

Daily Announcements

Wednesday, January-28-26

From the Office

Regular uniform checks will be taking place over the next few weeks. Ensure you have all parts of your uniform in place to avoid a fun time in detention. Reminder that special uniform pieces, such as other school hoodies, are to be worn only on Fridays.

From Sra. Tate and Mme Ballam

France and Spain trip participants: Don't forget that you should be signed up for Mme Ballam or Sra Tate's focus for tomorrow's (Thursday's) focus block. See you in the Commons tomorrow!

From Mme Ballam

Would Eamon, Cristian, Lucy & Alex please touch base with me today at lunch? Thanks

From the Music Dept.

If you are a guy in gr.8-12 who enjoys singing, the choir needs you!
This is a great way to make lots of friends and amazing high school memories.
All guys are welcome, regardless of age or ability. Anyone interested, please come to the Music Room today at lunch! Also, would Audrey de Pass and Lucas Lin please see Mr. O'Reilly at the beginning of lunch.

CLC 11 - This week only, Group C meets on **FRIDAY** (not Thursday) in room 214.

From Mrs Krause and your Clubs Photographer, Ethan

This week is photo week for all clubs! Please come at the start of lunch. We'll be quick if you are quick.

TODAY Start of Lunch: outside 204

- Model UN
- Theology

Thursday Lunch: meet on the outside basketball court or the gym if raining

- Outdoor Skills

Friday Lunch: outside 204

- Music Club
- Peer Tutors

Apologies...The delivery of carrots will NOT happen this week. So sorry for the false promises.

Hot Lunch this Friday - Vegetarian Lasagna + Green Salad for 5\$

From After Grad

The Sabres N Sips will be having our last coffee shop morning this Thursday, January 29th.....please use up your coffee cards and come enjoy some delicious drinks and baked goods!!

Athletic News

Junior Girls Basketball Practice Today at Lunch

- No open gym, for students not on the team. On Monday, the Junior Girls beat Esquimalt 39-32 and guaranteed a higher seed playoff game vs. Esquimalt again that is scheduled for Monday, February 2nd at 4:15pm. Highlights include Haylie L. leading the way with 22 points, while Julia F. had 6 blocks, Macy hit a three for the fourth game this year, and the entire team played tight defense to shut down Esquimalt in the last quarter to seal the victory.

Junior Boys Basketball

- FYI you have a Home Playoff Game tomorrow, Thursday at 4:15pm.

Term 3 Sports Sign Up's in the Gym (until Feb 6th)

Term 3 Sports are right around the corner, please come sign up on the sheets in the gym outside the Athletic Director's office! Term 3 Sport Offerings - Badminton, Girls Soccer, Golf, Tennis, Track & Field, Ultimate. The deadline to sign up is February 6th!

Sabres Athletics Apparel - Online Store Open!

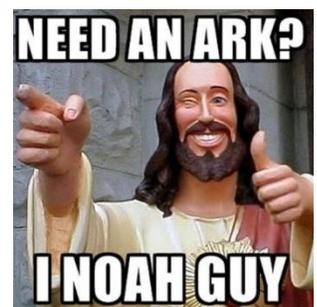
Calling all sports fans! Our online Sabres Athletics store is open until February 9th. Use the link below, or scan the QR Code posted around the school, to place your order. Share with your parents and friends. Please note: items will be available for pick up approximately three weeks after the order deadline. <https://st-andrews-athletics-2026-1.itemorder.com/shop/home/>

Plyometrics are back!

Get ready for the track and field season with plyometrics on Tuesdays at 3:30 - 4:30pm. Meet outside the gymnasium.

TAG Prayer/Reflection from the Theology Club

This past Sunday, Jesus took the first step in his mission. Jesus did not begin by passing out brochures, booklets, or formulas but by calling people to be his followers. Jesus called the fishermen, Andrew and his brother Simon, along with the brothers John and James. Jesus did this to create a companionship, because the first step to loving God is the unity of companionship with others. To love and know God is the deepest need of the human heart, but we discover this love first through our companionships with others. The heart's desire for a relationship with God is revealed in its need for companionship. Christ calls us to have unity, unity with one another. God is communion by nature and so communion is the most powerful testimony of God's love. Through communion with others we achieve our mission to



spread God's love. What can you do to form a new companionship this week? Each day is a new opportunity to reach out to people and create that unity whose source is the love of God.
