

Daily Announcements

Tuesday, January-27-26

CLC 11

Group B meets today in Room 214. This week only Group C on **FRIDAY** (not Thursday) in room 214.

From Mr Van Dyk and Mme Ballam

Debate Club meets today in Focus to prep for Regionals on Saturday at GNS. Debate teams, be sure you have paid — see Google Classroom for details. Are you a senior student open to trying out competitive debate? We have a student in need of a partner. We're also in need of parent/ teacher judges. Talk to Mr Van Dyk asap for more info.

From Mrs Krause and the Yearbook Team

Grade 8 boys and girls volleyball - your Yearbook Team Photos are tomorrow in the gym at the start of lunch.

From Mrs Krause and your Clubs Photographer, Ethan

This week is photo week for all clubs! Please come at the start of lunch. We'll be quick if you are quick.

Wednesday Lunch: outside 204

- Model UN
- Theology

Thursday Lunch: meet on the outside basketball court or the gym if raining

- Outdoor Skills

Friday Lunch: outside 204

- Music Club
- Peer Tutors

From the Music Dept.

If you are a guy in gr.8-12 who enjoys singing, the choir needs you!
This is a great way to make lots of friends and amazing high school memories.
All guys are welcome, regardless of age or ability. Anyone interested, please come to the Music Room Wednesday (tomorrow) at lunch!

From the Peer Counsellors

Snack Update!



Carrots are highly nutritious, nutrient-dense root vegetables rich in beta-carotene, fiber, vitamin K1, potassium, and antioxidants. They promote eye health, boost the immune system, support digestion, and may reduce the risk of cancer and heart disease.

Carrots will be given out on Wednesday in Tag. Peer counsellors, please come to the commons at 9:20 on Wednesday morning.

From Student Council

The Valentine's Day dance is coming up on Thursday February 5th from 6-9pm. Tickets go on sale tomorrow for \$5!

Athletic News

Term 3 Sports Sign Up's in the Gym (until Feb 6th)

Term 3 Sports are right around the corner, please come sign up on the sheets in the gym outside the Athletic Director's office! Term 3 Sport Offerings - Badminton, Girls Soccer, Golf, Tennis, Track & Field, Ultimate. The deadline to sign up is February 6th!

Sabres Athletics Apparel - Online Store Open!

Calling all sports fans! Our online Sabres Athletics store is open until February 9th. Use the link below, or scan the QR Code posted around the school, to place your order. Share with your parents and friends. Please note: items will be available for pick up approximately three weeks after the order deadline. <https://st-andrews-athletics-2026-1.itemorder.com/shop/home/>

Plyometrics are back!

Get ready for the track and field season with plyometrics on Tuesdays at 3:30 - 4:30. Please meet outside the gymnasium.

Junior Girls & Boys Basketball Teams into Playoffs

Congratulations to both our Junior Girls and Junior Boys Basketball teams who finished their regular seasons yesterday evening. The girls came from behind to win over Esquimalt, securing a re-match Monday (as the higher seed). The boys, after a 3rd place finish on the weekend in their Spirit Bear tournament, finished off the regular season in 4th with a W and will now play a cross-over match vs. the 5th place seed this Thursday - time and locations for both to be announced!
