Theater Department!

Leaping Lizards! Victoria will “stick up its chin and grin and sing ‘Tomorrow! Tomorrow!’” when St. Andrew’s Regional High School performs *Annie JR.* Based on the popular comic strip and adapted from the Tony Award-winning best musical by Tony Award-winners, Thomas Meehan, Charles Strouse and Martin Charnin, *Annie JR.* tells the story of a spunky Depression-era orphan determined to find her parents.

St. Andrew’s Regional High School will present **Annie JR.** on **May 7, 8 and 9** show at **Spectrum School Theater**. Tickets are **\$15 until April 1st**, after which they will be \$20 and a limited amount available at the door. Tickets can be purchased through <https://cisdv.schoolcashionline.com/>. There is no dress code, but the cast will remind you that you are “never fully dressed without a smile.”

Get your tickets now and show your school spirit!

Follow TAG announcements and our Instagram page: sarhs2025_finearts for future information on ANNIE JR. Promo Activities!

ANNIE JR. TICKETS - How to get them!

School Cash Online – a new way to pay for School expenses AND the only way to reserve your tickets for the upcoming theater production. You just have to show your confirmation email at the door.

To set up an account and explore the system, please follow the instructions below.

Step 1: Click on this link: <https://cisdv.schoolcashionline.com/>

Step 2: “Register” button and follow the instructions.

Our district name is Island Catholic Schools. Then select our school, St. Andrew’s School

Step 3: After you receive the confirmation email, login and add each of your school age children to your household account. To do this you will need your student’s last name, first name, and date of birth.

For Help: Click the “Support” button in the right corner of your screen

* Grandparents, Aunts, Uncles and Students themselves can also register to purchase items. * Community Members, you can skip this step “I don’t want to add a student”.

Please note our district name is Island Catholic Schools and to select our school, St. Andrew’s School.

Please contact the office 250-479-1414 or email at sarhs@cisdv.bc.ca

ST. ANDREW'S REGIONAL
HIGHSCHOOL
PRESENTS

Annie JR.

ANNIE JR. IS PRESENTED THROUGH SPECIAL ARRANGEMENT WITH
AND ALL AUTHORIZED MATERIALS ARE SUPPLIED BY
MUSIC THEATRE INTERNATIONAL, NEW YORK, NY
(212) 541-4684, MTSHOWS.COM

DIRECTORS
KATE GAUTHIER - RIGGS
MARISA TINSAY

CHOREOGRAPHER
CLAIRE DEVENPORT
SARAH KATZ

MUSIC DIRECTOR
PHILIP O'REILLY

THURSDAY, MAY 7: 7:00PM
FRIDAY, MAY 8: 7:00PM
SATURDAY, MAY 9: 2:00PM AND 7:00PM

"ALL SHOWS AT SPECTRUM SCHOOL THEATER"

GO TO [HTTPS://CISDV.SCHOOLCASHONLINE.COM](https://cisdv.schoolcashionline.com) FOR TICKETS

**EARLY BIRD TICKETS \$15
REGULAR \$20**

BOOK BY
THOMAS MEEHAN

MUSIC BY
CHARLES STRAUSE

LYRICS BY
MARTIN CHARNIN

**South Vancouver Island
School Theatre
Winter/Spring 2026**

"Rock of Ages"
Frances Kelsey Secondary School
January 15th – 24th, 2026

"Something Rotten"
Belmont Secondary School
March 4th – 8th, 2026

"Descendants"
Stelly's High School
January 15th – 18th, 2026

"Bright Star"
Edward Milne Community School
March 5th – 7th, 2026

"Chicago" School Edition
Parkland Secondary School
February 4th – 7th, 2026

"Lion King" Jr.
St. Joseph's Elementary School
March 5th – 7th, 2026

"Little Mermaid"
Shawnigan Lake Private School
February 4th – 6th, 2026

"Beauty and the Beast" Jr.
Lansdowne Middle School
March 10th – 12th, 2026

"Hedestown" School Edition
Victoria High School
February 24th – 28th, 2026

"Hedestown" School Edition
Esquimalt High School
April 24th – 26th, May 1st – 3rd, 2026

"Les Misérables" School Edition
St. Michaels University School
February 26th - March 1st, 2026

"Hedestown" Teen Edition
Royal Bay Secondary School
May 6th – 9th, 2026

"Newsies"
Reynolds Secondary School
February 27th - March 1st, March 4th – 7th, 2026

"Annie" Jr.
St. Andrew's Regional High School
May 7th – 9th, 2026

"Footloose"
Oak Bay High School
February 27th - March 1st, March 4th – 7th, 2026

"Cabaret"
Claremont Secondary School
May 19th – 24th, 2026

"9 to 5"
Spectrum Community School
February 27th, 28th, March 6th – 8th, 2026

"Beauty and the Beast" Jr.
Arbutus Middle School
May 26th – 28th, 2026

"Freaky Friday"
Lambriek Park Secondary School
March 3rd – 7th, 2026

"Lion King" Jr.
Colquitz Middle School
June 2nd – 6th, 2026

"Wizard of Oz"
Glenlyon Norfolk School
March 4th – 7th, 2026

"Alice and Wonderland"
Cedar Hill Middle School
TBA



St. Andrew's Grad '26 Coffee Fundraiser



Hot Chocolate * Coffee * Baked Goods
\$3 Each

or

Prepaid Card \$10 for 4

Thursdays Before School - Commons



Did you know that St. Andrew's students participate in the **Voices in Motion choir**?

This is a wonderful way for students to gain solid, transferable skills. They help themselves by helping others and feel great! Please encourage your child to consider joining this term.

No singing or choral experience necessary. ViM's new Music Director Annika Sauser provides leadership that is warm and welcoming. Interested parties are invited to attend a ViM rehearsal and give it a try. We practice on Wednesday after school in the Sacred Heart Church Hall (2:30 to 4:00).

Also, Voices in Motion is currently seeking "duets" to join our choir for the upcoming winter session. A duet is composed of an adult experiencing memory loss and their caregiver. If you know of someone who might enjoy this community, please invite them to join.

Registration Form [HERE](#)

Full Rehearsal Schedule [HERE](#)

For more

Information: www.voicesinmotionchoirs.org

Or speak to Michele

Sanders msanders@cisdv.bc.ca

COME SING WITH US!

Voices in Motion is an intergenerational choir for adults with memory loss, their caregivers, friends and students.



Enjoy Singing? Craving Community?

Looking for people who are on a similar journey and who "get it"?

We are seeking "duets" to join the choir for the upcoming session this January. A duet is made up of a person experiencing memory loss and their care partner.

Join one of our choirs for 90 minutes of singing, socializing, and community.

Sessions Start:

Wednesday, January 14, 2:15pm @ Sacred Heart Church
Friday, January 16, 10:30am @ UVic Multifaith Centre

No previous singing or choir experience is required. Music Director Annika Sauser provides warm and welcoming leadership.



Use the QR Code to register online



VOICES IN MOTION™
An intergenerational choir for adults with memory loss, their caregivers, friends and students.

LET'S CONNECT:

**FOR MORE INFORMATION OR
TO REGISTER FOR A CHOIR:**

VOICESINMOTIONCHOIRS.ORG

SABRES SPORTS

Sabres Athletics Calendar January & February 2026 ([Click to see what's happening in our world](#)).

Term 2 Sports Update: What a thrilling start to our Term 2 Sports Season. After our winter break, all basketball teams play some crucial final league games as they all remain in the playoff hunt. Junior Girls (2-2), Junior Boys (2-3), Senior Girls (2-3), and Senior Boys (3-3). Grade 8 Volleyball, after practicing their skills before the break the Grade 8 volleyball season officially gets underway, with the teams playing their first games January 26 (Boys) and January 27 (Girls). As always, please check individual teams Google Classrooms for the latest updates, especially as we head into playoff season. Go Sabres!

Athletics Store: Opening for orders soon. Check DA's, Athletics Teams Google Classrooms, and Sabres Athletics Instagram for link and ordering deadlines in the coming weeks.

Term 3 Sports Sign Up's: Calling all term 3 athletes! Paper Sign Up's will be available beginning the week of January 26-31 in the gym. Please write your name, so we understand who would like to participate, by no later than February 6th. Term 3 Tryouts will begin in early March. Term 3 sports offerings Track & Field (8-12, co-ed), Badminton (8-12 Girls and Boys), Ultimate (8-12, Co-Ed), Golf (8-12, Co-Ed), Soccer (Senior Girls 8-12), Tennis (8-12, Girls and Boys).

Athletics Team Uniform Return: As always, please check your closets, under your bed, and various nooks and crannies - for any athletics team uniforms from this year or last that should have been returned. Specifically, we are still looking for Senior Boys Soccer and Track & Field teams.



ST. ANDREW'S
REGIONAL HIGH SCHOOL

INFORMATION NIGHT FOR PROSPECTIVE FAMILIES

FEBRUARY 4, 2026 6PM

Explore academic programs
and Student Life

Meet students, parents, teachers,
and leadership

Tour the facility

Learn about our community,
admissions & next steps

- Rich extracurriculars
- Safe & nurturing environment
- Faith-based approach

CONTACT US

-  250-479-1414
-  sarhs@cisdv.bc.ca
-  www.standrewshigh.ca



Rowing Ergs for Sale

St. Andrew's Regional High School will be offering four used **Concept2 ergometer rowing machines** for sale to members of our school community before opening the sale to the broader public.

All rowing machines are in good working condition and will be priced between \$600–\$900, depending on individual condition. Priority will be given on a first-come, first-served basis.

If you are interested in learning more or would like to view a machine by appointment, please contact:

Sonny Pawar

Physical & Health Education Department

spawar@cisdv.bc.ca

St. Andrew's Parent Support Group

Thank you for helping us help our school!

sarhs-psg@cisdv.bc.ca

Seeking Donations: Used Uniform Items

Support future used uniform sales



Drop items in the marked bin inside the front door of the school (across from the library)

Thank you for the continued support of used uniform sales at
St. Andrews!

THE GRAD CLASS OF 2026

Thanks You!



Dr. Maico D. Melo, Inc.

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Monk Office

♥
PLEASE SUPPORT OUR
GENEROUS SPONSORS!

Parent Volunteering: Signing Up for Volunteer Activities and Tracking Volunteer Hours

St. Andrew's Regional High School's motto is "To Build in Love". In order to build an engaged school community, each family is expected to undertake 10 hours of service to the school community each year. Opportunities for service are listed in the OnVolunteers system. See below for instructions on how to find and sign up for volunteer activities throughout the year and track volunteer hours.

**** OnVolunteers - How to Guide ****

New to OnVolunteers? Please follow these step-by-step instructions and help us capture your time commitments to our school community and get involved.

We use OnVolunteers to organize and list volunteering opportunities to support our school community. Please log in and find opportunities to get involved. You can sign up for volunteering opportunities that suit your schedule and available time! The system is new, and we are all still getting used to it - helps us make it a success!

A. Parents - First Time Signing In? Please follow these simple steps to log in!

You are invited to sign into your "Volunteer Portal" as follows.

- Click on the portal link: <https://portal.onvolunteers.com/Login.aspx?s=SARS>
- For "username or email" enter your email address
- The temporary password is SAParent@2024

B. Parents - Find an Activity, Task and Schedule that Suits You!

Once you have signed in please click on "Start Guide" (on the left of your name) and then click on the button "Parent Portal Introduction and Personalizing Your Password". This 3-minute video will explain the basics and show you how to reset your password. There are three other very short videos that explain the basics such as signing up for tasks.

With that, you can also view your "dashboard" including where people are needed and register, view how many hours you have completed, announcements, etc. If you are not sure what/how to do it, search answers to your question in the "How to" section.

C. What if I am Coordinating and Leading a New Volunteering or Fundraising Activity for the School?

Reach out to the parent volunteer Contact the Volunteer Administrator using the following steps:

1. Log into the OnVolunteers Parent Portal
2. Select Messages and then New Message from the Tabs at the top of the page
3. From within the Message use the drop down to select Alex Harvey/James Harvey as the addressee
4. Complete and send your message.

You will need to provide the Administrator with the following information:

- a complete description of your event/Activity and the descriptive title for your Activity that you would like to see in the OnVolunteers system
- the date of your Activity
- the number of Volunteers that you will need
- the Tasks that you need to set up
- the Schedule (start and finish time) applicable to each Task you intend to create
- the full name of the parent volunteer who will be the Coordinator for the Activity

Once you have done this, the Activity will be created in the OnVolunteers system and your Coordinator will take over the creation of and management of the Activity, Tasks and Schedule in the system.

The "Volunteering" page of the SARHS website will be updated soon with more information. Stay tuned and thank you for everything you do for our school!

Sincerely,
Parent Support Group