

Daily Announcements

Friday, January-09-26

Hot Lunch Today - Vegetarian Chili +Rice + Raw Veg & Hummus for 5\$

From Mme Ballam and Sra Tate

France/Spain trip meeting at lunch today....short meeting at the beginning of lunch....come for 15 minutes! See you there!

From Mr. Van Dyk

If you are in Mr. Van Dyk's Religion 11 class this semester, you must be in the Library right now. Please be ready to learn from a Buddhist monk.

From Learning Support

Homework Club is in room 222 today from 3:05 - 4:15. All are welcome!

Peer Counsellors

We meet today in Room 148 at lunch time.

Voices in Motion

Meeting Jan 14th at 2:15pm Sacred Heart Church Hall

This fun and fulfilling opportunity for volunteering is making a fresh start this winter. Come and check out the music, the friendships, and the cookies!

Bonus: GREAT references for resumes, scholarships and post-sec programs.

Sign up and sing (<https://voicesinmotionchoirs.org/join-a-choir/>) or see Ms Sanders for more info.

Reminder for all students

If you have a 'special' sweater (such as athletics, grad hoodies, clubs, theatre etc), these can only be worn on FRIDAYS. You may wear your St. Andrew hoodie and your crested uniform pieces (cardigans, pullovers, vests and blazers) any day. Crested sweaters are required when we attend mass.

Athletics News

Senior boys basketball opened tourney play with a thrilling, hard-fought battle that went to overtime, narrowly falling 81-74. Austin earned Player of the Game honors with a dominant 36 points and 14 rebounds, while Joe added a strong double-double (11 points, 12 rebounds). Mateo was a defensive force, leading the team with 5 steals and locking down the opponent's top scorer.

Community Ultimate Program Opportunity

Victoria Ultimate and Helix Ultimate Camps currently have four indoor youth ultimate programs/events being offered between January and March 2026. With high school ultimate just around the corner, these programs are fantastic opportunities to get some pre-season practice in. If you have any questions, please reach out anytime - youth@vups.bc.ca. More information can be found outside the gym below the athletics board.

1. Wednesday evenings 5pm-7pm fun pick up games at Island Training Center Langford - ages 13+
2. Saturday Skills and Development Program 3pm-5pm at Island Training Center Langford - middle school and high school ages
3. Pro-D Day February 13 at Oak Bay Rec Center indoor turf - Middle School 9am-12pm and High School 12pm-3pm
4. Saanich Recreation Program - Beginner and intermediate ultimate program held indoors at Gordon Head Middle School on Saturdays from 11:30am-12:30pm for athletes aged 9-13

For more information and to register for programs #1/#2/#3, please visit:
<https://www.vups.bc.ca/register-youth>

Registration for Saanich program #4 please
visit: <https://www.saanich.ca/EN/main/parks-recreation-community/recreation/registration-information.html>
