

# Daily Announcements

Wednesday, February-11-26

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## **From Student Council**

Hey Sabres! We're playing the St. Andrews heart game!

Here's how it works:

Everyone starts the day with one heart.

If you talk to someone of the opposite gender **ONLY IN BETWEEN CLASSES AND DURING LUNCH** you lose your heart.

Talking in class does not count.

Boys will play on Wednesday, and the girls will play on Thursday.

Whoever collects the most hearts by the end of the day wins.

Good luck!

## **FROM YEARBOOK**

Do you have valentines dance selfies/friend-group-selfies that YOU are in? PS - you must be in the photo. [Yearbook@cisdv.bc.ca](mailto:Yearbook@cisdv.bc.ca)

## **From Yearbook**

Grade 8 girls volleyball team photo at 2:00 in the gym. Please get changed right away and meet your photographer.

## **From Mr. McLaverty**

If you are in Grade 11 or 12 and are interested in writing the Euclid math contest this year on March 31st, please talk to Mr. McLaverty. Anyone thinking about trying Math contests in general are also welcome to make an inquiry.

## **From Mrs Delainey**

Emilia (Gr 9) and Beniesse & Evelyn K (Gr 8) need to sign up for Focus with Mrs Delainey on Thursday to make up tests.

All other grades 8s and 9s registered for my Focus on Thursday need to sign up elsewhere - AP Calc is having a meeting.

## **From Mme Ballam**

Students from France please meet in my room Room 234 during Focus tomorrow, Thursday for photos - that's Maël, Lou, Robin, Rachel, Eliot, Jade and Romane. Merci

### **From Mrs Hicks**

Card games club is back on in **Room 215** this **Thursday** (tomorrow) during Focus! No experience needed, come and join us to learn some new games or to make some new friends.

### **From Ms. Fowlie**

Returning students are required to join me and Mr. McLaverty for course selection information sessions during Focus in the Commons on the following dates:

Thursday, February 19 - Grade 10

Friday, February 20 - Grade 11

Monday after TAG, February 23 - Grade 8

Tuesday, February 24 - Grade 9

The presentation will take most of Focus, so students do not need to sign up for Focus on their presentation day. During the presentation, students will receive a paper copy of the course selection form and instructions on how to complete course selection online in MyEd. Both the paper form and the MyEd submission are required.

MyEd course selection will open on the same day as each grade's in-person information session. The deadline for both the parent-signed paper copy of the course selection form and the MyEd online course selection is Monday, March 2, 2026 for all students.

### **From the Religion Department**

Lent is around the corner – Ash Wednesday is next week! During Lent we walk with Jesus to the cross. As a Catholic school we emphasize praying, fasting, and almsgiving. If you are interested in participating in ThinkFast, supporting Development and Peace, please attend the planning meeting for ThinkFast on Thursday, February 12 in the Library at lunch.

Next Tuesday is “Shrove Tuesday” also known as “Mardi Gras” and “Carnival,” among other names. This is typically a day of feasting and celebration before the fasting and penitence of Lent begins. You will have time to gather and celebrate with your TAG – talk to your TAG teacher about bringing some fun to share!

### **FROM MS. GILBERT**

Grade 11's your RETREAT is coming SOON. Please bring in your BLUE permission slip and fee to Ms. Gilbert this week.

Come see Ms Gilbert if you didn't get one.

GOOOOOOO Sabres!!!

### **From the St. Andrew's Chess Club (Mr. Turcotte)**

If you would like the chance to be crowned the St. Andrew's Chess Champion of 2025/26, sign up for the school's upcoming chess tournament. Sign up sheets will be on Mr. Turcotte's door (room 206). The tournament will take place during focus blocks, Feb. 17 & 19. Check in with Mr. Turcotte for more info.



## Message from the Theater:

Tickets to Annie are officially on sale!  
1 more day to take advantage of the  
Pal-entine Promotion!!



## Athletics News

**Congrats to our Senior Boys Basketball team** for winning their game last night. Thank you for everyone who came out to support! They will be playing another game tonight at Parklands before heading off to Islands next week!

**Warm-up Top Pick-up at Lunch:** All athletes who have paid their athletic fee, but have not received a warm-up top, come to the gym at lunch to get one!

**Term 1 and 2 Sports Teams - Uniform Returns:** All uniforms are now late. If you do not bring them back **TODAY** Wednesday, February 11th, uniform deposits will be cashed! This includes Senior Boys Soccer, Junior Girls/Boys Basketball, Senior Girls Basketball, Volleyball (except Gr.8).

### Sabres Athletics - Spirit Wear Store - Deadline March 1, 2026

The LIMITED EDITION Sabres Athletics Spirit Wear Store is ready for all sports fans to show their true Sabres Spirit! Get ready for the spring season with these limited edition offerings; T-shirts, Crewneck and 1/4 Zip Sweatshirts, Socks, Hats, Umbrellas. Orders are open for the month of February, final order deadline Sunday, March 1, 2026 - items will be available for pick up after Spring Break. Orders can be completed online through the following link: <https://st-andrews-spirit-2026-1.itemorder.com/>.

**Senior Track & Field Team:** Plyometrics are back! Get ready for the track and field season with plyometrics on Tuesdays at 3:30 - 4:30. Meet outside the gymnasium.

**Open Gym Fridays:** Come one come all to develop your individual and one v one skills (think of all those extra free throws, layups and 3-pointers you could make in an hour). Open Gym Fridays happen today after school 3:30-4:30pm.

## Reflection from the theology club

This past Sunday, Jesus continued his Sermon on the Mount telling his disciples "You are the salt of the earth" and "You are the light of the world". By calling us salt and light, Jesus is telling us that our lives are to be used for others. Salt is not eaten by itself; it is used to give flavour to food that would otherwise be bland. For many people, life can at times lose its taste or its meaning. As Christians, we are "the salt of the earth", because we can see the meaning of life, and we have a hope and joy that never goes away

because of our love for Christ and others. We bring flavour to life by helping others, letting them know the joy of life, and restoring their hope. Likewise, light is used not for itself but for a purpose, to help people see. As Christians, we are the “light of the world”, because the way we live our lives gives a shining example to others, showing them they are loved and how they ought to love others. O Lord Jesus, you are the source of our flavour and light; act in us, that we might share our faith and hope in You, and love others in the same way you loved us. Amen.

When you told them to be the salt of the earth but they choose to be salty to everyone on earth instead

